

## Nations accept compromise on coal to reach COP26 agreement on last day



**COP26 President Alok Sharma receives applause after giving the closing speech as he attends the Closing Plenary of the COP26 Climate Summit at SECC on Nov. 13, 2021 in Glasgow, Scotland.** Jeff J Mitchell/Getty Images

November 13, 2021 World leaders were today accused of failing to live up to the scale of the threat from climate change, after a “meek and weak” agreement at the Cop26 summit in Glasgow recognized the need for deep cuts in carbon emissions but put off the pledges needed to achieve them until next year.

The Glasgow Climate Pact, sealed after intense last-minute wrangling at the UK-hosted United Nations conference, made enough progress to allow summit president Alok Sharma to say that it kept alive the

hope of limiting global warming to 1.5°C.

But in a dramatic last-minute intervention, India and China significantly watered down commitments on fossil fuels, securing the change of a single word to ensure the pact calls for coal power generation to be “phased down” rather than “phased out”. They had already succeeded in weakening the provision to demand the phase-out only of “inefficient” fossil fuel subsidies.

In a rare show of emotion, Sharma struggled to hold back tears

as he acknowledged the furious reaction of Europe and low-lying island states, but said: “It is vital we protect the package.”

Earlier, he had urged bickering delegates not to unravel the “fine and fragile green thread” of the compromises secured at Glasgow “imperfect though they may be”.

Vulnerable poorer countries were bitterly disappointed that a proposed funding facility to pay for loss and damage from extreme weather events like hurricanes and floods was kicked into the long grass

with the promise of a “dialogue” with rich-world donors.

The Maldives warned that any outcome from Glasgow will come “too late” to save the Indian Ocean island state from the threat of rising sea waters.

“What is balanced and pragmatic to other parties will not help the Maldives adapt in time,” said climate change minister Shauna Aminath. “For us, this is a matter of survival... The difference between 1.5

See COP26 Agreement Page 4

## First Tres Amigos summit since 2016 hosted by President Biden in Washington

November 18, 2021 - The trilateral summit between Trudeau, Biden and López Obrador unfolded in the ornate East Room of the White House. Seated at a large oval table with Biden on one side and Trudeau and López Obrador safely physically distanced on the other, they each spoke of prioritizing the physical and economic health of their shared continent and respective residents.

“Our North American vision for the future draws on our shared strengths, as well as three vibrant democracies with dynamic

populations and economies, wishing to work together,” Biden said.

“We can meet today and we can meet all the challenges, if we just take the time to speak to one another, by working together.”

Trudeau thanked Biden for playing host and described himself as being among friends with a shared priority of “ending” COVID-19 and ensuring strong supply chains between all three countries.

“We are three countries with

See Page 9 Tres Amigos Summit



**L to R: Canadian Prime Minister Justin Trudeau, US President Joe Biden, and Mexican President Andrés Manuel López Obrador.**(Culture Magazine)





From the Editor's desk

## Climate change is everybody's business

Zenaida Ferry Kharroubi

Climate change has become an urgent issue that is always in the news, and even a platform for elections. Valerie Plante, in her recent re-election as Montreal mayor, has promised to focus not only on social housing, but also on making the city green. We still have to know what this will entail in the days to come.

As everyone knows, we all live on the same planet, and whatever happens in any part of the world, we are all affected, directly or indirectly. Scientists have been warning us that human activities are responsible for global warming and we must not wait any longer to prevent a catastrophe from happening. The recent COP26, although not perfect and highly criticized for the weakened version of the agreement, is a step towards the right direction. Countries realize that they must all work together to reach the target of no more than 1.4°C. As private citizens, we also have the responsibility to do our share in keeping the oceans free from plastic bottles that we use everyday, in not using our private cars if possible, practicing recycling efficiently in order not to fill up our landfill sites, and learn other ways of proper disposal of toxic materials. There are places where we can bring for proper disposal our used batteries, expired

medications, used oils, computer hardware and other materials that are not compostable.

To answer the question - What can humans do to stop climate change? The following is a list of suggested ways to be part of the solution to climate change: 1) Make your voice heard by those in power, 2) Eat less meat and dairy, 3) Cut back on flying, 4) Leave the car at home, 5) Reduce your energy use, and bills, 6) Respect and protect green spaces, 7) Invest your money responsibly 8) Cut consumption and waste. 9) Mobilize for local climate action, 10) Start a climate conversation with your family, friends and loved ones who are most likely inclined to trust you than anyone else.

It can be hard to initiate a conversation about climate change but you can start by asking some questions which can break the ice such as: Have you been affected at all by the heat wave, flood, forest fires, drought, happening in your community? Do you feel concerned about the security of jobs, food and homes as our climate changes? How do you feel about the climate strikes that youths are leading around the world?

Let us make climate change our business for doing so is the only way we can all survive.

## B'nai Brith Calls on Canadian Government for Strong Action on Antisemitism



Nov. 15, 2021 OTTAWA — B'nai Brith Canada is proposing a four-point action plan to the Government in hopes of combating increasing antisemitism.

A letter sent Monday morning to Irwin Cotler, Special Envoy for Preserving Holocaust Remembrance and Combating Antisemitism, contained recommendations from B'nai Brith that would transform into concrete gains the significant commitments made by Prime Minister Justin Trudeau at last month's Malmö Forum. B'nai Brith is confident the four-point action plan will be realized during the next 12 months.

Detailed letters also were sent to Pablo Rodriguez, Minister of Canadian Heritage, and David Lametti, Attorney General. The letters were signed by Michael Mostyn, Chief Executive Officer of B'nai Brith Canada, and Marvin Rotrand, National Director for B'nai Brith's League for Human Rights.

In particular, the letter for Mr. Cotler specified steps the Special Envoy ought to encourage the Government to take in combating antisemitism.

The letter calls for a four-point

plan that:

- Encourages legislation to be tabled in Parliament in the coming weeks to combat a disturbing increase in online hate;

- Invites the Special Envoy to promote implementing the International Holocaust Remembrance Alliance's (IHRA) Holocaust Definition across provincial, territorial, and municipal governments and civil society;

- Urges robust Holocaust Remembrance across Canada to combat Jew-hate in educational systems, with a particular focus on university campuses;

- Insists that the Canadian international development assistance and domestic funding of NGOs must not enable or facilitate antisemitism and incitement.

"We are truly encouraged by the promises made at Malmö," Rotrand said. "Our hope is that the Special Envoy will implement the recommendations in our letter. In doing so, Canadian Jews can rest assured that our concerns regarding unacceptable increases in antisemitism are being addressed."

## Conversation with Filipino women for a documentary film project



My name is Marianne Métivier. I am a film director from Montreal. I wish to connect with women of the Filipino community as part of a research for my documentary project called *Back Home*. Half Filipino and Quebecois myself, I wish to reconnect

with my roots and learn more about the migration stories of the community. I am looking forward to meeting and talking with women about their experience here in Montreal and about their life back in the Philippines.

I am looking for women who work as caregivers, nannies, housekeepers, nurses, etc. I am also looking for mothers who came first to Canada without their kids and family.

If you are interested to talk with me or if you have any questions about my project, you can contact me at: metivier.marianne@gmail.com 514-836-1513

Many thanks and wishing to meet you soon.

PS: Florenda if you see this, please contact me.

**For subscription request, please mail it to:**

**7159 ch. de la Cote des Neiges  
Montreal, QC H3R 2M2**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

<input type="checkbox"/> <b>1 year 12 issues \$30</b>	<input type="checkbox"/> <b>2 years 24 issues \$50</b>
---	--

**Please issue cheque payable to: North American Filipino Star.**

**Telephone:** \_\_\_\_\_ **E-mail:** \_\_\_\_\_



**7159 ch. de la Cote des Neiges  
Montreal, Quebec H3R 2M2  
www.filipinostar.org**

**Tel.: 514-485-7861/ 514-506-8753  
E-Mail: marketing@filipinostar.org  
Published by: Filcan Publications, Inc..**

**Fely Rosales Carino  
Community News**

**Joy Rosales  
Administrative Asst.**

**Bert Abiera  
Founder-Publisher, Filipino Star  
Nov. 1982- Nov. 97**

**Zenaida F. Kharroubi  
Chief Editor  
Publisher, April 1998-present  
North American Filipino Star**

**W.G. Quiambao  
Tagalog Columnist  
(in absentia)**

**Tony San Juan  
Toronto News**

**Sam Kevin  
Show Biz News & Layout Editor**

*The opinions expressed by the writers and columnists do not necessarily reflect that of the management of the North American Filipino Star nor its editors.*



## **D'ARCY-McGEE MNA**

### **David Birnbaum:**

## **We have your back!**

*As member of the National Assembly for the D'Arcy-McGee Riding, I think it important that we have every opportunity to exchange on issues of interest and concern to readers and riding residents, on my own interventions on your behalf, on our full and rightful place in Quebec's future.*



As we slowly emerge from an unprecedented pandemic – for which those in our riding have paid particularly dearly – you will surely have questions, of the government and, yes, of our Official Opposition. As your elected representative and the Official Opposition Critic for Mental Health, Relations with English-speaking Quebecers, and Intergovernmental Relations, I have your back.

First, **MENTAL HEALTH:** Most experts agree that public expenditures on mental health should be at least 10 per cent of total health expenditures. Nothing of the sort in Quebec. The current Minister is currently spending about 5.9 per cent. The pandemic has engendered enormous and unprecedented impact on the collective mental health of Quebecers. Rates of depression, substance abuse, acute anxiety, eating disorders and conjugal violence have all increased, and alarmingly. The consequences under the watch of François Legault?

***Bloated waiting lists, neglect and de-funding of essential community mental-health resources and a repeated refusal to recognize the mental-health crisis that continues to plague us.*** The CAQ has no answers to offer.

We are calling the government to task, but we must do more than that; we have proposed and must continue to propose constructive solutions. Notably, we have boldly called for universal public access to psychotherapy for those thousands of Quebecers in distress who are currently waiting up to 24 months to be treated. In our riding, there are seniors living in isolation, teens increasingly marginalized and addicted to social media, women at increased risk of conjugal violence. The government's response: "Hey, we've added some additional phone lines at Info-Santé!" Woefully inadequate! On behalf of Quebecers, we have your back. The Leader of the Official Opposition

Dominique Anglade and I will keep raising these concerns, with force and conviction.

**ON LANGUAGE:** In the few short seconds the Premier devoted to addressing the 'historic anglophone community' in his recent speech, he managed to alienate and anger a community that has proudly built its institutions and opened them up to all Quebecers...a community that is hardly 'historic' but will instead remain an unalienable and essential component of Quebec's present and its future. 'Historic' suggests (and the word was chosen and deliberately repeated) that we are a community frozen in time, that only those English-speaking Quebecers who have eligibility to English schooling pass the test for access to English government services. ***The Premier meant what he said. The potential impact of his words? Close to a half-million English-speaking Quebecers could be frozen out of access to essential services, in hospitals, clinics, employment and education.***

There is an equally worrisome link to an existentially important matter that is also on the minds of so many residents in the riding: Bill 96. The government's bill on language, if unamended, will divide where it might unite, create enemies where allies exist. Its blanket imposition of the notwithstanding clause, granting of unchecked powers to OQLF inspectors, Duplessis-era treatment of small businesses and bilingual municipalities will only hurt Quebecers, whatever their origin.

Perhaps most ominously, the government bill calls into question who is anglophone and who gets services. I made sure that reference did not go unnoticed in my National Assembly intervention on his speech. I raised these issues and others of key concern to our riding during recent hearings on Bill 96. I will persist in that line of questioning during the coming article-by-article study of this worrisome bill.

Within our riding, which includes the cities of Côte Saint-Luc, Hampstead, and western portion of Snowdon-Côte-des-Neiges, I have the privilege of helping out a wide range of key community organizations that serve our communities so well.

Over the past months, through the Volunteer Work Support Program, my office has offered financial support to the following groups, among others: the Côte Saint-Luc Dramatic Society, the Quebec Board of Black Educators (QBBE), Saint-Richard's Parish, FAMAS and Federation CJA. I welcome, as always, your comments, suggestions, and criticism. I can best be reached at: [David.Birnbaum.DMG@assnat.qc.ca](mailto:David.Birnbaum.DMG@assnat.qc.ca)

You can follow my activity on Twitter (@DavidBirnbaum1) or Facebook (facebook.com/birnbaumdarcymcgee)





From Page 1 COP26 Agreement

and 2 degrees is a death sentence for us.”

United Nations secretary general Antonio Guterres said the “compromise” deal had failed to achieve the goals of ending fossil fuel subsidies, phasing out coal, putting a price on carbon, building the resilience of vulnerable communities and making good on a 12-year-old promise for \$100bn a year of rich-world support for developing countries.

“Our fragile planet is hanging by a thread,” said Mr Guterres. “We are still knocking on the door of climate catastrophe. It is time to go into emergency mode or our chance of reaching net zero will itself be zero.”

According to an article written by Simon Lewis, Professor of Global Change Science at University of Leeds and, UCL and Mark Maslin, Professor of Earth System Science, UCL in the Conversation website, there are five things you should know about the Glasgow Climate Pact:

1. Progress on cutting emissions, but nowhere near enough

The Glasgow Climate Pact is incremental progress and not the breakthrough moment needed to curb the worst impacts of climate change. The UK government as host and therefore president of COP26 wanted to “keep 1.5°C alive”, the stronger goal of the Paris Agreement. But at best we can say the goal of limiting global warming to 1.5°C is on life support – it has a pulse but it’s nearly dead.

The Paris Agreement says temperatures should be limited to “well below” 2°C above pre-industrial levels, and countries should “pursue efforts” to limit warming to 1.5°C. Before COP26, the world was on track for 2.7°C of warming, based on commitments by countries, and expectation of the changes in technology. Announcements at COP26, including new pledges to cut emissions this decade, by some key countries, have reduced this to a best estimate of 2.4°C.

A world warming by 2.4°C is still clearly very far from 1.5°C. What remains is a near-term emissions gap, as global emissions look likely to flatline this decade rather than showing the sharp cuts necessary to be on the 1.5°C trajectory the pact calls for. There is a gulf between long-term net zero goals and plans to deliver emissions cuts this decade.

2. The door is ajar for further cuts in the near future

The final text of the Glasgow Pact notes that the current national climate plans, nationally determined contributions (NDCs) in the jargon, are far from what is needed for 1.5°C. It also requests that countries come back next year with new updated plans.

Under the Paris Agreement, new climate plans are needed every five years, which is why Glasgow, five years after Paris (with a delay due to COVID), was such an important meeting. New climate plans next year, instead of waiting another five years,



**Tuvalu, an island nation in the South Pacific, could be submerged by**

**rising seas. EPA-EFE/Robert Perry** can keep 1.5°C on life support for another 12 months, and gives campaigners another year to shift government climate policy. It also opens the door to requesting further NDC updates from 2022 onwards to

funding is needed.

Developed countries, led by the US and EU, have resisted taking any liability for these loss and damages, and vetoed the creation of a new “Glasgow Loss and Damage Facility”, a



**Steven Guilbeault, Minister of Environment and Climate Change for Canada speaks during a press conference at the COP26 UN Climate in Glasgow, Scotland, Friday, Nov. 12, 2021 (AP Photo/Alastair Grant)**

help ratchet up ambition this decade.

The Glasgow Climate Pact also states that the use of unabated coal should be phased down, as should subsidies for fossil fuels. The wording is weaker than the initial proposals, with the final text calling for only a “phase down” and not a “phase out” of coal, due to a last-second intervention by India and China, and of “inefficient” subsidies. But this is the first time fossil fuels have been mentioned in a UN climate talks declaration.

In the past, Saudi Arabia and others have stripped out this language. This is an important shift, finally acknowledging that use of coal and other fossil fuels need to be rapidly reduced to tackle the climate emergency. The taboo of talking about the end of fossil fuels has been finally broken.

3. Rich countries continued to ignore their historical res-ponsibility

Developing countries have been calling for funding to pay for “loss and damage”, such as the costs of the impacts of cyclones and sea level rise. Small island states and climate-vulnerable countries say the historical emissions of the major polluters have caused these impacts and therefore

offsets” and carry on business as (nearly) usual. A tortuous series of negotiations over article 6 of the Paris Agreement on market and non-market approaches to trading carbon was finally agreed, six years on. The worst and biggest loopholes were closed, but there is still scope for countries and companies to game the system.

5. Thank climate activists for the progress – their next moves will be decisive

It is clear that powerful countries are moving too slowly and they have made a political decision to not support a step change in both greenhouse gas emissions and funding to help income-poor countries to adapt to climate change and leapfrog the fossil fuel age.

But they are being pushed hard by their populations and particularly climate campaigners. Indeed in Glasgow, we saw huge protests with both the youth Fridays for Future march and the Saturday Global Day of Action massively exceeding expected numbers.

This means that next steps of the campaigners and the climate movement matter. In the UK this will be trying to stop the government granting a licence to exploit the new Cambo oil field off the north coast of Scotland.

Expect more action on the financing of fossil fuel projects, as activists try to cut emissions by starving the industry of capital. Without these movements pushing countries and companies, including at COP27 in Egypt, we won’t curb climate change and protect our precious planet.

Climate activists are still looking for more from Canada after the COP26 Summit, but Canada’s environment and climate change minister says progress was made.

Canada was one of 30 countries that signed a statement promising to “end new direct public support for the international unabated fossil fuel energy sector by the end of 2022.” And Prime Minister Justin Trudeau urged all countries to agree to a global price on carbon during a panel discussion organized by Canada Sources: Internet files, Conversation.

**Rent an Apartment in the City of Côte Saint-Luc**  
**7431 Kingsley Road, Côte St Luc, QC, H4W 1P1**  
[www.cotesaintlucapartments.ca](http://www.cotesaintlucapartments.ca)  
**Please contact Michael at 514-489-4949 or 514- 927-6347**

**Bentley**

**Balmoral**

**Beresford**

**Indoor Activities**

**Quiet, European Neighborhood, Indoor & Outdoor Pools, Heated Dry Sauna, Indoor Parking Space, Laundry Rooms**

**The Bentley, Balmoral and Beresford apartment buildings are located in the great, clean & calm city of Cote-Saint-Luc. It is quiet, family-friendly and close to Downtown Montreal.**



# Stephanie Valenzuela, First Filipino Canadian elected councilor in the Montreal November 7 elections

By Zenaida Ferry-Kharroubi

It is about time that a Filipino-Canadian made history to become the first one elected to a seat in City Hall. Stephanie Valenzuela ran in the district of Darlington of the CDN-NDG Borough, under the Ensemble Montreal Party. She won 58.56 percent of the votes.

Stephanie Valenzuela was featured in the Personality of the Month for August 2021 in the North American Filipino Star. In the article written by Fely Rosales Cariño, Stephanie's educational and cultural background were highlighted that impressed many people. She can speak four languages - Filipino, English, French and Spanish. She is a former Director of Communications and Public Relations, Fundacion la Paz Comienza Con los Minores, Mexico in Monteray, Nueva Leon, Mexico. She is currently the director of Communications of the Filipino Heritage Society of Montreal (FHSM).

Stephanie is the daughter of hardworking parents, Christina Tiburcio and Romeo Valenzuela. Her father used to be a Scout leader for several years with the First Filipino-Canadian Scout Group Laging Handa 0592, as well as a volunteer in the distribution of flowers in Park Kent to residents of the borough. He used to tell her stories



**Stephanie Valenzuela (seated) with her mother, Cristina Tiburcio, after her official induction at the Palais de Congrès, Nov. 18, 2021.**

about the Scouts' camping trips.

Stephanie is a graduate of McGill University in Montreal with a degree in Political Sciences and International Development. With this educational background, she has the training to be a political leader. In her personality profile interview, she spoke eloquently about her decision to enter politics. In her own words, she said that "I feel that politics is more of a calling

than a career. I knew very early on in my childhood I was interested in improving our society with the people's power revolution in the Philippines and the stories my mother would tell me about martial law during this time. As I started to learn more about politics and how it affected every aspect of our lives, I knew I wanted to focus all of my attention on studying it after high school. However, I never actually

thought I would ever run one day as a candidate. It wasn't something I actually thought I can do because as a little girl I never saw anyone who looked like me up on the podium."

As she was born and raised in Montreal, and lives in the area she is representing, it is obviously a logical choice that she has been elected to be the voice of the cultural and visible minorities at City Hall. She promised to do something about the housing crisis, Anti-Asian hate, and other important issues that affect the community.

Stephanie's historic election seems to be the beginning of some changes in the political arena. It has taken a long time to have a member of the minority group to become part of the local government. Hopefully, the trend has started and should continue for the coming years. This may spark the interest among our Filipino youth.

Ambassador Rodolfo Robles is reported as having stated the following: "The Filipino diaspora across Canada celebrates the historic win of Stephanie Valenzuela as the first Canadian of Filipino heritage to be elected to the City Council of Montreal. During the several opportunities I had to meet her, she has given a commitment to be a voice of the 35,000-strong Filipino diaspora in Montreal."

## MY OFFICE IS OPEN AND WE ARE COMMITTED TO SERVING YOU!

We are here to help guide you through the process of dealing with the many different federal departments, programs, and services.

### Citizenship and Immigration Canada (CIC)

2020 has been an exceptionally trying year for everyone. We were confronted with a worldwide pandemic, the likes of which has not been seen in our lifetime. While no government is perfect, and in retrospect there are things we could have done differently, I am proud of the way our federal government has stepped up to support Canadians during the pandemic.

My job has been to support my constituents which included providing a constant stream of information; answering your questions; helping individuals and groups with their own files; and obtaining funding and grants. It also meant helping our Government construct and refine programs like the CERB, CEBA, CEWS, CECRA and their successors. It meant fighting for improvements, such as helping to lead the charge for national standards in our long-term care facilities.

Throughout the first 5 months of the pandemic, my staff and I worked 7 days a week to ensure that all phone calls and emails were responded to within 24 hours.

I published a daily update (now weekly) to provide important information to the thousands of constituents who provided us their email addresses. Those updates are also posted on my Facebook page. I encourage everyone who does not yet receive my updates to please email us at Anthony.housefather@parl.gc.ca.

We also had volunteers contact as many residents of the riding as possible, particularly seniors.

Throughout the year, we tried to help resolve the thousands of files that we received from the riding's businesses, non-profits and organizations. We also assisted them in applying for funding and grants. Simultaneously, Parliament was also functioning and I was also representing you in Parliament, on Committees, as Parliamentary Secretary to the Minister of Labour and in the Liberal caucus.

In all the years that I have served as an elected official, this one has been the most challenging but also the most rewarding. I have never before been able to assist so many people directly in such a short time frame and, hopefully, make a positive difference in their lives.

I appreciate the incredible sacrifices everyone has made this year and for this holiday season let us hope for a joyous and HEALTHY 2021.



# Anthony Housefather

Member of Parliament · Mount Royal

4770 Av Kent, #316, Montréal (QC) H3W 1H2

514.283.0171 · Anthony.Housefather@parl.gc.ca

[www.anthonthousefather.libparl.ca](http://www.anthonthousefather.libparl.ca)





# Valérie Plante sworn in for 2nd term as mayor of Montreal, heading a more diverse City Council

Montreal, November 18, 2021  
Valérie Plante's second term as mayor of Montreal officially kicked off Thursday night after she was sworn in alongside dozens of city councillors and borough mayors.

After she was sworn in, she thanked Montreal voters for trusting her and her team to lead the city for a second term.

"That trust will allow us to advance — to push Montreal forward," she said.

Plante won the Nov. 7 Montreal mayoral election with more than half of all ballots cast, in a resounding victory over rival and predecessor Denis Coderre.

Plante received a total of 52 per cent of the vote, 13 percentage points more than Coderre.

Projet Montréal obtained a majority, winning 35 of Montreal's 65 council seats, more than in 2017. Ensemble Montréal won 24. Before the election, Projet Montréal held 33 seats.

Coderre quit municipal politics soon after losing the election, and his party, Ensemble Montréal has challenged the results in two boroughs, Côte-des-Neiges-Notre-Dame-de-Grâce and Rivière-des-Prairies-Pointe-aux-Trembles.

A Quebec civil court judge has approved the recount of the two mayor seats, as well as the positions of city



**Valérie Plante, after being sworn in as mayor of Montreal, said all Montrealers will be called upon to collaborate in the development of the city. (cbc)**

councillors for the districts of Loyola and Pointe-aux-Prairies.

During the swearing-in ceremony, councillors and borough mayors were called out by name individually and "proclaimed elected" by Emmanuel Tani-Moore, Montreal's chief clerk.

They were then all invited to swear an oath, repeating after Tani-Moore, and promised to respect the law and abide by the city's code of ethics.

Afterward, the mayor, accompanied by her husband and sons, signed a contract — flashing a

proud smile for photographers. She then spoke to the audience in the Palais des congrès, touching on the last four years and looking ahead.

The Montreal City Council has become the most diverse in years. For the first time, it will be headed by two women, as Valerie Plante named Dominique Olivier to be the president of the Executive Committee. Olivier is the first Black woman ever to be given the honor.

There are also some historical records made in the election of councillors from the ethnic and visible minorities in Montreal. The following

are the councillors elected from Ensemble Montreal that will be the official position: Abdelhaq Sari, city councillor in Montreal North, Alan DeSousa, borough mayor in Saint-Laurent, Stephanie Valenzuela, city Councillor in Darlington, of the CDN-NDG borough.

Another first ethnic minority member elected is Gracia Kasoki



**Gracia Kasoki Katahwa, CDN-NDG Borough mayor replacing Sue Montgomery**

Katahwa, a nurse manager originally from the Democratic Republic of Congo, who is now the new mayor of the largest Montreal borough, CDN-NDG Borough under the Projet Montreal party banner. Her election is being contested by Ensemble Montreal as she won by 83 votes over Lionel Perez.

Source: CBC news

**NATIONAL**  
**Truck driving school**  
**514 937.2888**

**REGISTER NOW**  
**AND GET YOUR LICENSE**  
**AND**  
**PAY AFTER 6 MONTHS**

- GET YOUR LICENSE IN 5 WEEKS
- MAKE YOUR OWN SCHEDULE
- CANADA NEEDS MANY TRUCK DRIVERS
- 16 HOURS
- 28 HOURS
- TRUCK INCLUDED FOR THE SAAQ EXAM



# Seven Philippine presidential hopefuls to watch, from 'Bongbong' Marcos to Leni Robredo and Manny Pacquiao



**Ferdinand Marcos Jr, son of late Philippine dictator Ferdinand Marcos.Photo: Reuters**

Ninety-seven candidates have filed to run for the presidency, but when the election commission prunes the list by mid-December, rejecting nuisance candidates and those not capable of running a national campaign, there will probably be seven left.

The most likely to be on the list, in alphabetical order are: Senator Christopher “Bong” Go, labour leader Leody de Guzman, Senator Panfilo Lacson, former senator Ferdinand “Bongbong” Marcos Jr, Manila mayor Isko Moreno, Senator Manny Pacquiao and Vice-President Leni Robredo

Political analysts and observers have pointed out that China will be actively engaged in making sure that their favored candidate wins. Politicians being manipulated by foreign powers are a real-world concern in the Philippines, and talk has now turned to the possibility of a 'Manchurian candidate' in the 2022 polls

The CIA once steered the pro-American 'Amboy' Ramon Magsaysay into office, but analysts believe China will wield influence now, and the dictator's son Ferdinand Marcos Jr may be its pick.



**Emmanuel ‘Manny’ Pacquiao**  
**Bailiwick: Sarangani | Age: 42**  
 Party and positions: Running under PROMDI (Progressive Movement for the Devolution of Initiatives). Thanks to his stellar boxing career, Pacquiao is one of the wealthiest candidates. He is also one of the youngest. Pacquiao is a senator, yet has rarely

attended legislative sessions despite promising to do so. He is hoping to turn his popularity as one of the world's greatest boxers into political capital, as are various members of his family who are also running for office

**Platform:** Wants to be “friends” with China but at the same time wants to protect the Philippines’ rights in the South China Sea. Duterte has accused him of having a “very shallow knowledge” of the South China Sea issue. Pacquiao has vowed to fight corruption and poverty and stop the brutal war on drugs.

**Running mate: Jose “Lito” Atienza Jnr (Bailiwick: Manila | Age: 80).** Also running under PROMDI, former House deputy speaker Atienza is against the death penalty and birth control. When he was the mayor of Manila, the capital in 2005 signed a sister-city agreement with Beijing. Advocates closer relations with China.



**‘Bongbong’ Marcos Jnr**  
**Bailiwick: Ilocos | Age: 64**

Positions and party: Former member of the Nacionalista Party who has filed as a candidate under Partido Federal Pilipinas, a party founded by a former Duterte ally, Pantaleon Alvarez. Marcos, or Bongbong as he is commonly known, is the son of Ferdinand Marcos Snr, who ruled the country as a dictator and is accused of killing thousands in anti-communist purges and embezzling billions of pesos. Marcos Jnr never finished college, but has a special diploma from Oxford University. He also claims



**Philippine Vice-President Leni Robredo has accused Duterte of favouring China. Photo: Xinhua**

to have a master's degree in Business Administration from the Wharton School of Business, University of Pennsylvania, but admitted in 2015 he had never finished his dissertation. After being convicted of tax evasion in 2001, he served as governor of Ilocos Norte, then as a congressman and a senator, but failed in a bid to become vice-president in 2016, losing to Leni Robredo. He demanded a recount but lost that too in February this year. He's

currently facing a case before the Commission on Elections, in which petitioners say he should be disqualified from the race due to his tax conviction.

**Platform:** Still formulating his foreign-policy agenda, but said this September he would continue President Rodrigo Duterte's "policy of

See page 13	Presidential candidates
-------------	-------------------------

**WE ARE LOOKING FOR  
HARD-WORKING  
PROFESSIONAL AND  
PASSIONATE CANDIDATES.**

## WE ARE HIRING

**FULL-TIME POSITION, 40 HOURS/WEEK**  
days (7am – 3:30pm) or evenings (3:30pm – 12am)

General Work (Sanding)	Day \$17.50/h. Evening \$19.00/h
CNC Machine Operator	Day \$18.50/h. Evening \$20.00/h
Assembler	Day \$19.75/h. Evening \$21.25/h
Wood Painter	Day \$20.25/h. Evening \$21.75/h
Wood Stainer	Day \$22.50/h. Evening \$24.00/h

## WE OFFER

On-the-job training in your language  
Career development opportunities  
Group insurance plans available  
Various team and social activities  
Free employee parking available

**APPLY TODAY**  
emplois@seatply.com

# SEATPLY

wood chair components





## PERSONALITY OF THE MONTH By Fely Rosales Cariño



### Luzviminda (Minda) Mazzone

For this issue, I am proud to present to you the queen of volunteerism, Luzviminda Ogerio Mazzone! Luzviminda - what a beautiful name! The word Luzviminda is coined from the names of the Philippines' three main islands - Luzon, Visayas, and Mindanao. Minda, for short, was born in Ballesteros, Cagayan, Philippines. She is the daughter of Melanio Ogerio and Bonifacia Arrieta. Her siblings are Angelita (a retired nurse residing in Montreal), Manuel and Carminito, both deceased.

Minda is married to Nicodemo Mazzone, a macho Italian guy whom she met at a friend's party in Cote des Neiges. While Nick was going through a stack of opera records, she decided to make the first move (now it can be told!). She approached him and asked, "So, you like opera?" As she recalls, her heart went pitter-patter! Their acquaintance blossomed during the party. Nick ended bringing her home that evening and met her sister, Angie. When Nick said "Goodnight," Angie answered, "Hope I never see you again!" I'm sure it's water under the bridge now!

Since both of them were new in Quebec, Minda wanted to impress Nick with her French, which she learned from a friend who jokingly taught her French expressions unfit to be heard. Nick, a good sport, went along with the jokes. Minda still blushes as she recalls this incident! Two years after that faux pas, they got married at the Notre Dame de la Consolata on July 31, 1971. To Minda's credit, she determined to learn Italian so she could converse with her in-laws. An added bonus was that she was able to bargain in Italian during their honeymoon!

Their union produced four children: Francesco, Caterina, Roberto, and Alexander. In Minda's words, when the children were young, they were encouraged to be involved in community activities such as the "Debutante's Ball, Christmas pageants, Filipiniana Dance Troupe, trips to other countries representing Canada, fashion shows in Montreal and Toronto, and other pageants." One such occasion was the Munting Binibini, which Caterina entered and won, earning the title of the First

Munting Binibini of Montreal! In one of the fundraising events, the money raised helped to purchase the present Filipino community center, the Filipino Association of Montreal and Suburbs, (FAMAS). Caterina was also the first Montreal representative to win the Mutya ng Pilipinas in Toronto; she then went to Manila to represent Canada.

Minda and Nick's children are all married now with nice jobs and live in big, comfortable homes. They are blessed with ten grandchildren: Rafaela, Luca, Sienna, Mikaela, Keana, Antonino, Angelina, Nicodemo, Evio, and Ludo. All guapo and guapa! No wonder, just look at the genes!

Minda graduated high school as valedictorian. She went on to the Philippine Women's University (PWU) on a two-year scholarship and graduated with a Bachelor of Science in Dietetics and Nutrition. She then attended the University of the East (UE) where she obtained her Bachelor of Science in Education (BSE). During this time, Minda relates that she joined the Bayanihan Dance Troupe for two years when the senior group went abroad, performing every Saturday for tourists. She also worked as a secretary at a travel agency.

Soon enough, Minda's sister Angie, then working as a nurse in Alberta, sponsored her. She arrived in Canada as a tourist in 1969 'on a cold November day,' as she recalls. While applying for a visa and permanent residency, she worked in a factory for 3 months. She was also hired at the Montreal Neuro as a Food Supervisor! As she was bent on obtaining a Dietician's License, she was advised to take some courses to fulfil the requirements for Quebec equivalency. She then enrolled at Macdonald College, taking a two-hour bus ride from her place in St. Michel in the east. With her license, she worked for almost ten years as a dietician before going into real estate and financial services.

Minda and Nick travelled a lot, sometimes bringing their children with them. She joked that "one needs a vacation after a vacation trip with young kids!" Once driving from France to Switzerland to Italy, then back to France via Monte Bianco, the kids asked to "stop at every gas station for a gelato." They also

visited Boracay, a resort island in the Western Visayas of the Philippines. They drove to Cagayan via Santa Fe and Ilocos. Surely it was an experience for Nick as she remembers that they stopped at "every city and town to try all the delicacies such as tupig, bibingka, puto, kalamay, and Vigan specialties." In 2018, they were part of a delegation invited by the Mayor of Alabat and the Philippines' Department of Foreign Affairs and Technology to be part of the Macapuno project in the island. They experienced an unforgettable reception; "Filipino hospitality at its best," gushed Minda, who continued her trek down memory lane as they also flew to Palawan and visited El Nido, Puerto Princesa, and had lunch at the Escudero Waterfalls, buffet style. Imagine being treated to the soothing sound and sight of the waterfalls while enjoying a traditional Filipino buffet, (kamayan style). If you plan to visit places, please consult these seasoned jetsetters! I asked her if there is still something she looks forward to after all these years. She said she'd love to travel with Nick to Japan to see the cherry blossoms and the spectacular Bamboo Gardens.

Minda confessed that she is busier now as a retiree than when she was working. She describes retirement as "just an excuse to do things which normally she won't do..." and is enjoying it very much as it means more family time with apos, more coffee time with friends, and more time to travel.



The Mazzone Family

At present, Minda is the president of the Federation of Filipino Canadian Associations of Quebec (FFCAQ). Under the FFCAQ, she started the Pinoy Food Drive to help the Filipino community at the beginning of the pandemic. This will continue every 3 to 4 months for Easter, Thanksgiving, and Christmas. This initiative is made possible through the support of family, friends, and some politicians. She attests that seeing the smile of gratitude from the recipients is a truly heartwarming experience. In 2017, she organized the Philippine Tapestry Event featuring the creations of Rene Salud, a famous Filipino couturier. In 2021, the FFCAQ hired three young Filipinos under the Student Summer Job program.

In addition, Minda is also the treasurer of the Filipino Heritage Society of Montreal (FHSM). She is involved with the Institute of Research for Racial Relations and Asian Forum. She works with BUKLOD, the strengthening Family Program. She is a trainer with the Black Community Association. Minda's plate seems full of volunteer work in many associations. The Filipino community undeniably benefits from her civic mindedness and kindness.

Her advice to young Filipinos aspiring to be future leaders is to "get involved, get to know your heritage, be generous with your time by volunteering."

She recommends enjoying the social aspect of Meet and Greet and EAT! Among the organizations to join, she names a few: FFCAQ, FAMAS, FHSM, Panday Tinig, KOR, AFSM, etc.

Many of you may not know that Minda has another talent - she is also a writer. For ten long years, she wrote for the Filipino Forum. During this time, she wrote and published a book entitled MYTHS AND LEGENDS OF THE PHILIPPINES. In 2011, her book was distributed to the National Library in the Philippines, Ateneo de Manila Library, the University of the Philippines Library, three libraries in the US, and the Philippine Embassy in Ottawa. See? Her resumé easily boasts many titles: socialite, author, dietician, president, treasurer, writer, etc. I won't be surprised if there are more hidden talents we will discover in the future.

Here is Minda's motto: "Life is too short. Don't waste it on petty things. Be kind. Be generous. Be respectful. Appreciate and be thankful for your blessings. Most of all, do not get tired of telling your loved ones that you love them."

Last August 1, 2021, the children surprised their parents with a party to celebrate their 50th wedding anniversary held at an Italian restaurant in the east. Guests were treated to an Italian gourmet at its best and a warm ambience. The food was extraordinary and the wine, even better! A few Filipino friends graced the event: Angie Ogerio, Julie Parado, Fred &

Jovy Narvas, Robin & Cristy Hunter, and yours truly. Dollard des Ormeaux Mayor Alex Bottausci and his wife Kim were also present. During the party, we were serenaded with not only one but two bands! The highlight of the party was the moving tribute the children gave to Nick & Minda. They were lavish in their praise. Each of them mentioned that their Mom & Dad modeled love and respect as they were growing up. I was feeling all the love, and so did everyone. What an absolute honor to be part of this special milestone! I wish this lovey-dovey couple more blessings, good health, and love.

There is much more to know about our Personality of the Month for November. Undeniably, a very contented wife, mother, and grandmother, she considers the births of her children and grandchildren one of her happiest moments. Part of her joy must spring from her well-mannered children and the undying love and support of her devoted husband, Mr. Nick Mazzone! I vote for Nick as Padre de Pamilya of the Year 2021! Minda could very well dedicate Debbie Boone's song, "You Light Up My Life" to Nick, who "lights up her life, give her the hope to carry on, and fill her nights with song!" Kudos to Minda who found her knight in shining armor and a ton of praise from an appreciative friend, yours truly.



## PIDC to celebrate Autumn 2021 Mabuhay Philippines Festival

By: Tony A. San Juan, OCT-Retired.

The holiday season is coming. It brings joy and happiness to the hearts of every person. It reminds us of the birth of our Lord Jesus Christ and it is a season of giving, sharing, and forgiving. With its theme "Pagmamahal", a festive celebration of love, the Philippine Independence Day Council (PIDC) will commemorate and conduct the 23rd edition of Mabuhay Philippine Festival 2021 this merry-making season. The festival is part of the 32 year-old PIDC umbrella organization's main goals of promoting and propagating Filipino heritage, arts, and culture as well as of working towards strengthening unity and cooperation in the Filipino-Canadian communities in Ontario.

In this regard, as a major community-based organization, PIDC in partnership with TD Bank and Imperial World, Inc. will present a 2-day program of festivities on November 27 and November 28, 2021 with solid sponsorship by World Financial Group (WFG), The Filipino Channel (TFC), Canadian Heritage-Patrimoine Canada, and Universal Peace Federation. This year's threefold event will feature major segments namely 1) PIDC Gala, 2) PIDC Songwriting Contest, and 3) Carolling and Fundraising. The PIDC Gala Night will be held on November 27, 2021, Saturday, 8:00- 10:00 pm. at XINFLIX Media Studio, 421 Bentley Street, Unit 8, Markham, Ontario L3R 0H7 while the PIDC First Songwriting Competition segment on November 28, 2021, Sunday, is to be conducted on the same City of Markham venue at 8:00-10:00 pm, EDT.

A flagship project of PIDC, the Mabuhay Philippines Festival is founded by Chairman Norma Carpio and Agnes P. Miranda serving as the Vice-Chairman. The 2021 Organizing

Committee is composed of PIDC President Ramon Estaris, MPF Chairman Norma Carpio, Mon and Teresa Torralba (Programming), Agnes Miranda (Fashion Show), Rory Elefano (SantaCruzan), Ben Corpuz (Parade), Gene Pardo Elamparo (Youth Participation), and Tom Tan (Sponsorship).

The gala event, Co-chaired by Melinda Manlapaz and Tom Tan, will be hosted by Ms. Cristina Carpio. It will include PIDC's Mabuhay Philippines Festival mixed fares of fashion show, pageant, Santacruz, and parade. Dinner tickets are \$50.00 each. The PIDC Songwriting Contest, a live event, will be hosted jointly by Bea Santiago and Danny Almodal Orbillo. WFG Senior Executive Vice Chair Agnes P. Miranda is donating the cash prizes to the songwriting contest winners. The Competition committee is chaired by Ramon Estaris with Agnes Pasaporte Miranda, Mon Torralba, Ryan Orlanda, Danny Almodal Orbillo, Gene Elamparo, Suzy Llanera, and Chyrell Samson-Ronquillo. Health and safety protocols will be strictly observed including being fully vaccinated, wearing a face mask, and social distancing. This ticketed event is \$35 per person.

Gawad Kalinga Canada will be the recipient of the funds generated at the PIDC Gala Night on November 27th while the PIDC Carolling sessions, from December 1 to 25, 2021, will involve group carolling of targeted donors and sponsors. Donations received via the "kantahan sa paskuhan" will go to calamity victims in the home country as well as to hard working "kababayan" front liners, caregivers, and new immigrants. Suzy Llanera and Aimee Maravilla are co-chairing the Steering committee with Ramon Estaris, Agnes Miranda, Danny Almodal Orbillo, Jean Elamparo, and year.

Canada is expected to be added to the U.S.-Mexico supply chain working group to make it a North America-wide effort aimed at minimizing future disruptions for the continent. The new working group will look at defining essential industries, including critical minerals.

While Biden's revival of the summit will renew bonds of friendship, it doesn't mean that there are not real irritants to overcome. Trudeau for example is irked over tax credits that Biden is creating for US electronic vehicles, which could cost jobs on the Canadian side of a deeply-integrated auto industry. Mexico is also concerned about US protectionism.

And though Vice President Kamala Harris talked a big game about a new era of relations with Mexico when she visited President Andrés Manuel López Obrador in August, both of America's neighbors know that while Trump is gone for now, remnants of "American First" endure.

Source: CNN "The Elephant in the Room, Nov. 18, 2021.& Other files.

Chell Samson-Ronquillo.

Christmas time, especially for Filipinos, is a long-held tradition and an occasion for giving and showing generosity. It is the perfect time to show how much we care. It is expected that the upcoming holiday season celebrations will usher in promising

and wonderful engagements to experience Filipino culture and tradition at its best. We hope you and your family, friends, and relatives will join us this coming November 27th and November 28th, 2021, for a joyful and memorable celebration. God bless everyone!

From Page 1 Tres Amigos Summit

extremely strong ties between our people, with our values and visions for the future strongly united," he said.

He described the USMCA as a "world-class" deal that protects workers' rights and allows all three countries to work together on the climate crisis.

Canada and Mexico agreed to redistribute millions of COVID-19 vaccine doses they received from the United States to other Western Hemisphere countries.

Biden is also reviving a North American working group on violence against Indigenous women and girls, an initiative Trudeau announced with former U.S. president Barack Obama in Ottawa in 2016.

The three leaders also plan to strengthen their united effort to address the migration crisis that has seen millions of asylum seekers from Central America crashing Mexico's borders. Venezuela's economic and political crisis is expected to produce six million refugees by the end of the

**FOR RENT**  
**Apartments for rent in Côte des Neiges**  
**1,5 2,5 3,5 4,5**  
**renovated units including high speed**  
**(80mbps) unlimited internet service**  
**with private IP's.**  
**Give us a call to show you your next**  
**needed living space, close to all town**  
**facilities.**  
**514-995.6711**

**AXION**  
**IMMOBILIERE INC.**



FROM NOVEMBER 25 TO DECEMBER 08 2021

## KIM PHAT

WHILE STOCKS LAST

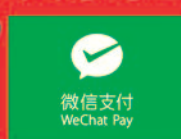


**SAINT-LAURENT & GOYER ONLY**  
僅限於ST-LAURENT - GOYER 分店



PAYMENT METHOD ACCEPTED

接受付款方式





# The North American Filipino Star Photo Gallery



Guests at Al Abdon's birthday party, October 24, 2021 at Kum Mon Restaurant with candidate for councillor (Snowdon), Sonny Morroz (standing, 2nd from left). On Nov. 18, Sonny Morroz was officially inducted as the Snowdon councillor.



Al Abdon blowing the candle away from his birthday cake to follow Covid safety protocol, October 24, 2021 at Kum Mon Restaurant. The party was enjoyed by everyone who attended.



Guests at the musical concert of Panday Tinig in honor of retiring Snowdon Councillor Marvin Rotrand at Ruby Rouge on October 22, 2021 pose for souvenir with candidate for Councillor (Darlington), Stephanie Valenzuela (4th from right). Stephanie was inducted as the Darlington councillor on November 18, 2021.



30th year medal awardee Mynia Peñaranda (center) with Editha Fedalizo, coordinator of Panday Tinig Ensemble and Paul Imperial, musical director, during the musical concert in honor of Marvin Rotrand

Dignity<sup>®</sup>  
MEMORIAL

☎ LIFE WELL CELEBRATED<sup>®</sup> ☎

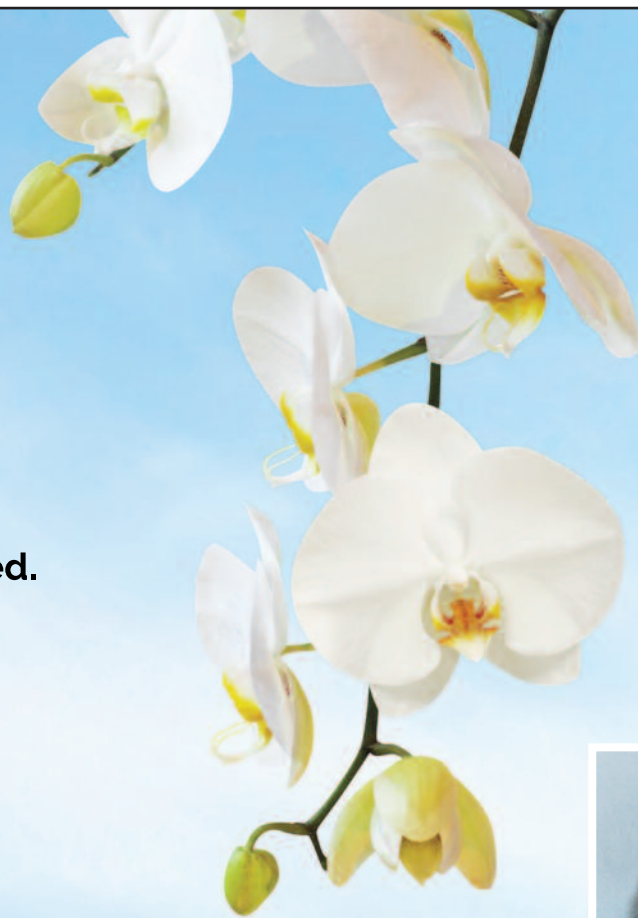
Spare your family the difficult decisions and expense involved in arranging a funeral.

Planning your funeral in advance ensures your wishes are respected and your family is protected.

Up to 10 year financing available in pre-arrangement  
Reception facilities and free indoor parking  
Chapel recording/webviewing for family overseas  
Repatriation services



**Centre funéraire Côte-des-Neiges**  
4525, ch. de la Côte-des-Neiges,  
Montréal, QC H3V 1E7  
[www.dignitequebec.com](http://www.dignitequebec.com)



**Sandra Wong**  
Funeral Planning Counselor  
514.342.8000 ext: 2258





## Cooking with love provides food for the soul.

Recipes selected by  
**Zeny Kharroubi**

### Favorite Pork Recipes



#### Pork Adobo "Humba"

Humba is a Filipino braised pork dish that is very popular in the Visayan and southern regions. Said to be a derivative of the Chinese Hong-ba (also Hong-Shao-Rou or Red Braised Pork Belly). It is believed that it was introduced by Chinese immigrants and was adapted by our Visayan folks. They replaced some of the ingredients like Shaoxing wine and five-spices with what is more easily found locally. Ginger is also omitted and instead,

tausi is used.

Like any others, there are different manners of cooking this dish. Some people would marinate the meat first before searing. Others would skip the searing part entirely.

#### INGREDIENTS

- 2 tablespoons oil
- 1.5 pounds pork belly - cut into 1x2-inch sizes -see NOTE 1
- 4 cloves garlic -minced
- 1 medium red onion - chopped
- ¼ cup soy sauce
- ¼ cup vinegar
- 2 cups water - add more if needed
- 1 tablespoon peppercorn
- 2 pieces bay leaves
- ¼ cup dried banana blossoms (optional)
- ¼ cup fermented black beans (tausi) -
- ½ cup pineapple tidbits - liquids included (optional)

3 tablespoon brown sugar

#### INSTRUCTIONS:

Heat oil in a large pot over medium heat. Sear pork belly until lightly browned and fats are rendered. Set fried pork aside. Remove excess oil from the pot and leave just about 2

tablespoons.

In the same pot, saute garlic until golden and aromatic. Add back the pork belly and stir. Add the rest of the ingredients and stir. Cover the pot and let it simmer for 40-50 minutes or until pork is tender. Add more water if needed until meat is fork-tender. Remove the cover and continue to simmer until liquid is reduced to a thick sauce. Transfer to a serving dish and serve with plain rice.

#### NOTES

NOTE 1 : If pork belly has a lot of fat, separate the fatty part from the leaner part. Sear the fatty part first to render the fats. Sear the leaner meat for shorter time so it will not dry up and become chewy.

NOTE 2: If using dried fermented black beans, soak it a bit and rinse before adding as it may be too salty. If using the canned ones with liquid, drain the liquid.



#### Pork Afritada

#### INGREDIENTS

- 1/4 cup canola oil
- 2 medium potatoes, peeled and cubed
- 2 large carrots, peeled and cubed
- 1/2 green bell pepper, cored, seeded and cut into cubes
- 1/2 red bell pepper, cored, seeded and cut into cubes
- 1 onion, peeled and chopped
- 2 cloves garlic, peeled and minced
- 3 pounds pork belly or pork butt, cut into 2-inch cubes
- 1 tablespoon fish sauce
- 1 cup tomato sauce
- 1 1/2 cups water
- 1 tablespoon tomato paste
- salt and pepper to taste

#### INSTRUCTIONS:

In a wide pan over medium-high heat,

heat oil. Add potatoes and carrots and cook until lightly browned. Remove from pan and drain on paper towels.

Remove oil from pan except for about 2 tablespoons. Add bell peppers and cook for about 30 seconds. Remove from pan and drain on paper towels. Add onions and garlic and cook until softened.

Add pork and cook until lightly browned.

Add fish sauce and cook for about 1 to 2 minutes.

Add tomato sauce and water and bring to a boil. Lower heat, cover, and continue to cook for about 40 to 45 minutes or until pork is tender.

Add potatoes and carrots. Continue to cook for until tender and sauce is thickened and reduced.

Add bell peppers and cook for about 1 to 2 minutes or until tender yet crisp. Season with salt and pepper to taste. Serve hot.



#### Pork Menudo

#### INGREDIENTS

- 2 tablespoons cooking oil
- 3 cloves garlic, minced
- 1 onion, chopped
- 1 kilo pork
- 1/2 cup soy sauce
- 1 teaspoon sugar
- 3/4 cup tomato sauce
- 1 cup water
- 2 to 3 pieces dried bay leaf
- 1/4 kilo pig liver
- 1 cup potatoes, diced
- 1 cup carrot, diced
- salt, to taste

#### INSTRUCTIONS:

In a saucepan, saute garlic and onion in oil. Add the pork. Cook for 5 minutes. Pour in soy sauce, sugar, tomato sauce and water and then add the bay leaves. Simmer for 30 minutes or until the pork is tender. Add the liver and cook for 5 minutes.

Add potatoes, carrots, then season with salt, and pepper. Stir and cook for 15 minutes.

**WEBINAR**

## WEBINAR TUNGKOL SA COVID-19 AT DIYASPORANG PILIPINO

Na susundan ng talakayan kasama ang isang lupon ng mga eksperto sa kalusugan! Sa Ingles at Tagalog

**LIVE**  
**Sabado, ika-27 ng Nobyembre**  
**mula 2 at 3 ng** hapon Oras sa Silangan

Seen: Zoom Webinar

**TAMPOK SINAG:**  
Carla Aquilino, Site Coordinator for COVID-19 Dental Exam, Youth Pilgrimage, and COVID-19 Dental Exam (Manila, England) Nurse  
Fran Tabares, Site Coordinator for COVID-19 Dental Exam, Youth Pilgrimage, and COVID-19 Dental Exam (Manila, England) Nurse

**MODERATED BY:**  
Michael Deventer, IT Host for Pinoy/US/UK/Philippines and Michael Deventer, IT Host for Pinoy/US/UK/Philippines and Michael Deventer, IT Host for Pinoy/US/UK/Philippines

**\* Lahat ng mga kalahok ay magkakaroon ng pagkakataong manalo ng gift certificate para sa isang boodle fight na nagkakahalaga ng \$100 mula sa Restaurant Pinoy Pensitan!**

Register here:  
[bit.ly/cov19mtfil](https://bit.ly/cov19mtfil)  
Or scan this code using your phone to register

**CLEANERS NEEDED**  
**Office cleaning Monday to Fridays**  
**Daytime or evenings after 5pm**  
**\$20 per hour, car required**

**Michael 514 624 3437**



From Page 7 Presidential candidates

engagement” with China because “although it is criticised, it is the right way to go because whatever we do, we cannot go to war against China”. In 2016, he called Americans “our friends” but said the Enhanced Defence Cooperation Agreement with the US should be reviewed. He has promised to undertake a “massive” job creation programme in his first 100 days and to continue Duterte’s war on drugs. He says his government would not cooperate with the International Criminal Court investigation of Duterte’s drug war but that investigators would be allowed to enter the country as “visitors”.

**Running mate: Sara Duterte-Carpio (Bailiwick: Davao | Age: 43).** Banking on her father’s political alliances, Duterte-Carpio abandoned Hugpong ng Pagbabago (Faction for Change) – a regional party she formed to support her father’s 2019 senatorial and local candidates – to join the Lakas Christian Muslim Democrat Party of former president Gloria Macapagal-Arroyo, which has now elected her as chairperson. She served as vice-mayor of Davao City in 2007 while her father was mayor, then they switched places and won in 2010. As mayor, she punched a court sheriff and had to go on a short period of leave. She is a lawyer and is married to another lawyer, Manases Carpio.



**Francisco ‘Isko Moreno’ Domagoso**

**Bailiwick: Manila | Age: 47**  
Party and positions: Running under the Aksyon Demokratiko (Democratic Action) party, Domagoso is an actor, politician and son of a stevedore who grew up in the slums of Tondo, Manila. He was discovered by showbusiness impresario German “Kuya Germs” Moreno, won a seat on the Manila council in 1998, became vice-mayor in 2007 and in 2019 became vice-mayor for the second time. A team sent by former US President Donald Trump to Manila identified Domagoso as a potential presidential contender for 2022.

**Platform:** He has promised to be a “healing president” working with “all shades of the political spectrum”. He says he will pursue joint oil exploration of the West Philippine Sea, but only under a Philippine government service contract. He will use The Hague arbitral ruling on the

South China Sea dispute as a bargaining chip with China. While he says he “cannot blame” Chinese President Xi Jinping for claiming the sea for Beijing, he has expressed hope that China will respect the Philippine position “that we believe is ours”. Domagoso has dismissed labour contractualisation as the “least of his problems”. He says he will initially focus on reviving the economy and pruning down the bureaucracy.

**Running mate: Willie Ong (Age: 58).** A cardiologist with 16 million Facebook followers due to his online medical advice, Ong ran for senator in 2019 but lost. Ong advocates cheaper medical treatment and medicines, as well as the return of the death penalty for heinous crimes



**Leni Robredo**  
**Bailiwick: Manila | Age: 56**

Positions and party: Chairperson of the opposition Liberal Party, but is running as an independent. Robredo is a human-rights lawyer and economist who served three years in Congress. She is the widow of Jesse Robredo, a former local government secretary and winner of the Ramon Magsaysay award for public service.

**Platform:** On foreign policy, Robredo has said she is open to collaborating with China “in areas where we have no conflicts”. However, regarding the South China Sea territorial dispute, she has said that “we cannot deal with them” without China recognising the 2016 arbitral ruling by an international court in The Hague that sided with Manila over Beijing. She has also said she is open to working with every country “as opposed to one that favours certain countries”. Robredo has promised to address the Covid-19 pandemic, the food crisis and job losses in her first 100 days.

**Running mate: Francis “Kiko” Pangilinan (Bailiwick: Quezon City | Age: 58).** Pangilinan is president of the Liberal Party, a lawyer with a BA in Comparative Literature from the University of the Philippines and a postgraduate degree from Harvard University’s John F. Kennedy School of Government. Pangilinan started his political career as the youngest-elected councillor of the fourth district of Quezon City, but lost an election as congressman. He first won a senate seat in 2001. Pangilinan is married to the actress Sharon Cuneta. One of Pangilinan’s big concerns is food security; he runs and

owns a 1.7-hectare experimental organic farm growing vegetables and herbs, and once served as presidential assistant for Food Security and Agricultural Modernisation under the late president Benigno Aquino III.



**Leodigario ‘Ka Leody’ de Guzman**  
**Bailiwick: Part of Oriental Mindoro province and his labour party | Age: 62**

Party and positions: Representing the Bukluran ng Manggagawang Pilipino (Solidarity of Filipino Workers) party, which split from Kilusang Mayo Uno (May First Labor Movement). A graduate of the Philippine Maritime Institute and former factory worker, union organiser since 1984.

**Platform:** De Guzman advocates raising the minimum wage and banning labour practices in which workers remain as temporary hires, supports same-sex marriage and the legalisation of medical marijuana. He wants to repeal Panfilo Lacson’s anti-terrorism act and abolish Duterte’s anti-drug law. He also wants to abolish the National Task Force to End Local Communist Armed Conflict and opposes the death penalty.

**Running mate: Walden Bello (Age: 76).** Running under the Laban Ng Masa (Fight of the Masses) coalition, Bello was formerly affiliated with the Communist Party of the Philippines and was former congressman of the party-list Akbayan. He has a PhD in Sociology from Princeton University, and once stole and published 3,000 pages of confidential World Bank documents on the Philippines. Has written and edited 10 books including Paper Dragons: China and the Next Crash (2019).



**Panfilo Lacson** **Age: 73**  
The 2022 presidential campaign of Panfilo Lacson was announced in a

televised launch on September 8, 2021 along with his **running mate fellow incumbent Senator and Senate President Tito Sotto.**

**Platform:** “Kami ni Senate President (We are), very consistent kami rito (here). We don’t comment on our potential rivals in the May 2022 elections. Ang pokus lang namin (Our focus) is to present ourselves, our platforms, ‘yung aming (our) roadmap in the next six years,” presidential aspirant Lacson said. “We have decided as early as June, July this year that our programs and platforms are the answers to the problems of the country. It does not matter to us who else is running. That has been our formula, noon pa man



**Christopher Laurence “Bong” Go: Age:47**

Go is running for president under Pederalismo ng Dugong Dakilang Samahan (PDDS), a relatively new party founded by a Duterte ally. Go had been a vice presidential candidate of the ruling PDP-Laban but withdrew and filed for a presidential run the same day Sara announced her vice presidential candidacy.

**Platform:** The senator has vowed to continue legacy programs initiated by the Duterte administration, especially in infrastructure development, and the fight against criminality, corruption and illegal drugs.

The Build, Build, Build program, the administration’s ambitious infrastructure development plan, is made up of hundreds of projects that will be implemented throughout the country.

The program’s objectives are to relieve poverty, strengthen the economy, and alleviate traffic congestion in Metro Manila. It is now dubbed by pundits as the Golden Age in Philippine Infrastructure.

Sources: Internet Files, Wikipedia



# FILIPINO STAR

## SHOWBIZ GOSSIP

### How Liza Soberano gained courage to 'start speaking up'



**Liza Soberano thinks being vocal on social media is good.**

Liza Soberano talks freely and honestly about anything. She also uses her social media as a platform for social change and awareness.

"Honestly, for me, social media is such a scary place and that's why before the pandemic, I was always very cautious about sharing my opinions on certain issues but I guess during the pandemic, when I couldn't just sit back and watch everything happen like my mother being attacked, other people being attacked also, I kinda gained the courage and the strength to start speaking up and to start being vocal," said Liza during our virtual chat on Kumu's The Best Talk.

She continued, "And when I started getting support from my supporters and from the people who were, maybe, just happy with what I had shared, that's when I realized that words are really powerful. I mean, I know this ever since before, but I didn't know with my own strength until then and now I don't wanna stop as long as I know that I'm helping a lot of people benefit from what it is that I'm saying or what it is that I'm doing, then, I'm willing to risk it all as long as I am helping someone."

No topic is seemingly off-

limits to her because Liza is even ready to let everyone know what her response would be if her boyfriend Enrique Gil pops the question on bended knees.

"I can answer that so easily, yes!" declared Liza in a jovial tone that made netizens (tuned in to the show) ecstatic.



**Liza Soberano turns emotional as she delivers a speech during a Gabriela Youth virtual event in October.**

Liza and Enrique recently celebrated their seventh anniversary at The Farm At San Benito in Batangas with the former sharing how the special occasion once

again became a perfect moment for them to reminisce about the past and talk about the future.

"It was great. It was a huge milestone for us. I mean, every year is a huge milestone. We were really reflecting on our younger days, I would say (laughs). We were reminiscing about Forevermore,

where we got to first meet each other. And we were just thinking about how much we have grown individually and together. It's such a beautiful thing to think about."

It is said that in any relationship, consistent communication is vital to building a lasting life together. And that's one thing Liza and Enrique exactly do to keep a healthy relationship. Liza said they also got to talk about their goals.

"I think it was more about what we want to do in the future, like in the years to come. It was more about planning on what's in store for next year or what we wish or hope for in our relationship like in the next five years. We had a lot of reflections."

When it comes to marriage, the Kapamilya actress said that they talk about it "even not on our anniversary."

In one of my conversations with Enrique, he also mentioned that they are seriously talking about settling down. But they are taking things step by step. They both know marriage is a life-long commitment.

"It's what actually I really appreciate about him because ever since the beginning, he would always tell me like, 'You know, I'm not getting into this relationship just to have a girlfriend. I really like this (relationship) to go somewhere.' I was a bit young when I got into this relationship and very immature, and, so we would argue over the slightest mistake. And me, I would wanna give up in the relationship but he'd say why do you just give up because of some small things? That made me realize that if you really love someone, you have to accept some of the smaller things you don't agree on and you just have to learn together. You have to be able to get through the storm together."

Embracing each other's strengths and weaknesses yields amazing results. In LizQuen's case, their love for each other becomes deeper. But do they still argue?

"We don't quarrel that often and when we do, it's actually still about really small things like when I'm about to get my period and I'm just like ultrasensitive, that's when we, more like, tend to argue but that's probably once a month (laughs)."

I asked Liza if Quen is the jealous type and she stressed that there is no reason for him to be jealous since she's at home all the time. She described him as "very protective. He's always been like that, (he's) also very protective of his mom, his sister, (and) my sister." ■



## Writing empowering songs helped Maris Racal overcome self-doubt



**Maris Racal**

Actress-singer Maris Racal shared that writing empowering songs has helped her to overcome her self-doubt.

In Star Magic's Inside News on Tuesday night, Racal shared that writing songs is her way to inspire other people.

lahat ng listeners na who are going through the same thing, 'yun po 'yung go-to song nila if ever na malungkot sila," Racal added.

Last September, Racal returned to the music scene with the release of a new single



**Maris Racal posted this video on Youtube.**

"Yun pong mga song ko I like to empower people. I like to inspire them because that is also something that I need. So I write songs na isinusulat ko rin po for myself, para ma-inspire rin po ako or ma-uplift or basically what I am experiencing at the moment and what words I want to hear at that moment," Racal said.

"So isinusulat ko siya. So

"Asa Naman," which was co-produced again by Balcony Entertainment, owned by the actress' boyfriend Rico Blanco, and Sony Music Philippines.

The same music labels co-produced her last song "Ate Sandali" which was released in June.

In Star Magic's video, Racal also shared her advice to aspiring content creators.



"Someday you're going to find your courage and your light to start things. Ang nag-

start lang sa akin is stop doubting yourself. At saka 'yung iniisip mo na negative things na mangyayari sa anumang gusto mong gawin they don't exist yet. Hindi pa sila nangyayari so huwag mong pangunahan 'yung gusto mong mangyari," said Racal, who now has over 941,000 subscribers on YouTube.

"Just do what you want to do, create content na kung ano ang gusto mo. And also i-test mo rin kung ano ang gusto ng tao na mapanood from you," added Racal, who is also known for her videos on Tiktok and Twitter. ■

## Sarah G, Matteo to hold Christmas digital concert December 18



**Sarah Geronimo and Matteo Guidicelli**

Celebrity couple Sarah Geronimo and Matteo Guidicelli will hold a joint Christmas concert, Viva Live announced on Monday.

Dubbed "Christmas With The G's," the digital concert will be streamed on KTX.ph and Viva Max on December 18.

The show will be helmed by in-demand concert director Paolo Valenciano.

Geronimo and Guidicelli have collaborated numerous times since, notably in the pop superstar's "Tala" film concert

early this year where the latter was a guest performer.

"Christmas With The G's" is seen as Geronimo's latest major release amid a long hiatus from showbiz, where her musical outputs have been few and far between.

Her recent surprise appearance in the ABS-CBN's Christmas ID indicated a nearing comeback in showbiz, or at least an affirmation of her staying a Kapamilya despite the broadcast crisis that beset her home network. ■



**Showbiz Gossip** *Continued from p.15*

## AiAi Delas Alas graduates from baking school

**AiAi Delas**

AiAi Delas Alas is finally on her way to becoming the pastry chef that she has always dreamed of!

On Sunday, she shared on Instagram that she has finally graduated from baking school with a photo of her certificate that

Apart from thanking the chefs who taught them their lessons, AiAi also took the time to appreciate her classmates who made her feel better amid troubling times.

"Kaya ako nag-enroll dito kasi parang mababaliw na 'ko pero



proves her completion of the program.

The document stated that she completed 160 hours of the Pastry & Bakery Arts Part-Time Certificate Program from the Treston International College and the Academy of Pastry & Culinary Arts Philippines (APCA).

After joking that she has graduated from nursing, AiAi finally described herself as a "semi pastry chef."

alam niyo naman na parang baliw na ako. This makes me so happy and naging sane ako, nawala yung anxiety ko," she said.

AiAi announced she has started classes in September. She's also been running an online business named Martina's Pastries to earn some extra income amid the pandemic.

Congratulations, AiAi! We'll be looking forward to your sweet creations in the near future. ■

## Olivia Rodrigo is 'beyond humbled' with the 7 Grammy nominations she received

**Olivia Rodrigo**

Seven Grammy nominations is truly extraordinary and Olivia Rodrigo is "beyond humbled."

On Instagram, the Fil-Am sensation posted a cheeky celebratory cake that read "you did it b\*tch! 7" and narrated how on

Staples Center, fascinated by the history of the show and "the incredible musicians that made it up."

"Many dreams have come true for me this year but this one is probably the most meaningful," Olivia wrote.

And like a true winner she already is, she thanked those who believed in her as well as the "Academy for the recognition."

"I'm beyond humbled. Truly a day I will never forget. So grateful," Olivia ended her obviously still excited.

The singer-songwriter, heralded as the Taylor Swift of her generation, has been nominated in seven categories including Record of the Year, Artist of the Year, and Song of the Year.

It's truly been a year for 18-year-old Olivia. After her hit song "Driver's License" was named the first song to hit a billion streams this year, her debut album "Sour," which was released last May, was named the "biggest album debut" by Rolling Stone in the first half of the year. ■



her free weekends, she would walk to the Grammy Museum at the



# Manny and Jinkee Pacquiao's Forbes Park mansion is now listed for PHP2.3 billion



**The ultra-luxurious resort-like mansion of Senator Manny Pacquiao and his wife Jinkee in Forbes Park, Makati City is now worth PHP2,300,000,000, according to Presello.com.**

Remember the luxurious home of Senator Manny Pacquiao and his wife Jinkee in Forbes Park? It's now worth PHP2,300,000,000. (around 45 Million USD).

This is according to Presello.com, a real-estate firm known for selling multimillion properties in Metro Manila.

Presello.com is also the

Manny and Jinkee had the house renovated in 2019, and it seems the project has already been finished.

Since they arrived from the U.S. in September 2021, Jinkee has been posting photos on her Instagram account with the mansion as her setting.

In some of her most recent updates, Jinkee revealed that they



same website that appraised the ultra-luxurious resort-like mansion in August 2020 for PHP1,500,000,000.

The "Zen Inspired Luxury Mansion for sale at Forbes Park" sits on a 2,000 square meter lot.

The mansion covers 1,525 square meters of the property. It has five bedrooms, seven bathrooms, a newly renovated pool area, a spacious garden, a four-car garage, and many others.

have started decorating their home for Christmas.

Manny and Jinkee purchased the property for PHP388 million in cash in 2011.

The couple's plan to sell the mansion was first reported in 2014 after some of his neighbors complained about their shabbily-dressed guests.

At the time, the property was already valued at PHP708 million.



**NURSING AIDE (PAB/PSW)**

**STEP UP WITH THE PROFESSIONAL!**

**ENROL NOW IN A CERTIFICATE OF COLLEGE STUDIES IN NURSING AIDE(PAB/PSW)**

**PROGRAM TAUGHT BY PROFESSIONAL NURSES**  
CALL 514-485-7861



# Before-and-after satellite images show flood devastation in B.C.'s Sumas Prairie

Historic rainfall flooded farm fields, forced evacuations and killed livestock



Satellite image ©2021 Maxar Technologies



Satellite image ©2021 Maxar Technologies

**This composite shows farmland and highway roads in Sumas Prairie, B.C., on June 27, left, and again on Friday, following extensive flooding in the re--gion. (Satellite image ©2021 Maxar Technologies) Dramatic satellite images show the extent of flood damage in B.C.'s Sumas Prairie following last weekend's historic rainfall.**

The low-lying rural area, east of Abbotsford's town centre, is mostly farmland and was created by the draining of Sumas Lake in the 1920s.

Last week the area suffered extensive flooding as water gushed in from the Nooksack River from neighbouring Washington state, forcing evacuations and killing

livestock.

In images provided by Maxar Technologies, farmland in the region is shown on June 27 this year and again on Friday.

Many homes, barns and roads were left submerged under murky brown water following the storm, as seen in the composites above. A pilot

and volunteer organizer who has been helping bring supplies to communities in need said it was "unbelievable" to see the damage first-hand in Sumas Prairie and along the Fraser Canyon.

"The bridge is washed out," Shaun Heaps told CBC News. "We have a monument that's been with us forever, the Hell's Gate Airtram, it's gone — you can't even tell that it was there." and below.

There's a dramatic change already in certain parts of the prairie,"

said Braun. "I can visually see a lot of green fields."

But with more rain expected in the coming week, Braun has extended a local state of emergency until Nov. 29.

**Advertise in the North American Filipino Star**  
**E-mail:**

**filipinostar2@gmail.com**  
**or Tel.: 514-485-7861**



**Episode 2 of Mana:** Conversations with Filipino Culture Bearers is now available on the Philippine Embassy **YouTube and Facebook Pages!** This week, we talk to Ms. Salika Maguindanao, founder of the Maranao Collectibles Service Cooperative. Salika learned to weave langkit at a young age. When her hometown was devastated by conflict, she drew on this skill to provide

livelihood for herself and her fellow Maranao women. Join our conversation with Salika as she shares the culture of the Maranaos, their work to preserve their heritage, and how they strive to overcome adversity during the current pandemic.

(Ms.) GREG MARIE CONCHA MARIÑO  
First Secretary and Consul  
Sentro Rizal Ottawa, Embassy of the  
Republic of the Philippines

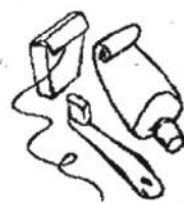
www.filipinostar.org

## Dental Clinic



**Dr. Rosario Ambayec, D.D.S.**  
Chirurgien Dentiste / Dental Surgeon

**Comprehensive Gentle Dental Care for The Whole Family**



- Open Tuesday to Saturday.
- Days & Evenings.
- By appointment, Accept emergencies.
- Free parking for your convenience.

**(514) 731-6479**

3535 Côte Ste. Catherine, Suite 1, Montreal, Quebec H3T 1C7  
(corner Côte des Neiges)



# The Canadian Ethnic Media Association Celebrates its 43rd Annual Awards for Journalistic Excellence with its Second Virtual Production

(TORONTO. November 19, 2021) The Canadian Ethnic Media Association is proud to present its 43rd Annual Awards for Journalistic Excellence webcast on Thursday, November 25, 2021, at 7 p.m. ET. The show is hosted by Edmonton's Jesse Lipscombe, a award-winning Actor/Producer and Motivational Speaker; and Toronto's Nicole Servinis, Host/Reporter/Producer, most recently with Breakfast Television.

Buoyed by the success of last year's first virtual production of its prestigious awards, CEMA returns this year with its second online presentation, bigger and better than ever! This claim is easily validated by the record number of submissions received this year, and the high caliber of content and production of the many entries competing across nine categories. It was a massive task for the jury to determine the winners, and the unanimous decision of the organization was to award two finalists in most categories as a way to recognize and celebrate the outstanding work generated by Canada's ethnic media.

It all comes down now to the webcast when viewers will see the judges' momentous decisions, and the finalists learn for the first time if they have won their categories. You won't want to miss this dramatic race to the finish line!

In addition to mounting this year's Awards for Journalistic Excellence, the Canadian Ethnic Media Association is also happy to celebrate this year's significant 50th Anniversary of the Canadian Multiculturalism Act by bestowing a special honour on a man regarded as a champion of diversity and freedom of expression. CEMA Chair, Madeline Ziniak is pleased to announce, "In light of this auspicious anniversary, it is fitting that this year's Serghei Khmara Ziniak Lifetime Achievement Award is presented to Toronto's Yuri Shymko, who has dedicated his life to multiculturalism in Canada and the pursuit of legal protection of the cultural and linguistic rights of all ethnocultural communities. Mr. Shymko has been regarded as a supporter and promoter of Canadian Ethnic Media, and a trailblazer for multiculturalism for decades." For a complete biography of Yuri Shymko, please visit our website: [www.canadianethnicmedia.com](http://www.canadianethnicmedia.com). The much-respected CEMA Annual Awards for Journalistic Excellence will originate from CEMA's Website: [www.canadianethnicmedia.com](http://www.canadianethnicmedia.com),

Thursday, November 25, at 7 p.m. ET, and simultaneously across the country at local times. Viewers will see the moment the winners learn of their success, and express their acceptance speeches. The production will feature artistic performances, and special guest messages. CEMA's online production will be further seen in the weeks following the webcast thanks to broadcast agreements struck with TLN Media Group, OMNI Television, Ethnic Channels Group and ATN-Asian Television Network. Stay tuned for upcoming broadcast air-date information.

The Awards presentation is the pinnacle of a very busy year for the Canadian Ethnic Media Association. CEMA has worked tirelessly to advocate for ethnic media operations experiencing advertising revenue challenges, while trying to keep their communities abreast of the Coronavirus, and other major issues. CEMA has proactively taken their plight to the country's three levels of government, most recently to the Canadian Radio & Television Commission (CRTC), as part of the Canadian Ethnocultural Media Coalition, a consortium formed in conjunction with the Canadian Ethnocultural Council, Ethnic Channels Group, ICI Television and TLN Media Group to make the case for the importance of ethnic media in Canada.

CEMA firmly believes Canadian-owned ethnic media plays a critical role in Canadian society. As Ms. Ziniak explains, "For recent immigrants, and subsequent generations, ethnic media helps build an understanding and acceptance of this country, including the rights, privileges and responsibilities of Canadian citizenship. It encourages the continuity of cultural traditions and the reaffirmation of cultural identities by engaging community discourse." Also during this year, notably the 5th Anniversary of the CEMA Media Directory, the association has responded to the consistent demand for access to the Directory from all sectors, public and private, by undertaking the massive job of refreshing its listings to ensure complete and confirmed accuracy.

Ms Ziniak, is pleased the organization was able to mount its much anticipated annual recognition of Canada's multicultural community media. "The 43rd Annual Awards of Journalistic Excellence continue to platform Canada's best in the ethnic media landscape and to emphasize its

importance to Canadian audiences".

The Canadian Ethnic Media Association is happy to welcome the return of Ontario Creates as the Sponsor of the 43rd Annual Awards for Journalistic Excellence. Ontario Creates is an agency of the Government of Ontario that facilitates economic development, investment and collaboration in Ontario's creative industries including the music, book, magazine, film, television and interactive digital media sectors. For more information visit: [www.ontariocreates.ca](http://www.ontariocreates.ca).

The second virtual presentation of CEMA's Awards for Journalistic Excellence is produced by

Stan Papulkas, President of Hydra Films, Inc., Edmonton, Alberta. Stan is a veteran independent television producer and filmmaker with many years experience working with Canada's multicultural and multilingual television programmers.

For further information, please contact:

**Averill Maroun**  
**Canadian Ethnic Media Association**  
**Marketing and Media Relations**  
**Phone: 905-881-3955**  
**E-mail: [swam49@rogers.com](mailto:swam49@rogers.com)**  
**Website: [www.canadianmedia.com](http://www.canadianmedia.com)**

**Room for rent to a single lady,  
 immediate occupancy, CDN upper  
 duplex, close to all facilities.**



**To visit or get more info: please send your request to [filipinostar2@gmail.com](mailto:filipinostar2@gmail.com), or leave a voice mail at: 514-485-7861**





**EDUCATION**  
raises the bar  
but lowers the  
barriers to a  
**REWARDING**  
**CAREER.**



**7159, chemin de la Côte des Neiges  
Montreal, QC H3R 2M2 Cell: 514-506-8753  
Tel.: 514-485-7861 Fax: 514-485-3076  
E-mail: zbk@gilmorecollege.com**



College faculty and administration: L to R: Terry White, Clarice Mackay, Kadri Shérifi (Director of Studies), Zenaïda Ferry-Kharroubi (Director-General & Founder), Editha Fedalizo, Amy Manon-og and Sophie Toledo.



Proficiency Certificates in French 1 and 2 presented to: (L to R): Yuri Ynion, Lyka Ynion, Dalia Belen, Maricris Monis, Joan Mendoza and Randy Agno. Not in picture: Reyna Reginio (February 2019)

## PROGRAMS & COURSES

- **Nursing Aide (PAB/PSW)**
- **Office Automation**
  - **Executive Assistant**
  - **Legal Secretary**
  - **Medical Secretary**
  - **Accounting Technician**
- **Second Languages**
  - **English**
  - **French**
  - **Filipino**
  - **Spanish**
- **Accounting & Bookkeeping**
- **Keyboarding**
- **Microsoft Office**
- **Business French**
- **Business English**
- **Mandarin**
- **Translation**
- **Filipino to English or French**

## SEMINARS

- **Practical Writing Strategies**
- **Starting and Managing a Small Business**
- **Personality & Image Development**



Gilmore College International provides immigrants the tools for a successful career change. The training and the skills that I learned gave me the confidence to work as a nurses' aide.  
**Adele Lascano (October 2009)**



Gilmore College gave me the opportunity to start a new career. I got a job easily because I learned new things from the course which focused on how to care for the elderly and the sick. I'm proud to be part of Gilmore College International  
**Giselle Arellano (October 2011)**



Batch 11, PAB students on practicum at Chateau Westmount with their instructors seated: (L to R) Amy Manon-og, Terry White and Sophie Toledo