

# OPP arrest multiple protesters at Tyendinaga Mohawk rail blockade

BY RACHAEL D'AMORE GLOBAL NEWS

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The Ontario Provincial Police have arrested multiple people Monday at a railway blockade in Tyendinaga Mohawk Territory, which was set up nearly three weeks ago in solidarity with anti-pipeline protests in northern British Columbia.

The OPP action came hours after a midnight deadline calling for the protesters to clear the area expired. The OPP has not said whether anyone faces charges.

The blockade near Belleville, Ont. was established on Feb. 6 in a show of support for the hereditary chiefs of the Wet'suwet'en Nation, who oppose the construction of a massive natural gas pipeline on their traditional territory in B.C.



Supporters of the Wet'suwet'en hereditary chiefs block a CN Rail line just west of Edmonton Alta, on Wednesday February 19, 2020. JASON FRANSON / THE CANADIAN PRESS

Protesters were given until just before midnight ET to leave the tracks. The blockade, which has choked railway traffic across a significant swath of Ontario and Quebec, was still in place in the early hours of Monday morning.

Sources in the Mohawk community told Global News protesters had no intention of leaving, and that they were prepared for police arrival.

A stream of OPP vehicles descended on the site shortly after 8 a.m. Monday.

A number of protesters have been led away by officers, some in handcuffs, according to those at the scene.

However, OPP maintain that no arrests have been made, but that

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Rail blockades

# Novel coronavirus cases top 79,000 amid worsening outbreaks in South Korea and Italy

Hong Kong CNN) Chinese President Xi Jinping has warned the novel coronavirus is the worst public health crisis facing the country since its founding, as new outbreaks continued to expand in South Korea and Italy, raising fears of a global pandemic.

Speaking Sunday, Xi said the "current epidemic situation is still severe and complex, and the prevention and control work is at the most critical stage." The crisis is "the most difficult to



Medical workers in protective suits help transfer patients to a newly completed field hospital in Wuhan

prevent and control in China" since the founding of the People's Republic in 1949, Xi said. He added the outbreak was likely to have a "great impact" on the country's economy, but that epidemic prevention and control methods were beginning to have an effect.

Following Xi's address, China announced it would delay the annual gathering of nearly 3,000 national legislators in

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Novel coronavirus

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**From the  
Executive Publisher's Desk**

## **Important information about viruses and how they are transmitted**

**Zenaida Kharroubi**

As anyone may realize, we need to look at the past to learn from it as we often say, history has a way of repeating itself. When it comes to health issues such as the current COVID-19 (also known as the Novel Corona-virus), it is important to have accurate information and understand the disease.

We may recall that a similar emergency situation occurred during the outbreak of the SARS epidemic. SARS coronavirus (SARS-CoV) was identified in 2003. SARS-CoV is thought to be an animal virus from an as-yet-uncertain animal reservoir, perhaps bats, that spread to other animals (civet cats) and first infected humans in the Guangdong province of southern China in 2002.

An epidemic of SARS affected 26 countries and resulted in more than 8000 cases in 2003. Since then, a small number of cases have occurred as a result of laboratory accidents or, possibly, through animal-to-human transmission (Guangdong, China).

Transmission of SARS-CoV is primarily from person to person. It appears to have occurred mainly during the second week of illness, which corresponds to the peak of virus excretion in respiratory secretions and stool, and when cases with severe disease start to deteriorate clinically. Most cases of human-to-human transmission occurred in the health care setting, in the absence of adequate infection control precautions. Implementation of appropriate infection control practices brought the global outbreak to an end.

Symptoms are influenza-like and include fever, malaise, myalgia, headache, diarrhoea, and shivering (rigors). No individual symptom or cluster of symptoms has proved to be specific for a diagnosis of SARS. Although fever is the most frequently reported symptom, it is sometimes absent on initial measurement, especially in elderly and immunosuppressed patients.

Cough (initially dry), shortness of breath, and diarrhoea are present in the first and/or second week of illness. Severe cases often evolve rapidly, progressing to respiratory distress and requiring intensive care.

The distribution is based on the 2002-2003 epidemic. The disease appeared in November 2002 in the

Guangdong province of southern China. This area is considered as a potential zone of re-emergence of SARS-CoV.

Other countries/areas in which chains of human-to-human transmission occurred after early importation of cases were Toronto in Canada, Hong Kong Special Administrative Region of China, Chinese Taipei, Singapore, and Hanoi in Viet Nam.

Coronaviruses (CoV) are a large family of viruses that cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV). A novel coronavirus (nCoV) is a new strain that has not been previously identified in humans.

Coronaviruses are zoonotic, meaning they are transmitted between animals and people. Detailed investigations found that SARS-CoV was transmitted from civet cats to humans and MERS-CoV from dromedary camels to humans. Several known coronaviruses are circulating in animals that have not yet infected humans.

The 2019 novel coronavirus is now named severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2) while the disease associated with it is referred to as COVID-19.

SARS-CoV-2, was identified in China at the end of 2019 and is a new strain of coronavirus that has not been previously identified in humans.

Common signs of infection include respiratory symptoms, fever, cough, shortness of breath and breathing difficulties. In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death.

Standard recommendations to prevent infection spread include regular hand washing, covering mouth and nose when coughing and sneezing, thoroughly cooking meat and eggs. Avoid close contact with anyone showing symptoms of respiratory illness such as coughing and sneezing.

There is no specific treatment for this disease so the approach used to treat patients with coronavirus-related infections is to treat the clinical symptoms (e.g. fever, difficulty

breathing). Supportive care (e.g. supportive therapy and monitoring – oxygen therapy, fluid management and antivirals) can be highly effective for those infected.

The recent emergence of Wuhan coronavirus (2019-nCoV) has put the world on high alert for transcontinental transmission, reminiscent of the outbreak of SARS -- also a coronavirus -- in 2002-2003.

Decade-long structural studies by Fang Li of the University of Minnesota, et al. have shown how the SARS virus (SARS-CoV) interacts with animal and human hosts in order to infect them. The mechanics of infection by the Wuhan coronavirus appear to be similar. These investigators used the knowledge they gleaned from multiple SARS-CoV strains -- isolated from different hosts in different years -- and angiotensin-converting enzyme-2 (ACE2) receptors from different animal species to model predictions for the novel Wuhan coronavirus. (Both viruses use ACE2 to gain entry into the cell, but it serves normally as a regulator for heart function.)

"Our structural analyses confidently predict that the Wuhan coronavirus uses ACE2 as its host receptor," the investigators wrote. That and several other structural details of the new virus are consistent with the ability of the Wuhan coronavirus to infect humans and with some capability to transmit among humans.

"Alarmingly, our data predict that a single mutation [at a specific spot in the genome] could significantly enhance [the Wuhan coronavirus's] ability to bind with human ACE2," the investigators write. For this reason, Wuhan coronavirus evolution in patients should be closely monitored for the emergence of novel mutations at the 501 position in its genome, and to a lesser extent, the 494 position, in order to predict the possibility of a more serious outbreak than has been seen so far.

The research is published in the Journal of Virology, a journal of the American Society for Microbiology. The study provides the basic, translational and public health research communities with predictive insights that may help study and battle this novel coronavirus.

*Sources of reference: Various news articles gleaned from different websites.*

## **COMBATTING RACIAL PROFILING**

### **The opposition demands the deployment of body cams within the SPVM**

Montreal, February 4, 2020 - One year after the Plante administration's refusal to deploy body-worn cameras for SPVM officers, a coalition of elected municipal representatives and community groups is returning to the table to demand the rapid implementation of body cams in the police department to effectively combat racial profiling. Ensemble Montreal will table a motion to this effect at the next Municipal Council session.

"With regard to racial profiling, in the past year, there's been no improvement. On the contrary, things have gotten worse. Last October, a report on police stop-and-checks revealed that indigenous and black people are between 4 and 5 times more likely than whites to be stopped by SPVM officers. As for people of Arab origin, they are on average twice as likely to be stopped as a white person," said Mr. Abdelhaq Sari, Ensemble Montréal spokesperson for public safety.

Independent Councillor Marvin Rotrand agrees: "For years, the SPVM has been insisting that it takes racial profiling issues seriously with its action plans, policies and employee training. There's been lots of lip service, but very little concrete action. Last year, it had an opportunity to act by recommending the adoption of body-worn cameras after completing the pilot project. But it refused, claiming the costs were too high. That's truly regrettable."

The main arguments that the SPVM advanced for not recommending the use of body cams are also challenged in a new report\* prepared for Mr. Rotrand. He claims the SPVM improperly assessed the costs of the project as well as the impact of body cams on public confidence.

"According to the SPVM, it would cost \$17.4 million to implement the technology, and \$24 million per year in staff and management costs. These costs are excessive and reflect neither reality nor the many technologies on the market. For example, they chose the most



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**The opinions expressed by the writers and columnists do not necessarily reflect that of the management of the North American Filipino Star nor its editors.**



# Two SPVM stations to merge as CDN-NDG loses 'essential service'

BY ALESSIA SIMONA MARATTA  
GLOBAL NEWS

Posted February 18, 2020

Montreal police (SPVM) confirmed on Tuesday that station 11 in the Côte-des-Neiges—Notre-Dame-de-Grâce borough will close and integrate into station 9 in Côte Saint-Luc later this year.

Police spokesperson André Durocher said the integration of both police stations is strictly for operational, not financial, purposes, saying the goal is to form a greater "critical mass."

He added that the move will not result in the loss of any officers. "By having a bigger group we're able to undertake better projects [and] better serve the population," Durocher said.

SPVM officials have been meeting with elected officials and civil servants in the affected boroughs for the past several weeks to inform them of the plan, which Durocher said will

expensive technology for video data storage, while other cities are doing it for much less with other technologies," explained Mr. Rotrand.

"These cameras have proven their worth in other cities. They protect both the residents and the police. The captured video provides an additional tool to complement officers' event reports, facilitates evidence sharing with Crown prosecutors, improves public perception of the role of police, and decreases vexatious and unfounded complaints against police officers. Our motion calls on the Plante administration to review its previous decision and authorize deployment of body cameras as fast as possible", said Mr. Sari.

## Significant support

The motion presented by Ensemble Montréal is supported by many groups and organizations that defend the rights of Montrealers from diverse origins. Among these are the



**Police spokesperson André Durocher said the integration of both stations is strictly for operational purposes, saying the goal is to form a greater "critical mass." . Sylvain Trudeau/Global News**

Center for Research-Action on Race Relations (CRARR), pointing out that such a motion is highly appropriate at the start of Black History Month.

"What Montrealers tell us is that the issue of racial profiling is far from being resolved. We have to put the subject of body cams back on the table. Let's not forget that the technology has greatly evolved since the pilot project ended in 2017. We are of the opinion that body cameras will protect both police and residents. It's a win-win solution," said Mr. Alain Babineau of CRARR.

Also, the Vice President and founding member of the Muslim Association of Montréal-North, Mr. Abdelaziz Rzik, lent his voice to those of other agencies in favour of the motion. Mr. Rzik was notably a member of the Arab communities' SPVM oversight committee from 2008 to 2018.

"I worked for more than 10 years on relations between the Arab community and the SPVM; it's a subject that's very dear to me. My goal has always been to combat profiling and enable mutual respect between police officers and the members of my community. Real action is required to enable us to work together: they must deploy these body cameras," he said.

The motion will be debated at the February 24 session of the Municipal Council.

\* Click here to read the report Bilan du projet-pilote de caméras portatives à Montréal: contre-analyse et pistes pour l'avenir (in French) : [HYPERLINK "https://bit.ly/3961Gjp"](https://bit.ly/3961Gjp)  
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take effect sometime between end of summer and early fall.

On Thursday, Côte Saint-Luc Mayor Mitchell Brownstein sounded the alarm about the news, saying he worries a merger could lead to a drop in services.

"Our concern would be that more police officers would be taken out of our city to go to the higher-crime areas in NDG," Brownstein said.

Côte-des-Neiges—Notre-Dame-de-Grâce mayor Sue Montgomery said on Tuesday she was disappointed to learn of the closure of the station in her borough. "Policing is an essential service in our community. In order to build strong community relations, police officers need to be present and know our community."

She added that station 11 has been "breaking barriers and building trust with residents of NDG, especially newcomers."

According to Durocher, part of the decision is due to an "an evolution in terms of crime [and] where our resources are needed."

The police force said that more officers will be out on the road patrolling and fewer will be in the office. The exact date of the move or where the integrated station will be located in Côte Saint-Luc are still unconfirmed.

**Côte Saint-Luc Mayor Mitchell Brownstein is sounding the alarm over a possible merger between two Montreal police stations, PDQ 9 and PDQ 11.**

BY ANNABELLE OLIVIER GLOBAL NEWS Posted February 13, 2020

Station 9 is located in Côte Saint-Luc and serves the communities of Côte Saint-Luc, Montreal West and Hampstead, while PDQ 11 is located in the borough of Côte-des-Neiges—Notre-Dame-de-Grâce.

Brownstein learned about the

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# From Page 1 Rail blockades

enforcement of the court-ordered injunction "may include the arrest of those who choose not to comply."

"Use of force remains a last resort," the provincial force said in a statement, adding that no injuries have been reported.

"The OPP will continue to follow and engage in communication while enforcing the injunction. Open communication, a reasoned and tempered approach, and proper use of police discretion guides the OPP's response to this and other major events."

While the situation was tense, both sides appeared to engage in a discussion, though it's unclear what about.

Many of those arrested were placed in a police van. They could be heard banging on the walls and singing songs in unison from inside.

In a live stream posted on Facebook by local Indigenous media outlet Real Peoples Media, reportedly taken about 15 minutes after OPP arrived, dozens of officers stand face-to-face with protesters.

"Look at all these guns against us. How many years? How many years have you had these guns against us?" one protester asks police in the video. The officers do not respond.

"This is Mohawk territory you're on. You guys are trespassing."

The move to dismantle the Ontario blockade comes after Prime Minister Justin Trudeau demanded injunctions be enforced Friday.

"Every attempt at dialogue has been made but discussions have not been productive. We cannot have dialogue when only one party is coming to the table," he said during a press conference Friday. "The fact remains: the barricades must now come down. The injunctions must be obeyed and the law must be upheld."

He convened his cabinet's incident-response group on the matter shortly after police moved in on Monday morning.

There was no official word on what was decided during the meeting. Public Safety Minister Bill Blair told reporters on his way out that while the government is committed to reconciliation and a path forward on the pipeline dispute, the impact of the rail blockades has been so significant that the blockades must come down.

Meanwhile, as police begin the work to dismantle the barricade, more protesters are scheduled to arrive on Parliament Hill.

A group of youth climate activists had been set to protest against the Teck Resources' Frontier oilsands project but following the news that broke overnight that the company has pulled back their application for the project, those activists sent out a press release saying they will now be switching the focus of their protest to

standing in solidarity with the Wet'suwet'en First Nation.

Police move in on a Wet'suwet'en solidarity blockade set up near a vital rail line in eastern Ontario on Feb. 24, 2020.

The blockade near Belleville has forced sporadic suspensions and cancellations in service by both Via Rail and CN Rail. Many routes remain halted, but some have resumed.

Sources within the Mohawk territory told Global News that there had been discussions within the community about whether to take down the barricades to avoid charges. The same source acknowledged that some people are weary after weeks of protesting.

The Wet'suwet'en hereditary chiefs say the pipeline cannot proceed without their consent, despite the fact Coastal GasLink has received support from a number of other elected band councils along the 670-kilometre pipeline.

The dispute has sparked solidary protests across the country in recent weeks, including in Quebec, Manitoba, Saskatchewan and several locations in B.C.

In Kahnawake, just south of Montreal, protesters have set up a blockade in the Mohawk community there, effectively halting train traffic. The supporters held another demonstration Monday — this time near a major bridge near Highway 132.

In a statement early Monday

morning, the Mohawk community in Tyendinaga said they had no intention of leaving until three "pending issues" are seen to:

the RCMP leaves the Wet'suwet'en territory in B.C. a follow-up meeting is had with Indigenous Services Minister Marc Miller concern for the safety of families "if any use of force" by police were to occur

"There has always and continues to be, a willingness from the Tyendinaga Mohawks to discuss an exit strategy of the CN Rail Main Line," the statement reads.

"We are currently waiting on confirmation from the Wet'suwet'en Hereditary Chiefs that the RCMP have left Wet'suwet'en territory, as they have just arrived home from visiting our lands."

The chiefs visited supporters this week in Tyendinaga and Kahnawake, just south of Montreal, where they told crowds that their conditions for talks to resume had not been met.

According to RCMP, a mobile unit on the Wet'suwet'en territory in B.C. has been temporarily closed. The spokesperson told Global News on Saturday that discussions were underway with the RCMP deputy commissioner about its future in the area.

—With files from The Canadian Press and Global News' Amanda Connolly

# From Page 1 Novel coronavirus

Beijing, according to state media on Monday, underscoring the continuing impact and severity of the outbreak.

The National People's Congress's Standing Committee voted to delay the full session of the (NPC), the country's rubber-stamp parliament, which had been scheduled to start on March 5. No new date has been announced.

As of Monday, there were at least 77,150 confirmed cases in mainland China, bringing the global total to more than 79,000, with the death toll at 2,620.

A total of 27 of those deaths have occurred outside of mainland China, a major spike from a week ago, when only five deaths had taken place outside China, and most of those involving people who had a direct link to the country.

Major new outbreaks are also now developing in South Korea, Iran and Italy, with dozens of confirmed cases and multiple deaths.

South Korea's Centers for Disease Control and Prevention announced on Monday that 70 additional coronavirus cases have been confirmed, bringing the country's total to 833.

South Korean President Moon Jae-in said the country was at a "watershed moment" Sunday, as he issued the highest level of national alert and ordered new resources to tackling the outbreak, which is largely focused on the southern city of Daegu but has spread throughout the East Asian country, including among the military.

The Ministry of Defense of South Korea confirmed Monday that an additional four soldiers had been confirmed to have contracted the virus, bringing the total of military personnel to 11. There are fears that the outbreak could spread quickly among troops living in close confines, and potentially spread to US forces stationed in Korea.

'Witch hunt'

In the South Korean city of Daegu, the outbreak has been centered around the Shincheonji religious group.

Some 300 members of the group have tested positive for the virus, and more than 9,000 practitioners have been put into self-isolation while they are tested by health authorities. The infection is believed to have spread rapidly because of the mass worship sessions the group holds, which puts them in close contact with one another for long periods of time.

A Christian-inspired new religious movement centered around the personality of its founder and chairman, Lee Man-hee, the outbreak has brought intense scrutiny and no small amount of hostility on the group. Of those South Koreans who identify as religious, more than 60% belong to a mainstream Christian denomination. Kim So-il, a project director at Shincheonji, compared the recent criticism of the group to a "19th century witch-hunt."

"It's unfair that all people rebuke Shincheonji," he told CNN, adding that the group was in "great difficulty" right now.

Speaking Sunday, a Shincheonji representative told

reporters that practitioners are the "biggest victims" of the virus, and urged people to "refrain from hate and groundless attack."

Police in Daegu said Sunday that they had deployed about 600 officers to locate the 670 members of the Shincheonji religious group whose whereabouts are unknown. Officers were visiting their registered addresses and using telecommunications service providers' location tracking information, police said.

According to the South Korean law on the prevention of infectious diseases, health authorities are able to seek help from police and telecommunication service providers are obliged to provide information when requested by the police.

The virus has spread beyond the Shincheonji members, however, with separate outbreaks in a hospital near Daegu, as well as among the country's military. As of Monday, more than 760 cases had been confirmed nationwide, and seven deaths.

Italy locked down

Outside of Asia, there have been a spike in cases in Italy and Iran, renewing fears that the virus is spreading globally despite numerous travel restrictions placed on China.

Authorities in Italy announced sweeping closures across the country's north and emergency measures Sunday as they scrambled to contain Europe's largest outbreak. More than 130 cases have been confirmed in Italy so far, and three deaths.

"We still cannot identify patient zero, so it's difficult to forecast

possible new cases," Angelo Borrelli, head of the country's Civil Protection agency, said at a Sunday news conference.

Strict emergency measures were put in place over the weekend, including a ban on public events in 10 municipalities, after a spike in confirmed cases in the northern regions of Lombardy and Veneto.

Italy's Health Minister Roberto Speranza announced severe restrictions in the affected regions, which included the closure of public buildings, limited transport, and the surveillance and quarantine of individuals who may have been exposed to the virus.

"We are asking basically that everyone who has come from areas stricken by the epidemic to remain under a mandatory house stay," Speranza said at a Saturday press conference.

Italy's top soccer league, Serie A, canceled at least three games scheduled to be played in Lombardy and Veneto regions.

The country's fashion capital, Milan, announced it would close its schools starting Monday for a week. School trips inside and outside Italy were also being canceled from Sunday, according to a statement by Italy's Ministry of Education.

Global concerns Speaking Sunday, World Health Organization Director-General Tedros Adhanom Ghebreyesus said the "window of opportunity is narrowing" to contain the worst of the outbreak to mainland China.

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# B.C. confirms seventh case of COVID-19, bringing total number of Canadian cases to 11

The man, in his 40s, is a close contact of the sixth case in the province — a woman in her 30s, from Iran

VICTORIA — A seventh case of the novel coronavirus has been diagnosed in British Columbia, bringing to 11 the number of cases in Canada.

Provincial health officer Dr. Bonnie Henry said Monday a man in his 40s who is a close contact of the sixth case in the province has been diagnosed with COVID-19.

The man had symptoms before the woman's diagnosis, Henry said.

"There were a few additional close contacts that he had that have now been identified over the weekend and are also in isolation and being monitored carefully," she added.

The sixth case involves a woman in her 30s whose diagnosis was confirmed last week after she returned from Iran.

Cases of COVID-19 diagnosed at the BC Centre for Disease Control no longer require confirmation at the National Microbiology Laboratory in Winnipeg because the province's testing has been validated, Henry said.

She said health officials are hoping the new coronavirus will be similar to influenza and other respiratory viruses that circulate



A passenger wears a mask at the international arrivals area at the Vancouver International Airport in Richmond, B.C., Jan. 23, 2020. Jonathan Hayward/THE CANADIAN PRESS

during winter and typically wane in early spring.

"But we are not out of the woods yet, and really that buys us time," she said.

If the virus can't be contained and eradicated from human transmission, Henry said it might arise next influenza season, by which time anti-viral medications and a vaccine could be developed.

Screening people at airports is challenging and limited, so

countries like Iran, which has an increasing number of COVID-19 cases, should not allow people with symptoms to fly elsewhere, Henry said.

"They've (Iran) been putting screening measures in place, I understand, and South Korea has actively been doing that," she said.

"We do ask everybody that's coming here to ensure that they monitor carefully for symptoms. We will be stepping up our advice on

that."

Anyone with symptoms should limit their contact with others and contact their primary care provider, local public health office or call the 811 healthline to reduce the possibility of passing the virus on to others, Henry said.

Many more Canadians who were outside of the country have tested positive for the new coronavirus.

They include 129 people who were aboard the Diamond Princess cruise ship, which was docked in Yokohama, Japan, since early February, being repatriated to Cornwall, Ont., on Friday. They will be in isolation for 14 days.

"We are watching very carefully," Henry said. "Although there is widespread transmission of some areas of the world we are not in that position yet but we are preparing for that, we are preparing for all of the possibilities that we might see over the coming weeks."

Of the seven cases, the first has fully recovered, Henry said. The other six patients remain in self-isolation at home and under the care of public health teams.

A fourth case of the virus was confirmed in Ontario on Sunday, with the previous three cases cleared of the illness.



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# Tagalog Seksyon

## Opinyon/Komentaryo ni Willie Quiambao

### MANUEL AT BAUTISTA ANG LEGAL NA PANGULO AT ACCOUNTANT NG FAMAS 2017-2019

Pagkatapos ng dalawang taong paglilingkod nang walang legal status sa FAMAS mula 2017 hanggang 2019, masasabi na ni Cesar Manuel at Pia Dulce Bautista na sila ang tunay na pangulo at accountant ng FAMAS mula 2017 hanggang 2019. Hindi pinakinggan ng korte ang hiling ni Dante Tabamo na huwag gawin ni Manuel at Bautista ang kanilang tungkulin pagkatapos ng eleksyon noong 2017 dahil sa mga maling naganap at mga irregularity tulad ng bilangan ng balota at pag-uwi ng mga

ito sa apartment ng COMELEC chairman. Ilan sa mga dahilan kaya hindi pinagbigyan ng korte ang hiling ni Tabamo ay siya ang may burden of proof subalit hindi niya napatunayan ang kaniyang mga paratang at ang hindi niya pagtutol sa pagkahalal sa labing-isa pang miembro ng Executive Board na kabilang sa Malaya -

### ANG KAHALAGAHAN NG PAG- UULAT NG TUMPAK NA BALITA

Moong Enero 26 ay iniulat ni Matt Gutman ang pagkamatay ni Kobe Bryant kasama ang apat na anak sa pagbagsak ng helicopter na sinasakyan nila. Ang katotohanan ay isa lamang sa kaniyang mga anak ang namatay. Humingi kaagad ng

paumanhin si Gutman subalit huli na. Nasuspende na siya ng ABC na walang bayad. Sa pagmamadali siguro ni Gutman na makakuha ng scoop o makaunang makakuha ng mahalagang balita, hindi niya na hinintay ang iba pang impormasyon. Mahalaga ang makakuha ng scoop subalit mahalaga rin ang makapag-ulat ng tumpak na balita upang hindi mawala ang tiwala ng mga tao sa reporter. Noong 2015 ay nasuspende rin si Bryan Williams ng NBC dahil sa pag-uulat niya ng maling balita. Ini-ulat niya na kasama siya sa helicopter na napababa sa Iraq nang tamaan ng rocket-propelled-grenade. Hindi nagtagal ay natuklasan na pinaganda (embellished) niya lamang ang kaniyang balita. Maraming reporter ang gumagawa ng kaniyang ginawa. May hindi sang-ayon sa pagsuspende kay Gutman. "Human error daw iyon", sabi ng marami. Naniniwala ako sa second chance. Subalit pagsisinungaling ang ginawa ni Williams. May kilala akong reporter na tulad ni Williams na pinagaganda lamang ang balita. Ang halimbawa ay ang malimit isulat mg taong kilala ko na dati siyang gobernador ng isang lalawigan sa Pilipinas. Mismong asawa niya ay nagsasabing hindi totoo

iyon. Isinusulat niya rin na naging kaklase niya sa University of the Philippines ang isang dating senador na tumakbo sa pagkapangulo ng Pilipinas. Mahilig siyang humabi ng kasinungalingan. Magkakasakit siya kung hindi niya magawa iyon.

### KAILANGANG MAG-REGISTER NANG PERSONAL ANG NAGPAPAREGISTER NG ADVANCE UPANG MAKABOTO

Naglalakad ako sa Plamondon nang may masalubong akong kakilala na nagsabing, "May tumawag sa akin noong eleksyon sa FAMAS at pinakukuha na ang aking registration card upang makaboto," sumbong niya sa akin. "Paano at saan nakuha ang pangalan, address at iba pang impormasyon sa akin?" "Saan pa kundi sa lumang membership lists? paliwanag ko. Hindi alam ng mga botamte na pinare-register na sila ng mga kandidato kaya hindi sila nakapupunta sa botohan. Iyon ang dahilan kaya kung minsan ay hindi magkatugma ang bilang nga talagang bumoto at nakalagay ang pangalan sa membership lists. Kung minsan ay patay na o wala rito ang mga pangalan sa membership lists. Nangyari ito mga ilang taon na ang nakararaan. Flying voters.

From Page 4 Novel coronavirus

"Although the total number of cases outside China remains relatively small, we are concerned about the number of cases with no clear epidemiological link, such as travel history to China or contact with a confirmed case," he said. The increase in cases in Iran, South Korea and Italy "is also a matter of concern and how the virus is now spreading to other parts of the world," Tedros added.

Members of the G20, currently meeting in Saudi Arabia, warned that the coronavirus poses the greatest risk to the global economy.

"Global economic growth remains slow and downside risks to the outlook persist, including those arising from geopolitical and remaining trade tensions, and policy uncertainty. We will enhance global risk monitoring, including of the recent outbreak of Covid-19. We stand ready to take further action to address these risks," according to the final document of the conference.

The host of the G20 meeting, Saudi Finance Minister Mohammed Al Jadaan, said that countries will be ready to act on the risk coronavirus poses to commerce.

"We all agreed that all countries and states will be ready to intervene as needed to face these risks and it'll be a multilateral intervention including the WHO (World Health Organization) to monitor these risks and use relevant policies as needed," Jadaan said.

US stock futures dropped Sunday evening as the coronavirus outbreak continues to spread globally. CNN's Steven Jiang, Lily Lee and Shanshan Wang contributed reporting from Beijing; Yoonjung Seo, Sophie Jeong and Jake Kwon contributed reporting from Seoul; Livia Borghese contributed reporting from Rome; Ben Tinker contributed reporting from Atlanta; Jessie Yeung, Carly Walsh and Helen Regan contributed reporting from Hong Kong.

From Page 3 Mayor Brownstein

proposed merger in a meeting with police two weeks ago.

"What we've been told is that we would not be losing a station, it would remain Station 9 but instead of 30 officers, there might be a 100 working out of that location," he said.

The plan, according to Brownstein, is that police will rent a bigger space at the current location on the corner of Westminster Avenue and Côte Saint-Luc Road.

But Brownstein worries a merger could lead to a drop in services and is arguing in favour of the status quo.

"Right now, we're happy with the coverage we're receiving in our city," he said. "It could be better but we don't want it to be worse.

"Our concern would be that more police officers would be taken out of our city to go to the higher-crime areas in NDG."

Côte-des-Neiges—Notre-Dame-de-Grâce Mayor Sue Montgomery refused to comment on the issue, citing a lack of available information.

But Brownstein said she should be concerned, pointing out that a local police detachment is important for developing strong community ties.

"Having a local neighbourhood police station is really a good thing," he said.

"We have a great relationship with the commander, we work on many issues together and they understand our community."

It's not known when and if the police department will go ahead with the merger, but Brownstein felt it was important to come forward with his concerns.

In a statement to Global News, Montreal police said they were not able for the time being to confirm anything regarding a possible merger.

## Coronavirus risk to Quebecers is low, says public health director

Susan Schartz (Montreal Gazette) February 25, 2020

As Canada's 11th case of the coronavirus disease causing the respiratory infection COVID-19 was diagnosed on Monday in British



This picture provided by a passenger, Lolita Wiesner, on Feb. 21, 2020, shows medical personnel employees in protective gear serving breakfast and checking temperature for signs of fever to the Canadians evacuated from the Diamond Princess cruise ship, inside a charter plane on their way back from Japan to Canadian Forces Base Trenton on Feb. 20. LOLITA WIESNER / HAND-OUT/AFP VIA GETTY IMAGES

Columbia and new cases in Italy, Iran and South Korea rattled investors and sent stocks tumbling, Quebec's director of public health, Dr. Horacio Arruda, gave a press briefing at which he stated that "there is no coronavirus here in Quebec" and that the risk to Quebecers remains low.

He repeated advice he has given previously. "If you have a respiratory illness, make sure you don't contaminate others. Cough into the crook of your arm, use tissues or handkerchiefs and wash your hands very frequently."

Arruda also addressed the case of a passenger in her 30s travelling from Iran who flew into Montreal on Feb. 14 from Istanbul en route to Vancouver. Air Canada learned Feb. 22 from British Columbia health authorities that the woman has since tested positive for COVID-19. Hers was the sixth case diagnosed in the province. Monday's

presumptive diagnosis is in a man in his 40s who is a close contact of hers, according to the B.C. Centre for Quebec public health authorities will be contacting passengers seated within three rows of the woman, Arruda said, and those passengers would be in voluntary isolation until 14 days after the date the flight landed.

"It is precautionary," he said. "The risk of contacting the disease is low."

In response to a reporter's query about whether contacting only passengers seated near the woman was sufficient, Arruda replied: "I think it's adequate." He explained that the illness, transmitted by droplets, is less contagious than, say, chickenpox or measles. The passenger "was not very symptomatic on the flights" and even those passengers seated three rows in front of her or behind her are not at risk, he said.

The Public Health Agency of Canada has assessed the public health risk associated with COVID-19 as low for Canada.

On the other hand, the epidemic is affecting a growing number of countries, Arruda said, and it might become necessary to adopt measures in view of that.

Italian officials cut short the Venice Carnival on Sunday, for instance, to try to control Europe's worst outbreak — seven deaths there had been reported by Monday — and quarantines are place near Milan and Venice. Turkey has stopped incoming flights from Iran after dozens of cases were reported.

According to the World Health Organization, there were 79,407 confirmed cases of the illness by Monday and 2,622 deaths reported, nearly all in China. Outside China, there have been 2,069 confirmed cases in 29 countries and 23 deaths reported.



# Leading candidates turn their attention to Bernie Sanders as he gains momentum in early primary contests

By Maeve Reston, CNN

Updated 8:37 PM ET, Tue February 25, 2020

(CNN)All of the top Democratic candidates turned their fire on Vermont Sen. Bernie Sanders in the opening minutes of Wednesday's 10th Democratic presidential primary debate, underscoring the sudden urgency in halting his momentum.

Sanders managed a quick opening shot at former New York Mayor Michael Bloomberg, targeting his wealth, when asked to explain how he would campaign against Trump when the economy is doing so well.

"You're right the economy is doing really great for people like Mr. Bloomberg and other billionaires," Sanders said to laughter. But after that moment, he was continually on defense.

Bloomberg immediately turned on Sanders, arguing that "Russia is helping you get elected."

Massachusetts Sen. Elizabeth Warren jumped into the conversation by taking a rare shot at Sanders, her longtime ally.

"Bernie and I agree on a lot of things, but I think I would make a better president than Bernie," she said. "The reason for that is that getting a progressive agenda enacted is going to really, really hard, and it's going to take someone who digs into the details to make it happen."

She noted that when she had outlined a more detailed explanation of how she would pay for "Medicare for All," "Bernie's team trashed me for it."

"No," Sanders responded, standing next to her and shaking his head.

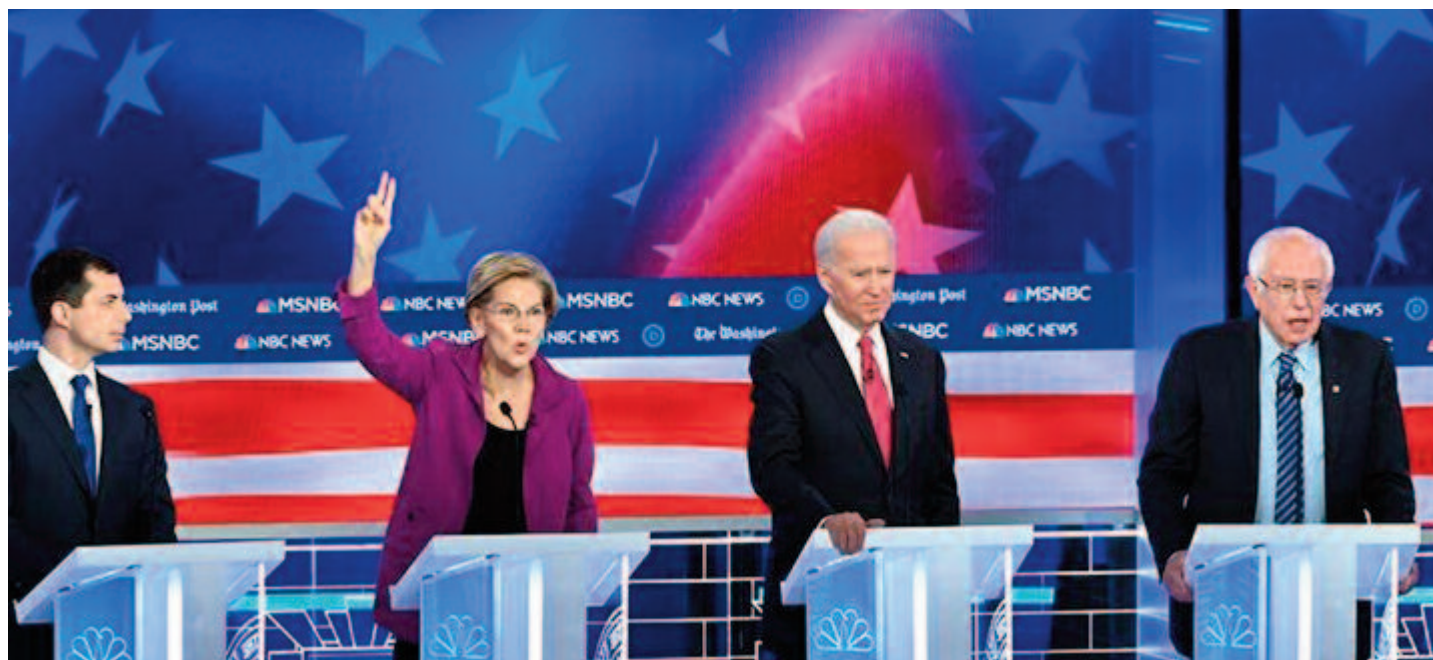
Asked why Russia would want to help Sanders' campaign, former South Bend, Indiana, Mayor Pete Buttigieg said Russian leaders wanted to sow chaos.

"They want chaos and chaos is what's coming our way," Buttigieg said. He described the past three years under Trump as "chaotic, divisive, toxic and exhausting."

"Imagine spending the better part of 2020 with Bernie Sanders versus Donald Trump," Buttigieg said. Sanders was always likely to be the main target on Tuesday, rather than Bloomberg, who is not participating in Saturday's contest in South Carolina because he decided to skip the first four primary and caucus states.

With the exception of Buttigieg, the 2020 Democratic contenders have generally handled Sanders with a light touch in prior debates. Former Vice President Joe Biden and Sanders have clashed over "Medicare for All," and Biden and the other candidates have increasingly faulted Sanders for not outlining exactly how he would pay for some of his pricier proposals. Sanders has said he would pay for his plans, in part, through a tax on Wall Street speculation.

But if Sanders pulls off a sizable delegate haul in Tuesday's contests, it could become theoretically impossible for other candidates to



Mayor of South Bend, Indiana, Pete Buttigieg, Senator Elizabeth Warren, Former Vice President Joe Biden and Senator Bernie Sanders participate in the fifth Democratic primary debate [File: Saul Loeb/AFP]

catch up to his delegate count, with 1,991 delegates needed to clinch the Democratic nomination.

Buttigieg, Bloomberg and Biden all foreshadowed the attacks they would use on Sanders in recent days.

After his first strong showing in Iowa and his wins in New Hampshire and Nevada, several polls have showed Sanders encroaching on Biden's once-dominant lead among black voters. The former vice president targeted Sanders' record on guns, faulting him for voting against the Brady Bill in 1993. He noted that he had advocated for a longer waiting period in the bill before a person could make a handgun purchase, and that Sanders had opposed that. Biden then invoked the 2015 massacre at Mother Emanuel AME Church in Charleston.

"I'm not saying he's responsible for the nine deaths, but that man would not have been able to get that weapon had the waiting period been what I suggested," he said.

Other candidates look for major moment

Biden's campaign also put out a digital ad this week taking Sanders to task for stating in 2011 that it would be a "good idea" if then-President Barack Obama faced some "primary opposition" in his quest for reelection. Bloomberg, who has spent more than \$450 million on television ads in the states beyond South Carolina, has also targeted Sanders as a socialist whose views are out of step with mainstream America. He is expected to highlight his disagreements with Sanders on gun issues, which was the focus of a new ad he released this week.

Like other Bloomberg advisers, O'Brien predicted that his own candidate has now gained his "sea legs" and would be better prepared for any attacks that come his way tonight.

"I think he has to be ready to be the target of everyone else on stage," O'Brien said. "There was something of a circular firing squad in the last debate. I think he got his sea legs halfway through that debate, but he has to have his sea legs at the

beginning of the debate tonight for sure."

Biden is fighting for survival, counting on the support of black voters who dominate the primary in the Palmetto State to carry him to victory in a place that he once called his firewall.

Buttigieg, Warren and Minnesota Sen. Amy Klobuchar are all hoping for breakout moments that would lend an air of viability -- and an infusion of cash -- to their campaigns as they head into Tuesday's blockbuster primary, where 14 states and one territory will award a total of 1,357 delegates.

Warren's impressive performance in the Las Vegas debate,

where she took Bloomberg to task for sexual harassment and gender discrimination lawsuits against himself and his company, gave a much-needed jolt of energy to her campaign. The Massachusetts senator raised \$9 million over three days, according to her campaign manager, granting her a reprieve at a time when federal campaign finance reports show she was running out of money.

Bloomberg last week did offer to release three women from their nondisclosure agreements, if they contacted his company.

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## The future of work and what to do to get prepared for it

It is part of life to cope with changes - nothing remains the same. Even though this is a common knowledge, preparing for these changes and knowing how to cope with them are still something complicated for most people.

To give everyone an overall perspective on what the future of work looks like, we have found an article that explains how things are changing and to learn how to prepare for the transition that shall have an impact on everyone's current and future job.

### The 100 Year Life - How to Prepare for the Future of Work

How would you stay relevant if you had to work well into your 70s, or even 80s? This is a question many post-millennials may eventually have to answer, and one that has huge implications for the future of work, and our place in it.

Human life expectancy has been increasing by up to three months per year for over a century, and there's no sign of it slowing down. In their book *The 100 Year Life*, authors Lynda Gratton and Andrew Scott draw on a 2009<sup>1</sup> study to show that if the trend continues, more than half the people born in developed nations after 2000 may indeed see their 100th birthdays.

With improved longevity, delayed retirement is becoming a real consideration for those in the current workforce. Whether it's through choice or financial need, new professionals are starting to leave the corporate

world later than ever before. In fact, practically all Western countries are seeking to shift the age of retirement past 65 and place it more in line with our future life expectancies.<sup>2</sup>

As stated by Harvard Business Review, unless people are prepared to put away a lot more, those in their mid-40s are likely to work until their early 70s; and for workers in their early 20s, there's a real chance they will need to work until their late 70s or possibly even into their 80s.<sup>3</sup>

Tie this to how quickly the job market changes, and it re-emphasises how important it is to stay on the front foot with ongoing learning and re-skilling.

### The struggle to stay relevant

As our careers could potentially reach a span of up to six decades and the nature of our work continues to change, the education we obtain in early adulthood will simply not be enough to keep us qualified over the many years that follow. According to the World Economic Forum, 35% of the skills that workers needed in 2018 - regardless of industry - will have changed by 2020.<sup>4</sup>

This makes the concept of lifelong learning an absolute necessity if you want to not only stay relevant, but keep growing in the face of disruption.

### The changing nature of careers

Over the past 70 years or so, the typical employee has largely followed a traditional 'three-stage life' approach. You get your tertiary education. You find a job and climb the

corporate ladder. You retire. This has built a comfortable and reliable path of progression and learning.

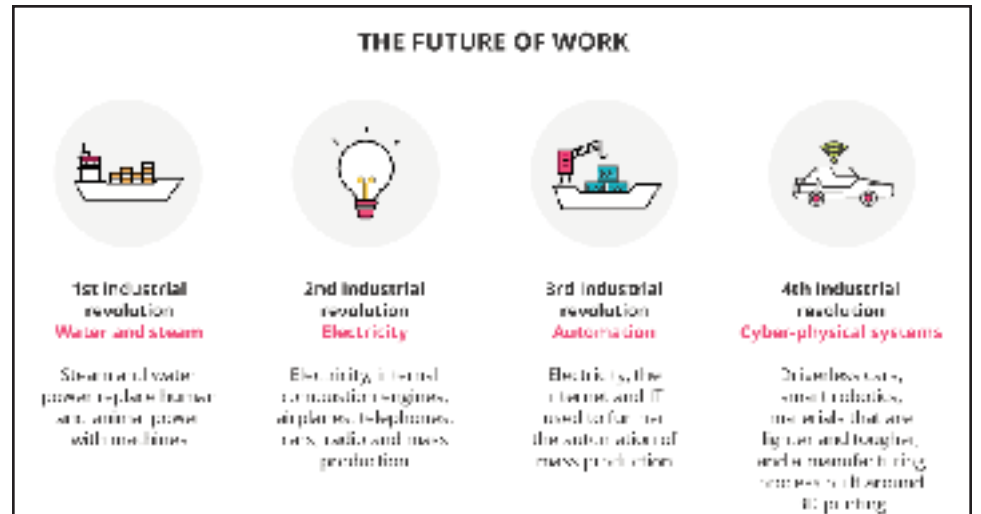
But this way of working is quickly changing. Organisations have become flatter, and our careers much more fluid. When you're expecting to live for longer, the traditional life model can transform into something far more complex, allowing you to pivot and reinvent yourself over and over.

While in the past many professionals would choose to stick to one career path, today 37% of working people believe they will completely change careers within just five years.<sup>5</sup> This is making companies rethink the way they design their organisations. In fact, 58% of companies now believe that their new employees will stay at

be almost no sector left unaffected in the future world of work. In fact, some say that 30% of all activities can be completely automated in six out of 10 jobs,<sup>11</sup> leaving many professionals needing to learn new skills in order to redesign their work for the future.

### Hybrid professions

While the technological revolution has brought about a lot of automation, it's also brought about opportunities for growth in the form of hybrid professions. Over the last few years, programming and data analysis have become far more accessible to less technical workers. New tools have had a democratising effect - with technical and analytical functions no longer the exclusive domain of 'experts', they can be harnessed to



their company for less than 10 years.<sup>6</sup> This has prompted them to change their employee growth paths and relook at careers within their business. Today, 83% of companies believe their employees will have 'open careers' within three years, and only 19% will have structured careers.<sup>7</sup>

### The fourth industrial revolution

As technology evolves, this trend is only accelerating. Job descriptions are changing quickly as disruptive tech flips the script on what's needed and what's not. The rapid pace of innovation has the potential to make many current expertise outdated in only a few short years. According to Deloitte, the half-life of technical skills is now approximately just two years.<sup>8</sup> As such, there's constant pressure to master new technologies or risk becoming obsolete.

"We stand on the brink of a technological revolution that will fundamentally alter the way we live, work, and relate to one another. In its scale, scope, and complexity, the transformation will be unlike anything humankind has experienced before," says Klaus Schwab, Founder and Executive Chairman, the World Economic Forum. "We do not yet know just how it will unfold, but one thing is clear: the response to it must be integrated and comprehensive, involving all stakeholders of the global polity, from the public and private sectors to academia and civil society."<sup>9</sup>

Today, experts and general workers alike find themselves disrupted by emerging technology. From automation taking over the work of fast-food servers, to blockchain making real estate agents and legal professionals' lives easier,<sup>10</sup> there will

improve the effectiveness of professionals' work across a number of business areas. This has resulted in hybrid roles that combine technical expertise and more traditional skills such as analysis, design, project management, and marketing.<sup>12</sup>

These new positions may hold titles like 'Experience Architect' or 'User Experience Designer' and will generally require workers to gain knowledge of a technical domain, industry expertise, as well as softer skills such as problem-solving. In the future of work, demand will continue to grow for these professions as they perform increasingly important functions in the digital economy.<sup>13</sup>

### How learning is being redesigned for work

The need for continuous reskilling has changed the format and frequency of learning for many professionals. According to McKinsey, as much as 14% of the global workforce may need to change occupational categories completely by 2030, as digitisation and advances in AI disrupt the world of business.<sup>14</sup> That means that your position could look completely different than it does today in just a few years.

As the modern day professional is required to develop entirely new skills to compensate for disruption, performance support learning material (or micro-learning) is no longer sufficient to keep the workforce adequately skilled. Rather, a successful career requires a combination of both continued micro-learning and macro-learning at key points throughout your development.<sup>15</sup>

### GetSmarter Blog Image

Micro-learning breaks topics

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down into small pieces. It's generally used as, and when, needed and can take the form of articles, emails, tutorials and more.

Macro-learning, on the other hand, offers you a more structured, guided learning experience and allows you to take larger strides in your skills development.

GetSmarter Blog Image

Companies spend more than \$130 billion on training and development worldwide,<sup>16</sup> yet many struggle to provide an updated, engaging learning experience for their teams. It's also often not practical to send employees back to school to gain new skills. As a solution to this, many are turning to online learning as a way of preparing for future work trends. As innovative technologies and teaching models have put learning at people's fingertips, the global marketplace for education, professional skills development, and corporate training has grown to over \$400 billion.<sup>17</sup>

This is just one indication of the renewed focus on the need for education and upskilling in today's fast-evolving economy. What is the future of work? While we can't say for sure what the coming years will hold, in an age defined by disruption and a workforce soon to be made up of future centenarians, one thing is clear: the future is already here.

No matter where you are in your journey, explore our career guides for practical steps towards building the career you want.

Source: Get Smarter Blog

## The economic effects of the COVID-19 coronavirus around the world

•China's economic growth expected to slow to 4.5% in the first quarter of 2020 – the slowest pace since the financial crisis, according to a Reuters poll of economists.

•"Global oil demand has been hit hard by the novel coronavirus," says the International Energy Agency.

•Factory shutdowns are slowing the flow of products and parts from China, affecting companies around the world, including Apple and Nissan.

There are around 70,000 confirmed cases of COVID-19, the new coronavirus that emerged in Wuhan, China, in December and is spreading around the world.

Businesses are dealing with lost revenue and disrupted supply chains due to China's factory shutdowns, tens of millions of people remaining in lockdown in dozens of cities and other countries extending travel restrictions.

With many companies and countries depending on the health of China's economy, here are a few ways the outbreak is sending ripples around the world.

**Predicted slump**

China is the world's second-largest economy and leading trading nation, so economic fallout from coronavirus also threatens global growth.

Economists polled by Reuters



**As China grapples with the coronavirus, the economic damage is mounting around the world.** REUTERS/China Daily between 7-13 February said they expected China's economic growth to slump to 4.5% in the first quarter of 2020, down from 6% in the previous quarter – the slowest pace since the financial crisis.

However, the economists were optimistic China's economy would recover quickly if the virus could be contained.

**Falling oil demand**

China is the world's biggest oil importer. With coronavirus hitting manufacturing and travel, the International Energy Agency (IEA) has predicted the first drop in global oil demand in a decade.

"Global oil demand has been hit hard by the novel coronavirus (COVID-19) and the widespread shutdown of China's economy. Demand is now expected to fall by 435,000 barrels year-on-year in the first quarter of 2020, the first quarterly contraction in more than 10 years," the IEA said in its latest monthly report.

**Disruption to commerce**

The shortage of products and parts from China is affecting companies around the world, as factories delayed opening after the Lunar New Year and workers stayed home to help reduce the spread of the virus.

Apple's manufacturing partner in China, Foxconn, is facing a production delay. Some carmakers including Nissan and Hyundai temporarily closed factories outside China because they couldn't get parts.

The pharmaceutical industry is also bracing for disruption to global production.

Many trade shows and sporting events in China and across Asia have been cancelled or postponed.

The travel and tourism industries were hit early on by economic disruption from the outbreak.

Global airline revenues are expected to fall by \$4-5 billion in the first quarter of 2020 as a result of flight cancellations, according to a report from the UN's International Civil Aviation Organization (ICAO).

ICAO also forecasts that Japan could lose \$1.29 billion of tourism revenue in the first quarter due to the drop in Chinese travellers while Thailand could lose \$1.15 billion.

Source: World Economic Forum

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### Vegetable spring rolls



#### Ingredients

2 Tablespoons Oil  
4 Garlic cloves, finely chopped  
1 medium Onion, finely chopped  
1 cup Carrots, cubed or julienned (or shredded)  
1 cup Green (string) Beans, sliced thinly (same size as carrots if cubed)  
1 cup Jicama, cubed or julienned  
2 cups Green Cabbage, shredded  
2 cups Bean Sprouts  
2-3 Tablespoons Soy Sauce or to taste  
1 Tablespoon Vegetarian Oyster Sauce or to taste  
Salt and Pepper, to taste  
Lumpia/Spring Roll wrappers (paper thin variety from Asian Store)  
2-3 cups Oil (or just enough to cover the rolls) for deep-frying  
Sweet Chili Sauce or Spicy Vinegar Sauce, for dipping

#### Instructions

Heat the oil in medium using a wok or large frying pan. When the oil is already hot, saute the garlic and onions until aromatic, about 1 minute.

Add the carrots, green beans and cabbage and stir-fry for about 3 minutes. Add the bean sprouts and jicama and pour in the soy sauce and oyster sauce. Season with a little pepper. Mix everything and cook for another 1-2 minutes until all the vegetables are tender but still retain some crunch. Adjust seasoning, if needed, by adding more salt, soy sauce, etc. to taste.

Remove from the heat and place in a strainer or colander to drain all the liquid remaining. Allow to cool completely.

To make the spring rolls, place about 2 tablespoon of the filling in one of the corners of the wrapper. Roll the corner with the filling (spreading it a little) towards the middle. Fold the sides inward to seal, then continue to roll until you have about 2 inches left of the wrapper. Using your finger, brush the edges with a little water then seal completely. Make sure it is tightly secured. Place the finished roll on a platter with the sealed side downwards. Repeat until all the filling is gone.

Heat the oil in a deep pan until hot (it is ready when a tiny piece of bread dropped into the oil sizzles immediately). Fry the spring rolls in batches avoiding overcrowding for about 3-5 minutes or until medium brown in color. Transfer to a colander lined with paper towels. Place the spring rolls upright to ensure proper draining.

Serve with sweet chili sauce or to be authentic a spicy vinegar sauce. Enjoy immediately!

Yield: 18-20 pieces

Prep Time: 45 Minutes

Cooking Time: 30 Minutes

Total Time: 1 Hour and 15 Minutes plus cooling time

### Tortang Talong



#### Ingredients

3 eggplants  
2 eggs, beaten  
1 small onion, chopped  
1 small tomato, chopped  
4 tbsp canola oil  
1 small bell pepper, chopped  
salt and pepper to taste  
100g ground lean pork

#### Directions

Broil eggplant until tender. Peel off the skin and mash the meat with a fork keeping everything intact.

Heat 1 tbsp canola oil in a small skillet.

Sauté onion. Once onion is translucent add tomato and ground pork. Cook until meat is brown.

Add salt and pepper to taste.

Add the sautéed mixture to beaten

eggs.

Heat leftover oil in another skillet. Put eggplant and a little of the egg mixture in a saucer.

Bring saucer near the skillet and tip, lowering eggplant into the oil.

Fry on both sides until golden brown.

### Fish Fillet with sweet sour sauce



#### For the fish:

2 medium size labahita lapu-lapu or maya-maya

1 1/2 to 2 cups Japanese bread crumbs

3/4 cup cornstarch for coating

4 calamansi juice extracted

3 eggs beaten

salt and pepper to taste

MSG or granulated seasoning

#### For the Sweet and Sour Sauce:

1 piece onion quartered

1 clove garlic minced

2 Tbsp. cornstarch

1 1/2 Tbsp sugar

1/4 cup water

1 cup pineapple juice

1/4 cup vinegar

1 Tbsp. soy sauce

1 Tbsp. margarine

1/4 cup cucumber cubed

1 piece tomato slices

1 piece bell pepper sliced

#### Instructions

How To Cook Fish Fillet with Sweet and Sour Sauce

Clean the fish and remove the skin. Separate the flesh from the fish bones and cut the fillet into 1 inch crosswise.

Rub the fillet with calamansi juice, salt, pepper and MSG.

Before frying, coat with cornstarch then dip in beaten eggs and roll in bread crumbs.

Deep fry in a medium heat until golden brown. Set aside.

To make the sauce, in a saucepan mix thoroughly the cornstarch and sugar in 1/4 cup water.

Add in onion, garlic, cucumber, tomato, bell pepper, pineapple juice, vinegar, soy sauce, and margarine.

Cook over medium heat stirring constantly until the mixture starts to boil.

Cook for about 2 minutes more until the sauce thickens then pour over fried fish fillets. Serve hot.

### Siopao asado



#### INGREDIENTS:

Dough ingredients:

2 cups warm water

2 1/2 tbsp sugar (added to yeast mixture)

1/2 cup sugar (added to the flour mixture)

1 pouch dry yeast (2 1/4 teaspoons of yeast)

5 cups all purpose flour

1 1/4 tbsp baking powder

6 tbsp shortening

#### Filling ingredients:

2 lbs pork, chopped into small pieces

3 tbsp lard or shortening, or butter\*

2 tbsp garlic, minced

1 large onion, minced

2 tbsp cornstarch, diluted in 1/4 cup water

4 tbsp soy sauce

4 tbsp sugar

3 tbsp oyster sauce

1 tbsp hoisin sauce

\*\*use shortening or lard if you want your siopao to be pearly white. If you use butter it will adapt the color of the butter.

\*\*add 1 tsp of vinegar into the water of your steamer. (don't worry it won't affect the taste of your siopao, it will make the puto white instead).

#### INSTRUCTIONS:

For the filling:

In a pan, heat oil. Saute garlic and onions until fragrant.

Toss in pork and saute until the color of pork turns light brown

Pour soy sauce, oyster sauce, hoisin sauce, and sugar then stir well.

Simmer for a few minutes.

Add diluted corn starch (in water) and stir until sauce is thickened. Set it aside.

Make the dough by placing warm water in a bowl then add the yeast and sugar and mix well. Let it stand for 10 to 15 minutes.

In a large bowl, add the flour, baking powder, shortening (or lard), and the yeast-sugar-water mixture then mix well (bubbles should have formed on top by then).

Knead all the mixture until the texture of the dough becomes smooth. Let the dough rise by setting it aside for at least one hour (place in the mixing bowl and cover the top).

Punch and knead the dough, then divide and cut into individual slices (this will be the dough per individual siopao).

Using a rolling pin in flat working area, flatten the dough until a round shape is formed about 3-4 inches in wide.

Put the asado filling on the middle of the flattened dough and wrap it up and fold the top with pleated style of folding.

Prepare your steamer and let it boil, then add 1 tbsp of vinegar (this will make siopao color white). Place the steamer rack. Cover with cloth on top to avoid water drippings and steam for about 15 minutes. Place pot cover tightly. And wait for the exact time before opening the steamer.

Serve and enjoy!!!





## Social Tidbits

**Fely Rosales Cariño**

We are still in the deep of winter. Aside from the sometimes bitter cold, the snow-laden trees are worthy of admiration. Hard snow is scary, but soft snow is just beautiful! Let's enjoy the winter season (far better than fire, earthquakes, volcanic eruptions, or corona virus!)

Speaking of springing into action, the Samahang Makabayan staged a benefit Concert for the Taal Volcano victims last January 24, 2020. The major sponsor, DOLLAR CINEMA in 7909 Decarie Blvd, Cote St Luc made the place available for everyone willing to donate \$10 entrance fee for the cause. In the early hours, we feared that attendance would be insufficient. However, as the hours ticked, the pews got filled up fast. It was "Filipino Time". Nevertheless, it soon swelled to capacity. Emcees Adiva Estinoso, Mark Simbulan, and Svetlana Suarez started the program. Later, many guests enjoyed picture taking sessions with MP Anthony Housefather and councilors Marvin Rotrand and Lionel Perez, the three VIPs who are always on hand to help patronize/sponsor Filipino projects.

Unsurprisingly, we are not short of talents. All the Samahang Makabayan did was request The services of talented musicians and artists. First to volunteer were DJ Dennis, DJ Zaldy, and DJ Bernie. The musical benefit show "FROM THE ASHES OF TAAL, WE WILL RISE" attracted many who gave their time and energy for a good cause.

The following evening, January 25, 2020, we were again at the Dollar Cinema to attend Sonny Moros' 30th birthday. He invited everybody to a FREE movie night! The movie was "Gems Uncut". SONNY, we all thank you for your kind gesture in allowing us to celebrate with you. Don't worry, when you enter politics (soon?) we will all be there to back you up!

The Quebec Association of Canadian Filipino Teachers (QACFT) held a meeting last February 9, 2020 to celebrate the opening of the Filipino Language Culture Program. This was held at the Saint Malachy Church on Clanranald Ave, Montreal. QACFT President Bing Estopa gave everyone present her agenda for the year. First and foremost is the start of the Tagalog Class held every Sunday from 1:00- 2:30PM. Tentative program includes literacy contest on May 9, 2020 under the direction of past QACFT President Joseph Gonzales. (Also reserve the date for the QACFT Teachers Night on June 13, 2020 at 6767 Cote des Neiges, Montreal. Entrance fee will be \$25). As usual, the lunch table was full of delicious food, courtesy of QACFT President Bing Estopa, QACFT officers and Volunteers. Volunteer teachers are: President Bing Estopa, Theresa Policarpio, Larina Flores, Nilda Torquator, Lyn Villanueva, Joseph Gonzales, Melanie Somejo, Leah Baldeovar, Espie Manaog, Rosita Sumonod and Luz. To date, there are 50

students ages 7 to 17.

Last January 29, 2020, counselors Marvin Rotrand, Lionel Perez and the leaders of other ethnic community organizations called for a press conference to discuss about Racial Profiling. Based on the Toronto Police services board, here are the race categories: Black, East/South East Asian, Indigenous, Latino, Middle Eastern, South Asian and White. The above coalition of organizations had called for a moratorium on police street and traffic stops; they were formed last October 2019 in reaction to reports indicating that visible minorities and indigenous persons are stopped by police disproportionately in random street checks. This calls for improving the police relationship with the community at large. The Filipino community was represented by Svetlana Suarez, Filipino Association of Montreal and Suburbs (FAMAS) Vice President Internal, who eloquently stated that "Persons who belong to ethnic groups were stopped disproportionately to their numbers in the general population. We, the Coalition members are continuing to dialogue, and may call for another press conference again sometime in the very near future."

Valentine's parties? Yes, plenty of them, but can't attend all as some were held at the same time! This roving reporter can only attend some. First, we had the Seniors of West Island and Suburbs (SWIS) family picnic. It was held February 12, 2020 at the chalet on Spring Garden. DDO. Chairman Connie Fabro and the other officers planned a potluck valentine celebration. Wow! You should see the food table! There were lots of variety of food and the portions brought were more than people could consume, hence, the bring home system was convenient. SWIS decorator Elvie Maximo made the chalet festive with her valentine decorations. Highlight of the day was the candle blowing of the SWIS birthday celebrants, namely; Nora Arcalas, Evie Magajes, and Magda Balog. Photographer of the hour was ex-chairman Roger Ajero.

The Filipino Canadian Association of West Island (FCAWI) also held a Valentine's party. It was held right on target last February 14, 2020 at Olympia Hall, 3855 St Jean Blvd, DDO. As one entered the door, you knew you were at a Valentine's party. The giveaway? The red balloons festooned at the door. And when you entered the dance hall, there was a burst of red-dressed ladies in attendance. Lots of line dancers filled up the dance floor as DJ Dennis Mayuga played his best line dancing ditties. This was only broken when emcee Jing Pablo called on Francis Apgao to deliver his welcome speech. Francis informed the guests that the evening's gathering was two-fold. First was to celebrate our love for one another, and second was to raise funds for the youth sports program. To date, there are 50-60 registered boys and girls ages 5 to 17. Francis reminded the

guests that to run the sports program is costly. He appealed to everyone to open their wallets which everyone, I guess, did. Then Philip Ilagan serenaded the partygoers with a few love and country songs. He sang so well that a few couples stood up and danced to his music. Before dinner, Alwyn D'Sylva gave the invocation. Then during the evening, Antonio Policarpio demonstrated his graceful line dancing moves. Noticeable on the dance floor in their valentine red dresses were: Rose Tran, Yoly Atendido, Auring Apgao, Gloria Martinez, Lilia Megley, Mely Salvador, Elaine Cortez and Auring Soriano, among many others. Dolly Belandres was a standout in her pretty red ensemble. Valent Lloyd Hughes and company arrived armed with a very graceful Dance Instructor Gil Peralta. Nene Isada, wearing a long caped red ensemble, was dancing non-stop!

at the FAMAS Center. Belated Happy Birthday to both!

Let me say something about Monica. This bundle of energy is a jack of all trades and a master of volunteerism. Monica is involved in "The Helping Hand Worldwide Organization". With her connection to this organization, Monica was able to organize affordable complete meals with tea/coffee at a cost of five dollars. This started last January 7, 2020 at the Philippine community centre (FAMAS) at 4780 Van Horne Ave, Montreal. This lunch is offered every Tuesday from 11:30 to 2:30 PM. A bingo game follows right after. This is available to everyone especially for the seniors. Monica also organizes Casino trips to Kahnawake every month. What a great recreational diversion for seniors! Monica's past work experiences range from a seamstress to a day care worker to a caregiver. She is a forever help to



**Monica Regarcho (front, at left) has a very interesting project that offers a \$5 lunch every Tuesday from 11:30 TO 2:30 at FAMAS. Some of her clients are in this photo: Standing (L to R): Marisa Hizon, Helen Albana, Diday Nolasco, Delia Lazore, Gloria Castillo and Ernesta Esguerra. Seated: Erlinda Mendoza and Arnaldo Yuzon. (Photo by: Zenaïda Kharroubi)**

February 14, 2020 was also Ciony Nueva's birthday. She celebrated it with a few friends. It was Monica Regarcho's birthday too. She celebrated

those in need. If you want more details on her Tuesday lunch, bingo, and casino trips, call her at 514-245-7945.

See you next issue. God bless!

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# FILIPINO STAR

## SHOWBIZ GOSSIP

### Filipino student Francisco Martin wows 'American Idol' judges despite nerves, makes it to Hollywood



**Francisco Martin on American Idol.**

After proving that he is a real contender in the popular singing contest "American Idol", an aspiring Filipino musician is going to Hollywood for the next level of the competition.

The 18-year-old Francisco Martin overcame his nerves to serenade the show's high-caliber judges Lionel Richie, Katy Perry and Luke Bryan with a cover of Maggie Rogers's track "Alaska".

The college student from San Francisco, California, shared that he has a problem with self-confidence during his personal interview for the show, uploaded on American Idol's official YouTube channel last Sunday, Feb. 16.

The young musician was accompanied by his parents, Fatima and Jon.

During his audition, Martin initially appeared to be drenched in sweat and was struggling to talk to the judges. To calm his nerves, Richie came to Martin's side to give him a hug. Bryan also stood beside the contestant to check his pulse.

"148 is his heartrate," Bryan announced after counting his heartbeat.

Bryan compared Martin's pulse to his own heart rate when doing cardio. "When I'm cycling, I'm 148," Bryan commented.

Martin said he was excited to be in the audition then thanked the judges for calming him down.

After introducing himself, Martin began playing his guitar while belting a portion of Maggie Rogers' song. Katy Perry immediately raised her thumb up when she heard Martin's voice. Bryan gestured that he was getting "chills" from the performance.

After his song, the judges immediately teased Martin for his "sneaky" nervous "act" as they were blown away by his voice.

"I just checked the pulse of a future superstar," Bryan announced.

Richie said, "I love the way you set us up. I'm a little afraid, I'm a little timid. I'm not quite sure [then] — POW!"



Meanwhile, Perry complimented Martin for his "incredible voice" and then requested if he could sing an original

composition.

The Filipino musician played a song that he said was inspired by an Australian friend. While performing his second song, Perry joked, "She doesn't sound like a friend." It caught Martin off guard and he began laughing, promising that the girl was just a friend.

"I'm so happy to see you, sweat, hypertension and everything. I don't know what you got," Richie declared after Martin's audition pieces.

The judges also convinced Martin that he had a real shot at pursuing a career in music. Bryan asked: "Are you in college?"

When Martin confirmed that he was, Bryan advised, "Drop out."

Perry told Martin that he could make it to the Top 10 of the competition, while Richie and Bryan were more optimistic, stating that he had a shot at the Top 5. Bryan also showed a paper where he wrote the word "WINNER".

When the judges were deciding whether they should vote on passing Martin through the next round, Perry declared, "No vote." They unanimously shouted, "You're going to Hollywood!"

They handed Martin the golden ticket and wished him luck. The female popstar then advised Martin to work on calming his nerves for what is about to happen in the competition. NVG ■

### Kris Aquino reunites with Noynoy at niece's wedding



**Kris Aquino**

Kris Aquino reunited with her brother, former President Benigno "Noynoy" Aquino III on Saturday much to the delight of their other siblings.

Apparently, the whole Aquino family gathered over the weekend for the wedding of one of Kris and Noynoy's nieces.



On Instagram, Kris narrated that she took the high road by approaching her brother during the wedding ceremony. She was with her sons Josh and Bimby.

"Ako ang nakababata, kaya nung 'peace be with you' ako ang lumapit... ninerbyos ang aking bunso, si kuya sobrang na HAPPY," she said.

"hindi pinilit, pero answered prayer para sa mga sisters namin. In God's time, nabuo kaming muli... ito po ang totoong pamilya," she added.

Kris has been vocal about her relationship with her brother, admitting in the past that they were not in good terms.

Kris and Noynoy are the children of the late former President Corazon Aquino and slain former senator Ninoy Aquino. Their three other siblings are Ballsy, Pinky and Viel. ■



# Filipina model, accusers hail Weinstein convictions



Ambra Battilana Gutierrez, a Filipina-Italian model who reported Harvey Weinstein to the New York Police Department in 2015 for allegedly groping her during a meeting at his Tribeca office, reacts outside of court to the news that Weinstein was found guilty of a criminal sexual act and third degree rape on February 24, 2020 in New York City. A jury found the former movie producer guilty on two of the five potential criminal charges he faced at his trial. Weinstein will be sentenced on March 11 and faces 5-25 years in prison.

Harvey Weinstein was convicted in New York on Monday Feb. 24 of sexual assault and rape, more than two years after allegations of the disgraced movie mogul's sexual misconduct sparked the global #MeToo movement.

The 67-year-old was

acquitted of the most serious charge of predatory sexual assault but faces a lengthy jail term.

### 'Jumping for joy'

Ambra Battilana Gutierrez, a Filipina-Italian model who reported Harvey Weinstein to the New York Police Department in

2015 for allegedly groping her during a meeting at his Tribeca office, reacts outside of court to the news that Weinstein was found guilty of a criminal sexual act and third degree rape on February 24.

In an interview with Court TV, Gutierrez said that she feels "happiness, pure happiness" for the verdict.

"Just jumping for joy! This was the verdict that I was really wishing for not just for myself but for a positive outcome and experience to everything, so we can move forward the conversation, so that things like this should not get to this point," she said in the video interview posted on her Twitter page.

Ambra was a Miss Italy finalist. She also competed at the Century Tuna Superbods competition in Manila in 2016 and won as a runner-up.

### Collective healing'

Actress Ashley Judd, one of the first Weinstein accusers to go public with her allegations, thanked the six women who told the high-profile trial that the ex-Hollywood titan had sexually assaulted them.

"For the women who testified in this case, and walked through traumatic hell, you did a

Italian actress and director Asia Argento, who told the New Yorker magazine that Weinstein raped her in 1997, posted a photo of herself and another woman on Instagram.

"Harvey Weinstein is now a convicted rapist. Two survivors cry and celebrate. Thank you God," she wrote alongside it.

Actress Rosanna Arquette paid tribute on Twitter to "the brave women who've testified and to the jury for seeing through the dirty tactics of the defense."

Tarana Burke, founder of the #MeToo movement, said in a statement: "The implications reverberate far beyond Hollywood and into the daily lives of all of us in the rest of the world."

### Sciorra lament

Gloria Allred, attorney for Sciorra and Haley, told reporters outside court that, "It's no longer business as usual in the United States."

"This is the age of empowerment of women, and you cannot intimidate them anymore, because women will not be silenced," she said.

"They will speak up, they will have their voice, they will stand up and be subjected to your small army of defense attorneys cross-

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public service to girls and women everywhere, thank you. #ConvictWeinstein #Guilty," she wrote on Twitter.

Actress Ellen Barkin simply named them.

"Right now Harvey Weinstein is on his way to prison. These are the women who put him away... Mimi Haley, Jessica Mann, Annabella Sciorra, Dawn Dunning, Lauren Young, Tarale Wulff," she tweeted.

High-profile accuser Rose McGowan tweeted: "Today is a powerful day & a huge step forward in our collective healing."

examining them, attempting to discredit them," Allred added.

Some took to social media to express regret that the jury failed to convict Weinstein of predatory sexual assault based on the testimony of "The Sopranos" actress Annabella Sciorra.

She testified that Weinstein raped her almost 30 years ago as the prosecution sought to portray him as a career sexual predator.

Journalist and former Miss America Gretchen Carlson simply tweeted: "I hope the handcuffs are tight..." ■



**Showbiz Gossip** *Continued from p.15***JM de Guzman credits ABS-CBN for drug abuse recovery amid shutdown threat****JM de Guzman**

Amid the shutdown threat against ABS-CBN, actor JM de Guzman expressed his gratitude to the media giant for helping him recover from drug addiction.

De Guzman, who has openly talked about his substance abuse problems in the past, said both ABS-CBN and the government gave him the chance to change from his old ways.

"I lost my sanity bec. of drugs. [ABS-CBN] gave me hope. The government helped me to change. chances," he said on Instagram earlier today, Feb. 22. "[ABS-CBN] gave me a chance to start a new life."

De Guzman's message came with a short clip of him cut from an Aksyon news report about the actor's intense shadowboxing video, and a number of diary-like Instagram posts he made in the past.

The actor also noted that like him, anyone can change and recover from bad choices in life.

"[Now I'm] here with the chance given to prove that we can all make bad choices, and.. we can change. [We] can inspire sa paraan ng pag express. sa sining. (We can inspire others through expressing ourselves via art)," De Guzman stressed.

"[We] as artists try our very best to use our dark past to be better to tell stories and inspire

others na andun pa sa kumunoy (who are still stuck in the mud). [And ABS-CBN] was there to help me to help others," he added.

The Kapamilya actor then called for peace and unity, saying, "Let's be role models and fix this" and that "lahat tayo Pinoy (we are all Filipinos)."



De Guzman, who went into rehab twice, has since recovered from his substance-abuse problem. He graduated from the Self Enhancement for Life Foundation rehabilitation program in Talisay, Batangas, back in 2018 and currently stars in ABS-CBN's "Pamilya Ko" as Francisco "Kuya Chico" Mabunga.

ABS-CBN, meanwhile, is currently under threat of being closed after Solicitor General Jose Calida filed a quo warranto petition in the Supreme Court, accusing the media company of "highly abusive practices" and allegedly violating the terms of its franchise.

**Enrique's struggle with depression****Enrique Gil (left) and Liza Soberano**

For real and reel-life couple Enrique Gil and Liza Soberano, depression and mental health are topics that should not be taken lightly.

Enrique even confessed to have struggled with depression in the past. "You would have negative thoughts and feelings that you can't get rid of. You would then try to keep them buried inside for a long time. This then takes a toll on you," he said. "I know a lot of people have experienced this, and like them, I just didn't think of it as a mental illness; but it was."

Enrique continued: "I have a close friend who had to deal with it,

too. Crying, he told me things I never knew he was experiencing. It's all about how you control emotions."

Meanwhile, Liza, a psychology major, called for people to take effort in understanding the issue. "We should start educating ourselves about it so that we can immediately pinpoint when someone is going through it, too," the 22-year-old actress stressed.

"We shouldn't joke or talk lightly about it. We don't know what people with depression are going through. It's better for us to just keep quiet if we don't know anything," she added. ■

**Sarah G returns to work after tying the knot, shows off ring**

Sarah Geronimo has returned to work just days after tying the knot with her longtime boyfriend Matteo Guidicelli.

A glowing Geronimo showed up at the ABS-CBN compound Monday morning for the taping of the

Battle Rounds of "The Voice Teens Philippines," where she is one of the coaches.

The singer-actress was notably wearing her wedding ring on the same finger where she has her sparkling engagement ring.

The celebrity couple tied the knot in an intimate ceremony in Taguig on Thursday.

The supposed private gathering was marred by controversy after Geronimo's close-in detail filed a blotter report early Friday accusing Guidicelli of punching him in an altercation after the civil wedding.

Guidicelli has already denied this by Geronimo's bodyguard insists the incident happened.

Geronimo, 31, and Guidicelli, 29, first confirmed their relationship in 2014, after nearly a year of being a couple.

While they are among the most visible stars in showbiz, Geronimo and Guidicelli have largely kept their relationship low profile. ■



## Toni Gonzaga on turning 36: 'Age gave me gifts youth could never give'



**Toni Gonzaga with husband Paul Soriano and their child Seve.**

As one should, Toni Gonzaga is loving herself more and more as time passes by, and the actress shared some of her wise realizations as she turned a year older last Monday, Jan. 20.

While others frown upon the idea of growing older, Gonzaga made her fans realize the importance of the "gifts" that come with the passage of time to mark her 36th birthday.

"Age gave me gifts that youth could never give me," Gonzaga noted on Instagram last Monday, holding true to the old adage, "With age comes wisdom".

Gonzaga's message came with a sweet family photo of her and husband Paul Soriano carrying their child Seve.

"I was so in love with who I

was, they were not merely as good as who I am now," the actress said. She then noted that she likes who she has become as a person.

Gonzaga added that she appreciates the lessons life has taught her.

"Maraming salamat sa lahat ng nakaalala (thank you to all those who remembered)... Thank you Jesus for giving me another year," she said.

Gonzaga's sister, Alex, meanwhile greeted the actress via Instagram in her usual jesting style.

"Happy birthday Ate!!!! I can't wait to talk to you about wifey duties because you are a good one!!" she said. "I love you but not as much as [I] love Seve and Mikee jk!" ■

## Erwan Heussaff looks back on 10 years with birthday girl Anne Curtis: 'You're always moving forward'

Erwan Heussaff expressed awe for his wife Anne Curtis with a touching message and a video on her 35th birthday today, Feb. 17.

The dad-to-be posted a video on Instagram featuring Curtis in their scenic nature travels, from watching a sunrise, to her hair blowing in the wind on a boat ride.

He listed the ways he had seen her grow and change in the 10 years they had been together,

such as going through "late nights out to [order-in] TV dinners," "insecurities to [self-confidence]" and "[tight-fitting] dresses to comfortable pregnancy jeans."

"Some things have changed, others have stayed the same, but you're always moving forward," he said.

The two are expecting their first child together soon and Heussaff said he was excited to see her "come into motherhood."



**Erwan Heussaff and Anne Curtis are expecting their first child.**

"I don't see it as a next step, or a new phase in life, more so as something you are adding to your growing list of accomplishments in life, because I know that there is still so much more to come," he wrote.

"Making me cry," Curtis commented on the heartfelt post.

The actress and TV host shared on her Instagram Stories that her husband made her birthday pancakes with raspberries and blackberries.

The vlogger has also been catering to her pregnancy cravings, such as making her avocado toast. ■



A black and white photograph of a man singing into a microphone. He is wearing a dark jacket and has a focused expression. The background is dark and out of focus.

A black and white photograph of a man singing into a microphone. He is wearing a patterned jacket over a light-colored shirt. The background is blurred, showing some architectural elements.

[www.filipinostar.org](http://www.filipinostar.org)



# L'Arche community grapples with revelations about disgraced founder

Hallie Cotnam (CBC News) Feb. 25

He was the son of a Governor General who founded a groundbreaking movement called L'Arche, where people with and without intellectual disabilities live together in communities around the world.

But now, Jean Vanier's legacy of humanism and inclusivity has been tainted by devastating revelations, leaving its members "hurt, angry, devastated and upset," according to L'Arche Canada's national board chair John Rietschlin.

L'Arche International revealed on Saturday the results of an independent inquiry that found Vanier had sexually abused at least six women with whom he'd had "manipulative sexual relationships" between 1970 and 2005. None of the women had intellectual disabilities, though the report did not rule out other potential victims.

Vanier died in Paris on May 7, 2019, at 90.

"Many people ... knew him and loved him deeply. To learn that Jean engaged in this behaviour was just unbelievably shocking," Rietschlin told



**John Rietschlin is national board chair for L'Arche Canada. © Hallie Cotnam/CBC**

CBC's Ottawa Morning.

"Certainly it changes the way we think about Jean. It's impossible to ignore the evil things that we hear in this inquiry," said Rietschlin, who's been involved with the charity for 30 years. "It doesn't change the fact that we wouldn't be here as L'Arche except for Jean. And so we're grateful for that, but absolutely, it changes a lot."

Now, the L'Arche community is

grappling with the task of communicating the essence of the report to its most vulnerable members, including 30 people with intellectual disabilities in Ottawa, where L'Arche has had a presence for 47 years, to reassure them that "they're still safe," Rietschlin explained.

One such "emotionally devastating" conversation involved Robert Lamoureux, an Ottawa man



**© Lefteris Pitarakis/Canadian Press/AP Jean Vanier, who died last year at 90, founded L'Arche, an international network of communities where people with and without intellectual disabilities live and work together**

with disabilities who's lived within the L'Arche community for 40 years.

Rietschlin said he showed Lamoureux a picture of Vanier after explaining about the abuse. "Robert pushed the picture aside and he said, 'He's a bad man!'" Rietschlin said.

"We do not wish to deny that Jean was an important part of our founding story, and there are many, many people whose lives were profoundly touched by him personally. We can't deny any of that. Whether we are going to try and disassociate from Jean is an open question," he said.

"L'Arche, and the founder of L'Arche, are not the same thing."

# Harvey Weinstein remains hospitalized as jury foreman, accusers speak about landmark verdict

Nearly 24 hours after a jury found Harvey Weinstein guilty of two sex crimes – and not guilty on three more severe charges – the disgraced former movie mogul remained in Bellevue Hospital on New York City's East Side.

Weinstein was taken there while en route to Rikers Island, the city's main jail complex on the East River. His lawyer, Donna Rotunno, told USA TODAY Monday night he was hospitalized due to high blood pressure. "He's fine," she said.

On Tuesday morning, his rep Juda Engelmayer confirmed to USA TODAY Weinstein remained at Bellevue overnight.

Around 11:30 a.m. Monday, a jury found Weinstein guilty of criminal sexual act in the first degree related to accuser Miriam "Mimi" Haley and rape in the third degree related to accuser Jessica Mann.

Immediately after the jury read the verdict, his legal team requested he not be remanded into custody, citing his poor health.

"He has appeared in court each and every time, and has significant medical issues," argued Rotunno. "He needs his walker; he takes multiple medications; he's currently receiving shots in his eyes because he's going blind."

Judge James Burke denied the request and the 67-year-old was handcuffed and was set to be taken to the infirmary at Rikers but was rerouted along the way.

Monday's verdict, which Weinstein's lawyers have vowed to appeal, was a partial win for the



**© JOHANNES EISELE, AFP via Getty Images Harvey Weinstein arrives at court for his sex-crimes trial, on Feb. 10, 2020, in New York City.**

prosecution: Weinstein escaped the two most serious charges of predatory sexual assault, plus one charge of rape in the first degree, which spared him the possibility of a sentence that included life in prison. Still, Manhattan District Attorney Cyrus Vance Jr. said Weinstein faces a prison sentence of at least five years and possibly as long as 25 years.

Jury foreman Bernard Cody told reporters from the New York Daily News and the New York Post he was "happy" with the verdict, though the lengthy trial, which began with jury selection on Jan. 6, took a toll on him as part of the group of seven men and five women who weighed Weinstein's fate.

"It was stressful," Cody told reporters who followed him back to his apartment after the jury was dismissed midday on Monday. "The

whole thing, it was long, long. I've been away from my family a long time."

Dawn Dunning, who testified that Weinstein groped her in 2004, told CNN on Tuesday she was at her hotel when the verdict was announced and was "hoping for the best but also bracing for the worst."

"He's a convicted rapist, and that's something that is going to follow him for the rest of his life," Dunning said. "I think this is a huge victory for women, and hopefully the start of a larger cultural movement."

"Sopranos" actress Annabella Sciorra, who was the first accuser to take the stand in Weinstein's trial, said in a statement Monday that her testimony was "painful but necessary."

Sciorra, who said Weinstein raped her in 1993-94, continued: "I spoke for myself and with the strength

of the 80-plus victims of Harvey Weinstein in my heart. While we hope for continued righteous outcomes that bring absolute justice, we can never regret breaking the silence. For in speaking truth to power we pave the way for a more just culture, free of the scourge of violence against women."

Monica Lewinsky tweeted Tuesday morning: "Found myself emotional + so grateful for this... not just for the women who were grossly abused by ...Weinstein but for all women who've been marginalized + abandoned by the justice system at times, sectors of society + some media outlets/journos. this is a win for #MeToo."

The Silence Breakers, a group which includes big names like Ashley Judd, Rosanna Arquette, Mira Sorvino and Rose McGowan, are set to hold a press conference at 1 p.m. Tuesday to share their reactions to the verdict.

"The era of impunity for powerful men who rape people is over," Sorvino said, breaking down in tears on a conference call of Weinstein's former accusers Monday. "He will rot in jail as he deserves."

Judd, who accused Weinstein of damaging her career by spreading lies about her after she rejected his advances, tweeted: "For the women who testified in this case, and walked through traumatic hell, you did a public service to girls and women everywhere, thank you."

Contributing: Maria Puente and Patrick Ryan, USA TODAY; The Associated Press





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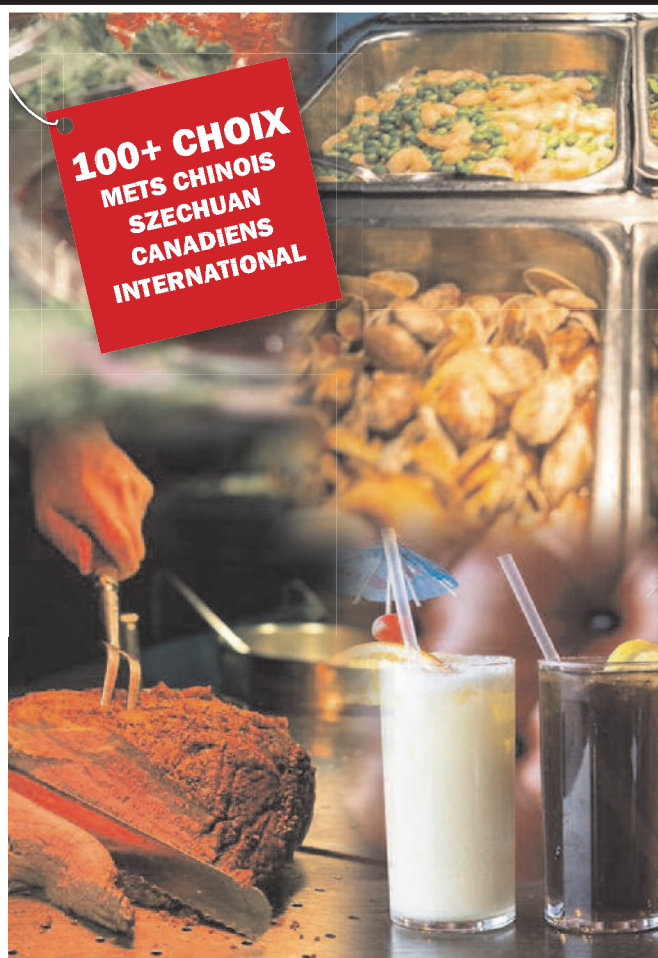
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