

THE NORTH AMERICAN  
**FILIPINO STAR**

Volume XXXVI No. 8 August 2018 Montreal, QC www.filipinostar.org

# Quebec starts election campaign for October 1st



Manon Massé (Quebec Solidaire), François Lissée (Parti Québécois), Philippe Couillard (Quebec Liberal Party), François Légault (CAQ - Coalition d'Avenir du Québec). See story on page 4 (Photo: CTV news)

## Dragon Fireworks, Philippines' entry wins Jupiter gold prize

The Philippines' Dragon Fireworks Team just made history after being adjudged the first Southeast Asian winner of the Gold Jupiter, and Best Soundtrack award at the 2018 L'International des Feux Loto-Québec.

Dragon Fireworks was the first Southeast Asian entrant in the 34-year history of the Montreal Fireworks Competition and the first Asian Gold Jupiter awardee after 26 years of the prestigious international event. The Philippines' fireworks display

claimed a spot for the country in the map of the greatest pyrotechnic artists in the world after winning the hearts of spectators and the 19-member jury. The Filipino firm bested other five fireworks companies from Austria, China, Canada, United States and Italy in the finals, emerging as the winner from among hundreds of applicants who competed in what is known worldwide as the "Olympics of

See Page 4 Dragon Fireworks



Dragon Fireworks team headed by Joven Ong, managing director.



**NISSAN**  
Innovation that excites

**ROGUE** #1 SUV IN QUEBEC IN 2017

**5-DAY CLEAROUT SALE**  
AUGUST 21 22 23 24 25



Rogue SL shown\*

**NISSAN GABRIEL JEAN-TALON**

3500, rue Jean-Talon O.  
Montréal, QC H3R 2E8  
514 509-7777  
nissangabrieljeantalon.com  
**OPEN SATURDAYS**

FINANCE FROM **0%**<sup>1</sup> FOR UP TO **60 MONTHS** on the Rogue S FWD. OR GET UP TO **\$3,500\*** STANDARD RATE FINANCE CASH On other Rogue models.

\*Offers valid from August 21st to 25th, 2018. RDPRM registration fees and lien registering agent's fees (up to \$77 total) are extra and due at time of delivery. For the lease and finance offers, licence, registration, insurance, specific ty on new tires (\$15) and applicable taxes are extra and due at inception. + The \$3,500 finance discounts are available upon purchase financing when financed with NCF (at inception) with standard rates on the 2018 Rogue . The discounts are available only to eligible customers, for a limited time, and on approved credit, and cannot be combined with a lease or finance subvented rate. The discounts will be deducted from the negotiated price fore taxes. \*According to a comparison of retail sales and leases (excluding fleet) in the 2017 SUV segment (of non-luxury brands) in Quebec by an independent consulting firm between January 1st, and December 31st, 2017. fore subject to change, continuation or cancellation without notice. Retailers are free to set individual prices. Visit www.nissangabrieljeantalon.com for complete details. Conditions apply. ©2018 Nissan Canada Inc.



## From the Executive Publisher's Desk Personal Perspectives

### Things happen for a reason

As editor and publisher of the North American Filipino Star since April 1998, I have reached this period of my life that made me feel that I have not really done enough for all these years of hard work and I begin to have doubts whether or not I will ever achieve my ultimate goal of making this world a better place. But I believe that there is time for everything, and when it is not the right time, nothing really happens for some reasons no one will ever know. With this goes the saying that there is always a reason for everything that happens.

Due to the new bureaucratic procedures in immigration, I have found myself in a difficult financial situation as the private school I founded 29 years ago will no longer be able to renew nor accept student visas until I get an education permit that is needed to be listed as one of the so-called designated learning institutions effective June 30, 2017. I knew this would happen two years ago, and I took the steps to apply for an education permit in September 2016 to be authorized to offer A.E.C. programs (Attestation d'Études Collégiales) but unfortunately it was not approved. I tried again last September 2017 to be authorized to offer a DEP program (Diplome d'Étude Professionnel) which is a post secondary level program. I thought this would be easier than the college level programs although I had a permit in the past for three A.E. C courses from 1996 to 2001. It was a devastating experience to be told that my application was totally closed and not going to be processed for reasons cited such as the lack of teaching permits of the nurses who have been the instructors of the personal support worker course known as PAB in Quebec since 2005, the size of the classrooms not having 42 square meters surface area, the letter from Chateau Westmount that will accept our students to do their practicum not having details such as their names, and tasks to be performed, that my assets shown on the financial

statement being only \$1000, and that I need to submit a security certificate. All these reasons for closing my permit application sounded unreasonable and could have been easily explained or fulfilled had the person in charge of my file bothered to call me first before closing my file. In particular, I disagreed with the requirement of 42 square meters of classroom space to teach only six students at a time and the misinterpretation of the financial statement showing educational materials of \$1,000 because all fixed assets have been depreciated after 29 years of being in business. Who could possibly operate a business school with a thousand dollars? I felt very strongly that the decision was very unfair so I wrote a 3-page letter in French explaining away all the reasons for closing my file.

In their reply, I was told that nothing prevents me from applying again. Had I not written the letter to inquire for more details of their general statement that I did not have enough financial, material and human resources, I would not have known that they misinterpreted the financial statement and the nurses could still be allowed to teach the PAB course if I submit a document for each one of the nurses that I am hiring them without the teaching permit under the bureaucratic procedure entitled "Tolerance d'engagement" which involves a lot of paper work because each nurse will have to provide me with a certified copy of her diploma, transcript of marks, birth certificate or passport, and CAQ.

Faced with another year to wait for a permit that will delay my school in accepting international students led me to think of ways to survive the crisis of not having enough source of revenue. I then thought of a woman author who advocates to 'self-promote' to succeed in business. Such an idea made me think of doing a promotion of courses offered at my school by inviting people to a

seminar about career orientation and planning. I worked for two weeks on writing letters to the human resources of the three levels of government and contacting people to invite them to the seminar. I received an immediate response from the municipal level because I know Mr. Marvin Rotrand very well who is the councillor of Snowdon district for the past 36 years. He has many accomplishments and always wants to work hard for the community. I also began to think of inviting a very important resource person in education whom I consider my personal mentor – Mr. Isaac Goodine who wrote a book on leadership called "Leaders leading

much knowledge are unable to communicate. This is the reason to teach teachers how to teach, and make it possible to pass on the skills to the young by knowing how to teach. He and his wife invited me to visit their home in Ottawa in order to let me use their home library which is full of materials I can use in planning for the next step of promoting the courses at Gilmore and developing other ideas that can persuade some government agencies to provide financial support to deserving students like those on welfare, unemployment insurance and newly arrived immigrants who need some courses to integrate them into the new cultural environment.



**Councillor Marvin Rotrand delivering his momentous speech at the Career Orientation & Planning Seminar, August 22, 2018 (photo: Tenne)**

Leaders". He responded after a few days as he made it a point to underscore ideas that I mentioned to him in my message. After a week, he sent me a very inspiring note with some reading materials. He offered to give me support and repeated the statement he made many years ago that Gilmore College is an untapped resource. He and his wife are involved in seminars designed to promote a holistic approach to aging. They stayed overnight in Montreal to discuss a blue print of what to do to move forward and transform Gilmore College International as a multicultural resource center. He understands that there is a lot of potential in the school I founded 29 years ago. The seminar held on Wednesday, August 22, 2018 was very well attended. It showed that the Filipino-Canadian community can respond positively to my call for support.

It was not only the good attendance of this seminar that contributed to the success of my first attempt to do self-promotion. During our breakfast meeting a day after the seminar, Mr. Isaac Goodine reviewed the global perspectives of education and how urgent it is to do something about bridging the knowledge of the so-called retiring experts with the young people who must learn and acquire the skills necessary to make the knowledge based economy work for the benefit of everyone. He said that the infra-structure already exists at Gilmore College International. As he has worked in education in over 65 countries around the world, he has a tremendous wealth of expertise in so many areas, but most specifically, his vision of education ties in with my philosophy of education when I decided to establish my own private school. I have always dreamed of making Gilmore an institution of higher education in two major fields that I believe are the two pillars of nation building – education and entrepreneurship. He said that the key to solving the problem of what is lacking in our current educational system is how to provide skills to the young people. Moreover, there is a curse of knowledge which he explained in terms of the fact that almost all experts with so

As the seminar is about informing the community what skills are needed to work for the government, Councillor Marvin Rotrand's speech reaffirmed what I have always told my students – one needs to speak both English and French to get a good job. He also encouraged everyone to make an application to the City as the first step to get a government job and better pay. But the most important part of his speech is about his statement that Gilmore College International is the only Filipino college outside of the Philippines. I wanted to prove his statement so I made a google search for a Filipino college anywhere around the world. I was surprised to find out that there was none. It would then appear that there is indeed no one else who established a private school singlehandedly. I have always believed that I was the only one in Quebec, and maybe in Canada to have founded a college, but I did not give this any importance. Mr. Marvin Rotrand is the first politician who made me feel proud that I had accomplished something unique. He has been traveling to the Philippines with the Philippine Embassy's "Winter Escapade" for at least two or three times. It is perhaps no wonder he can make this statement as he seems to have learned a lot about our country's history and culture.

Evidently, the negative events during the past two years have certainly led me to find other ways to continue my mission in spite of all the odds. With the support of people who see the merits in my educational enterprise, I feel more optimistic about the future. But I still wonder if the local Filipino-Canadian community will begin to enroll at Gilmore College International's French courses rather than always opt to go to the big CEGEPs or government centers. Will they finally realize that the only Filipino college outside the Philippines can serve them better because I have a better understanding of their cultural backgrounds? Only time will tell. #

# THE NORTH AMERICAN FILIPINO STAR

Montreal, Quebec, Canada

7159 ch. de la Cote des Neiges  
Montreal, Quebec H3R 2M2  
www.filipinostar.org

Tel.: 514-485-7861/ 514-506-8753  
E-Mail: marketing@filipinostar.org  
Published by: Filcan Publications, Inc..

Al Abdon  
Fely Rosales Carino  
Columnists

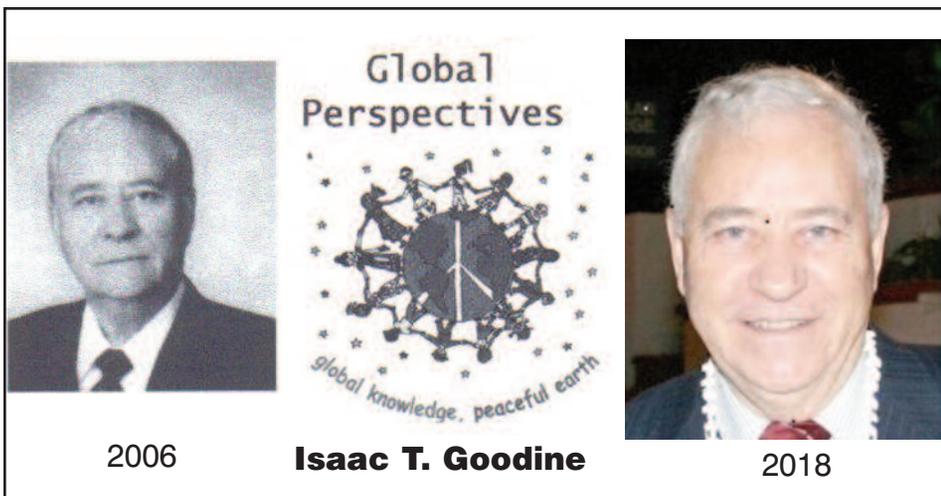
Zenaida F. Kharroubi  
Chief Editor  
Publisher - 1998-present

W.G. Quiambao  
Community News

Bert Abiera  
Founder- Publisher 1982-97

Sam Kevin  
Show Biz News & Layout Editor

*The opinions expressed by the writers and columnists do not necessarily reflect that of the management of the North American Filipino Star nor its editors.*



## BACK TO THE FUTURE: A GLOBAL MINDSET FOR LEADERS LEADING LEADERS

(AUGUST 2018): Gloria and I were quite honored to be included as guest speakers at the Seminar organized to review the work and valuable contributions made by Gilmore International College over the past 29 years and to help in planning the way forward. This was all done in conjunction with the North American Filipino Star that is also under the leadership of Zenaida Ferry-Kharroubi as explained in her Editorial piece. While awaiting approval from the Authorities for a license it would be possible to conduct cross-cultural communications workshops. The important thing is to not lose the educational resources that 29 years of hard work produced.

women, predominately of Filipino Origin, several with Third Country experience, only three persons born in Canada, including me, two from Trinidad who met for the first time at the seminar. Above all each person has a story to tell and all have intercultural skills that society needs. Society is more than just a workforce, but that is fundamental. One of the speakers pointed out that Gilmore International College is the only such institution in North America (If not the World).

Consider this Global Perspective: Filipino workers abroad form the largest component of the workforce in the international labor market. About ten (10) million have been working abroad since about the



**Souvenir photo of the Career Orientation & Planning Seminar - Approximately 60 people attended but already left by the time this photo was taken by Robin Hunter, a student of Tagalog at Gilmore College International. Seated second row: L to R: Nina Schiff, Fely Bisares, Isaac Goodine, Gloria Goodine, Zenaida Kharroubi, Kadri Sherifi, Fely Rosales, Tenne Rose Dayandante. Standing behind Tenne is Cesar Manuel, FAMAS president.**

My return to Gilmore after a few years reminded me of the movie Back to the Future---about a time-warp machine. My column from 2006 is still relevant—with a few name changes. The immediate challenge is to keep the education and training operations viable, while at the same time revitalizing and energizing the process for capacity building that would tap into the underutilized educational resources, particularly the human capital. The capacity is underutilized because the perspective has been local and myopic while the reality is that it is a Global program. This was made quite clear by the participants who attended the Seminar. Mostly,

mid- 1990s. Often when a work permit expires another Filipino takes that place and it is not unusual for the replacement to be a sibling or cousin. They are everywhere - all over the world. For example in Cayman Islands, still British like Hong Kong used to be, they can extend work permits up to seven years, and then are Rolled Over, meaning they must leave. This is a choice location because the Small Island State depends on foreign workers, and 2 out of every 3 persons in the work force are Foreign Workers and 2 out of every 3 of those come from the Philippines. They participate in every sector of the economy and are well treated. That system works well—

but other places are not necessarily providing fair treatment for Filipinos. Sometimes, that is the case in Canada. However, wherever they are in the world, they would welcome the North American Filipino Star and Gilmore International College to provide them with opportunities for training and communication linkages to stay in touch with compatriots abroad. International Jobs, Where They Are and How to Get Them would be a useful service to provide for a reasonable fee.

Both Gloria and I have extensive experience in the Philippines as well as other parts of the world that is very relevant to planning the way forward. If the College and the Star did not exist we would certainly make a case for creating the capacity to

sometimes. The people at the Seminar demonstrated that they have already learned to live and work together. As with all learning, intercultural education and training is best accomplished if organized and focused on desired objectives. One documented example in which Gloria and I were involved illustrates the process as it was carried out to enable Canadians and Filipinos to learn to work together more effectively as part of a development assistance program based on a concept of partnership. The scheme linked Universities and NGOs in the Philippines with Counterpart Universities and NGOs from Canada, but was not very successful at first, mainly for cultural reasons. After a purposeful custom designed cross-cultural workshop the participants



**Photo shows from left: Kadri Sherifi, future director of studies of Gilmore College International, Isaac Goodine, and Zenaida Kharroubi. (Photo: Tenne Rose Dayandante)**

support the internationalization of education and training that is vital to creating prosperity that provides the foundation for stability, peace, and security. Consider this global perspective: There is a Global Center for Pluralism in Ottawa, established by the Aga Khan, to promote the concept that we can learn to live together and accept that we have different religions, skin color, tribal customs and languages, without fear. People of mixed race and interracial marriages are a fact of life and society can learn that there is strength in diversity—if given the opportunity to learn together. The Aga Khan selected Ottawa as the best place in the World for the Global Center for Pluralism—in spite of problems we create for each other,

reported a 93 percent improvement in their joint effectiveness. They created new organizational cultures. However, intercultural education needs constant up-dating and for that reason I remain a member of the Society for Intercultural Education and Training (SIETAR) and can recommend it as a professional body. I am a member, and former General Secretary, of the International Vocational Education and Training Association (IVETA), and an Inductee of the Hall of Wisdom of the Colombo Plan Staff College (CPCS), based in Manila. As Gloria mentioned at the Seminar she has spent all of her life as a Pluralist (but we only heard the

See Page 5 - Global Perspectives

**Les Services SE-KO Services**  
John Kovac, President

**JOBS AVAILABLE**

**FULL TIME AND PART TIME AND SHIFT WORK, FACTORIES, WAREHOUSES, GENERAL WORK.**

4784 Van Horne Avenue, Suite 104 Montreal QC,  
Canada H3W-1H7  
Tel: 514-737-3480  
Fax: 514-344-3099  
seko.services@gmail.com

# Quebec starts election campaign for October 1st, 2018 election day

On the first day of the election campaign, all four political leaders have made their statements on August 23, 2018:

Philippe Couillard and the Liberals: "Today the choice in this election is simple — either we harvest the fruits of our past efforts or we compromise years of work. The choice will be between stability or instability. Progress or starting all over again."

François Legault and the CAQ: "We finally have the opportunity of turning the page on 13 years of Liberal government, and that starts now. What is at stake in this election is which party can replace Mr. Couillard's government."

Jean-François Lisée and the PQ: "We want to give the Quebec nation its strength and its pride back. A strong nation is a nation that trusts its educational system and its justice system."

Manon Massé and Québec Solidaire: "Philippe Couillard, Jean-François Lisée and François Legault have had 15 years to prove themselves. Now, it's time for new faces. We're different, and that's what the people of Quebec need."

Who do voters believe the most and what issues or concerns will be debated clearly in order to form the next government of Quebec? Who are

behind each party leadership? What does each say they will do if elected to form the next government?

The following excerpts from news reports may better inform the public about provincial politics:

After nearly 15 consecutive years in power, the ruling Quebec Liberals are vying for a second mandate as the province's next government under the leadership of Philippe Couillard.

As part of its strategy, the Quebec Liberal Party has sought to bring in a wave of new candidates in the lead-up to the official campaign launch on August 23.

The premier said his team is still united, but he has admitted it will be a tight race against the Coalition Avenir Québec (CAQ).

Here is what you need to know about the Quebec Liberal Party ahead of the 2018 provincial election.

**Slogan**  
The Quebec Liberal Party's 2018 election campaign slogan is the longest of the four parties.

It is "Pour faciliter la vie des Québécois" or "To facilitate the lives of Quebecers."

**Party leader**  
Philippe Couillard is leader of the Quebec Liberal Party.

Philippe Couillard, who was

elected as premier in April 2014, is seeking a second term as head of the province this October.

The native of Montreal was born on June 26, 1957.

Before joining the political sphere, Couillard was a neurosurgeon at hospitals in Montreal, Sherbrooke and Saudi Arabia. He also worked as a university professor and sat on various committees in Canada and abroad.

After leaving the field of medicine, he was first elected to power in 2003 as a Liberal MNA for Mount Royal and re-elected in Jean-Talon in 2007. Couillard served as minister of health and social services until he resigned in 2008.

In 2012, Couillard returned to politics to succeed former premier Jean Charest. After the Parti Québécois ousted the Liberals from power, Couillard won the leadership race and became leader of the Quebec Liberals in May 2013.

The new head of the Quebec Liberal Party ran in Roberval, one of the most rural ridings in Saguenay-Lac-Saint-Jean, in 2014. With the Liberals sweeping a majority, he became the 31st premier of Quebec on April 7, 2014

After last year's emphasis on income and school tax cuts, the Liberals are indicating they will now

shift their emphasis toward solving transportation and traffic problems, implementing their anti-poverty plan and improving the quality of life for Quebec families.

"It's time, oxygen, breathing room — not just financial, but also in their daily lives: that's what families want," Couillard said Thursday.

However, the ruling party still has to coax its existing bills through the legislature, many of which have the potential to ruffle feathers. Those include changes to the province's road safety laws, the reorganization of the school tax system, and the smooth introduction of legal cannabis to Quebec society.

A pit bull ban also lingers on the National Assembly's list of proposed legislation, although that bill has gone nowhere since it was introduced last April.

**3-way battleground**  
The Liberals' political challengers are also eager to land a few blows against the government.

However, the Parti Québécois and the Coalition Avenir Québec are also competing against each other, especially on questions of identity and

See Page 6 Quebec elections

From Page 1 Dragon Fireworks

Fireworks."

Many observers said that what made the Philippines' entry unique from other participating teams was its theme and choice of soundtracks. "Philippines' biggest competition was USA, but the Philippines' theme 'Of Games and Thrones' featuring soundtrack of videogames and movies was unbeatable," said one spectator.

Dragon Fireworks Managing Director Joven Ong explained that the idea for the theme "Of Games and Thrones" came to him in his office. The theme made the fireworks display more fun and relatable to the audience with the use of songs from Super Mario and Mobile Legend and hit TV series, Game of Thrones.



**Dragon Fireworks team members pose for souvenir with Montrealers who feted them at a local restaurant in Cote des Neiges.**

The firm's streyrFire from Austria and Pyrotecnico from the United States received the Silver Jupiter and bronze prizes as the second and third placers, respectively.

L'International des Feux Loto-Québec, which was presented by La Ronde in partnerships with Tim Hortons, included a special tribute to the popular singing group ABBA and the iconic

movie character agent 007 James Bond in this year's edition.

The Philippines is now part of the history of one of the most highly attended events in Quebec that attracts more than three million people each year.

The 34th edition of the competition closed out with a 30-minute ceremony in which Rozzi's Famous Fireworks featured a tribute to the music of James Bond.

The summer-long event was launched in 1985 and is now recognized as the most prestigious fireworks event of its kind in the world.

The finale of the pyrotechnic competition was held at its usual spot, just across the waterfront bistro at LaRonde, viewable from numerous locations around the island.#

\* Your **WINE \$3.00** \*

750ml **43 YEARS - IMPORT**  
Type **RED - WHITE - ROSE**

**Cabernet Sauvignon - Pinot Noir - Merlot - Chianti - Barolo - Zinfandel - Tempranillo - Chardonnay - Riesling - Sauvignon Blanc - Tocai - Muscat - Icewine - Porto and more**

**THE WINE PLACE- IMPORT**  
1265 Boul. O'Brien, Ville St-Laurent  
H4L-3W1- 514-747-3533  
Hours : Tuesday to Friday 9hrs to 18hrs  
Saturday 9hrs à 17hrs -Closed Sunday & Monday  
\* Price starting at . \* See detail and concept in store

**Call attorney Dufourd at 514 482-0887**

**Family Law - Civil Law - Business Law**

*I take care of your case with professionalism and humanity*

**Dufourd, Dion Lawyers**  
5115, Trans-Island avenue, office 200  
Montreal (Quebec) H3W 2Z9  
SNOWDON METRO - www.dufourdion.com

From Page 3 Global Perspectives

term recently). Over the years we have designed and delivered personal and professional development workshops that include cross-cultural communications and teambuilding as part of a Seminar Series called Technology of Achievement.

Now Back to the Future in 2006

(APRIL 2006) In this column, last month, we quoted an excerpt from a speech delivered in Ottawa, Canada, by former American President, Bill Clinton, in which he said: "If you can't kill, jail, or occupy all your enemies, then you have to spend time building a world with more partners and fewer enemies. That requires all of us to build a world with shared responsibilities,

World Bank Institute, and provide technical assistance as appropriate to internationalize the work force. There is a large and growing need for technical assistance, world wide, to support the internationalization efforts of teaching-learning institutions by enhancing their capacities to integrate international elements into their curricula with a view to redefining the learning that is required to develop or enhance the international skills and competencies of stakeholders.

It is necessary to identify and define the types of international skills and competencies business clients require from workers and the corresponding international elements to be included in teaching-learning programs. It is equally important to identify best staff development practices for integrating international elements in diplomacy, consulting,



**Welcome remarks by the Director-General & Founder of Gilmore College International, Zenaïda Ferry Kharroubi, August 22, 2018. (Photo: Tenne Rose Dayandante).**

shared benefits and shared values." From another direction, this time from Beijing, China, we offer an excerpt from a message delivered during a meeting of parliament in March 2006, by China's President Hu Jintao, in which he said: "In our socialist society, we must not allow the boundaries to be blurred when it comes to right and wrong, evil and kindness, beauty and ugliness". President Hu Jintao called upon all members of society to live by the following eight principles: 1) Love, do not harm the motherland; 2) Serve, don't dissuade the people; 3) Uphold science, don't be ignorant and unenlightened; 4) Work hard, don't be lazy and hate work; 5) Be united and help each other, don't gain benefit at the expense of others; 6) Be honest and trustworthy, not profit-mongering at the expense of your values; 7) Be disciplined and law-abiding, instead of chaotic and lawless; 8) Know plain living and hard struggle, do not wallow in luxuries and pleasures.

In yet another positive development the World Bank is actively considering the formation of a Global Mindset Foundation that would include tapping the Bank's vast Alumni Resources to help educational institutions in their efforts to internationalize curricula and promote international development. The Alumni would provide mentoring to newer task managers in the Bank, teach in Universities using materials from the

technical assistance and continuous learning for capacity building.

In regard to the issues of best staff development practices, the Colombo Plan Staff College (CPSC) offers a wide range of programs based on experience developed over more than thirty years of operations, particularly in the Asia Pacific region. The Staff College is an International Inter-governmental organization, currently based in Manila, with 19 active member countries, whose Ambassadors serve as members of the Board of Governors. The College operates as a specialized agency under the umbrella of the Colombo Plan. At inception the concept was based on a shared vision that we are citizens of the world and not just citizens of Nation States and that a cosmopolitan approach to international development would accomplish three main goals: Economic development would contribute to the social and political stability of the participating countries and thus would enhance the prospects for peace in the world; the development of trade is vital for the countries of the area and for the continuing expansion of a world economy based on multilateral trade; and Economic advancement would unlock the cultural resources of the area to the benefit of people everywhere.

To unlock cultural resources to



**Selfie by Michelle Vargas Lao - Everyone - SMILE ! From left: Valent Lloyd Hughes, Minda Mazzone (FFCAQ president), Rose Tran, Zenaïda Kharroubi, Isaac Goodine, Tenne Rose Dayandante, Sophie Toledo, Remy Monteagudo and Gloria Goodine.**

the benefit of all requires a Global Mindset that has not been part of the mainstream effort in the globalization of the economy, so far. Now, we are in a race against time to develop the interpersonal skills needed to live and work successfully in a cross-cultural environment. In her book, "Working in a Cross-Cultural Environment, Violeta A. Laraya, states: "The main reason behind the writing of this book is to underline the rich learning experiences that working in a cross-cultural environment that is CPSC provides."

Rich learning experiences indeed, await anyone involved in the internationalization process,

particularly in regard to education and training for the new Trans-national paradigm, where more and more people work in multi-disciplined teams whose members transcend national boundaries. One of the greatest challenges of our time is to identify and develop the special requirements for Cross-cultural Teambuilding and Leadership Development. On that subject, and with respect, I recommend to you my book: Leaders Leading Leaders: International Dimensions of Distinguished Leadership. #

**"The only place success comes before work is in the dictionary."— Vince Lombardi**



# PROMIS

(514) 345-1615  
3333, ch. de la Côte-Ste-Catherine  
Montréal (Québec) H3T 1C8

PROMIS is a service organisation  
which offers aid to  
immigrants and refugees

**Among our services:**

- Settlement and integration of newly arrived immigrants
- French courses
- Employment services
- Family Support services
- The Maria Goretti Guest House for Women
- And others



Visit our website:  
[promis.qc.ca](http://promis.qc.ca)

Like us on Facebook:  
[Facebook/PromisImmigration](https://www.facebook.com/PromisImmigration)

# Tagalog Seksyon

## Opinyon/Komentaryo ni Willie Quiambao

### SUNDIN ANG SINASABI NG PUSO SA PAGPILI NG CORSO

Pasukan na sa eskuela sa isang buwan at marami pa ring estudyante ang hindi alam kung anong curso ang kukunin. Naranasan ko iyon nang makatapos ako ng high school sa Pilipinas maraming taon na ang nakararaan. Pangarap kong maging isang reporter o short story writer. Pero may nagsasabi noon na gutom lamang ang inaabot ng mga writer dahil maliit lamang ang kanilang sueldo. Naniwala ako sa nagsabi nito at ginamit ko ang aking isip. Kumuha ako ng Commerce sa FEU. "Puede akong magtrabaho bilang bank teller o accountant," sabi ko sa aking sarili. Ngunit hindi ako naging maligaya sa kursong kinuha ko. Habang nagtuturo ng accounting at bookkeeping ang aking professor, naglalaro naman ang aking isip kung ano ang maisusulat ko. Nagsisimula na akong subukan ang pagsusulat ng maigsiing kwento na popular noon sa Liwayway magasin. Pinag-aaralan ko ang bawat kwentong nalalathala at

mga payo kung paano ang pagsulat ng maigsiing kwento. Halos dalawang taon na ako sa pag-aaral ng Commerce nang mamatay ang aking ama. Lumipat ako ng kursong Journalism sa Lyceum of the Philippines. Kaharap lamang nito ang Aguinaldo Development Corporation sa Plaza Lawton kung saan ako nagtatrabaho bilang stenographer-typist. Nang makatapos ako ng pag-aaral, kinuha kaagad ako ng aking mga kapatid dito. Nalimutan ko ang aking pangarap na maging manunulat. Naging abala ako sa aking trabaho at mga personal na bagay. Ngunit sa kabila ng mga ito, parang may kulang sa buhay ko. Maganda naman ang sueldo ko pero pansamantala kong iniwan ang aking trabaho upang makapag-isip kung ano talaga ang gusto kong gawin sa buhay. Minsan ay naglalakad ako sa downtown nang makita ko sa isang bookstore ang Writer's Digest, magasin o "bible" ng mga manunulat. Nag-subscribe ako nito at marami akong natutuhan na hindi ko natutuhan sa

eskuela. Noon muling napukaw ang pangarap kong magsulat. Pinalad akong maging freelance writer sa community news ng Gazette. Nang ma-involved ako sa komunidad, naging volunteer writer ako sa the North American Filipino Star.

Ang pagsusulat ay isang propesyon na nagagawa ng isang tao kahit retired na siya. Walang limitasyon ang edad. Katunayan, lalo siyang nagiging mahusay dahil sa kaniyang mga malawak na karanasan sa buhay. Sa akin, ang mga karanasang ito ang and hindi maibibigay ng pera. At ang mahalaga, natagpuan ko ang bagay na makapagpapaligaya sa akin. Ang pagsusulat.

### PINANGANGANAK NGA BA O GINAGAWA ANG MANUNULAT ?

May pagtatalo pa ring nangyayari kapag napag-uusapan kung ipinanganganak o ginagawa nga ba ang manunulat? Karamihan ng may akda (author) ng libro sa pagsusulat ay nagsasabing ginagawa ang manunulat. Hindi ako naniniwala rito. Sinasabi lamang ng mga author ito upang mabili ang kanilang libro. Maraming libro ang mabibili na nakatutulong sa mga manunulat. Tuturuan ka kung saan o paano makakukuha ng idea na maisusulat. Maging mapagmasid ka sa iyong paligid, magbasa ka, manood ng television, makihalubilo ka sa maraming tao at gamitin mo ang iyong mga karanasan. At marami ring libro na mababasa sa pagsusulat tulad ng *Is there a Book Inside You?*, *Handbook of Short Story Writing* at *How to Write a Novel?* Pero sa akin, kahit bilhin at

basahin ng isang tao ang lahat ng libro sa pagsusulat kung wala siyang kahit kaunting talento ay mahihirapan siyang maabot ang kanyang pangarap. Kahit pigain niya ang kaniyang utak ay walang labas na idea. Ang likas na talento ay ipinagkakaloob ng diyos. Minsan, kusa na lamang labas iyon at doon mo i-develop.

Halimbawa, kung makita mo ang iyong anak na apat na taon pa lamang ay marunong nang kumanta kahit walang nagtuturo at pinagmanahan, likas na talento iyon. Ang natural na abilidad na kumanta. Ipasok mo siya sa Conservatory of Music at mahahasa ang kaniyang talento. Malalaman niya kung paano ma-control and kaniyang vibrato. Makatutulong ang kanyang pinag-aralan upang maging mahusay siyang mang-aawit. Noong nasa high school pa ako, may isang short story writer na nabuo ang kaniyang isinulat na kuwento ng pag-ibig sa pamamagitan ng mga palitan ng sulat ng kanyang kasintahan. Hindi itinuturo sa ano mang libro ang ganitong paraan ng pagsusulat. May talento siya kaya nagawa niya ito. Mahusay siyang story teller.

Sa madaling salita, kailangan ang talento sa pagsusulat. Mahahasa ang pagsusulat sa pamamagitan ng pag-aaral o pagbabasa. Iyon ang mga dahilan kung bakit sinasabing nagagawa ang manunulat. Subalit kailangan din ang sipag at tiyaga upang maging mahusay ang isang manunulat.

### From Page 6 Quebec Elections

language.

Those issues are often seen as the Quebec Liberal Party's Achilles heel, since the party must strike a delicate balance between not offending its multicultural base in Montreal and keeping onside francophone voters in the regions in ridings it's holding onto by its fingernails.

CAQ Leader François Legault is promising to cut taxes more deeply than the Liberals. The CAQ may also put an accent on identity issues in the assembly's last session. (CBC)

Last session, the Couillard government made two attempts to get ahead of the PQ and the CAQ on those issues, passing Bill 62, a ban on giving and receiving public services while wearing a face covering such as the Islamic niqab, and by supporting a motion against the use of the common Montreal greeting "Bonjour-Hi."

Quebec lawmakers call on businesses to simply say, 'Bonjour' Both sparked an angry backlash.

The CAQ and the PQ could be expected to spearhead similar issues. For the Parti Québécois, a hard-hitting identity or language controversy invigorates supporters and attracts headlines.

At the same time, the CAQ will try to siphon away votes from the PQ by championing the same issues.

The three parties are also preparing to stake out their positions

on the right-versus-left continuum, with the CAQ committing to further tax cuts, while the Parti Québécois promises to strengthen government services.

CAQ promises deeper school tax cuts than Liberals  
Who to watch

Rank-and-file MNAs are likely to be both a help and a hazard for their parties in the final stretch to Oct. 1.

Gerry Sklavounos, kicked out of the Liberal caucus after a sexual assault accusation for which he was not charged, still represents the riding of Laurier-Dorion. He could give the Liberals a prolonged political hangover if he decides to try to hold onto his seat in the coming election.

Former Liberal Pierre Paradis, who was also accused of sexual misconduct but not charged, is in a similar situation in the riding of Brome-Missisquoi.

UPAC could also still potentially lay charges against Chomedey MNA Guy Ouellette, who was arrested last October as part of an investigation into police documents leaked to the media. He has still not been charged. However, UPAC has said charges could still be pending.

Health Minister Gaétan Barrette could cause another kind of problem for the reigning Liberals with his habit of repeatedly clashing with other players in the health care sector. Opposition parties have been making the controversial minister a centerpiece in their campaigns against the government.

Meanwhile on the opposition benches, Gaétan Lelièvre, once a Parti Québécois minister, has been sitting as an independent for the riding of Gaspé for nearly a year because of conflict of interest questions. Should he choose to run again, he could also drag down his former party in one of its few safe seats.

Quebecers have been learning in recent weeks not to rule out the role former PQ leader and media magnate Pierre Karl Peladeau could play this election year. PKP continues to throw in his two cents on Quebec's political affairs via his Twitter account and has been openly toying with the idea of a return to politics.

Talk of PKP's return shakes up PQ MNAs at caucus retreat

Any of these personalities could continue to draw headlines away from the CAQ, but it's unlikely leader François Legault has any complaints about that.

The CAQ has managed to avoid serious scrutiny, even though it has been at the top of the polls for months.

Incumbent Premier Philippe Couillard maintains his party is united and strong, but he has also recently admitted it is a tight race against the Coalition Avenir Québec (CAQ).

"A campaign is always a challenge," he told reporters in Quebec City on Thursday morning. "I've never had anything free in my life, be it today, yesterday or the day before yesterday."

Despite the long road ahead, Couillard remains optimistic.

"I feel very proud of what we've done over the past four years. I'm very optimistic for Quebec and I'm very optimistic for my campaign too," he said.

He touted the Liberal's economic record and said the CAQ's team isn't up to par.

"Before the election they said they wanted to balance the budget as well, but each time we did something to do that, they criticized us, and now they are gorging themselves on the margins that we created," Couillard said.

Couillard also questioned CAQ leader François Legault's commitment to Canada.

"He never says he loves the country. He's okay with Canada and that's not enough for me. It's not enough to say that we tolerate Canada, but that we actually love this country and want to make it better," he said, adding that while it may not be a major campaign theme, it's not issue that will completely disappear either.

The CAQ, which holds 21 seats in the National Assembly, has never been elected to power. But under the leadership of Legault the party remains the front-runner in the polls since January to form the next provincial government.

(With files from Kalina Laframboise and Annabelle Olivier Global News, and Angelica Montgomery · CBC News)

## The Filipino Centre Toronto - FCT Inaugurates New Main Office in Scarborough

By: Tony A. San Juan, OCT.

The Filipino Centre Toronto-FCT, a non-profit, volunteer-run and service-oriented hub in the Filipino Canadian community in Ontario, had its grand re-opening and inauguration of its offices on August 12, 2018 in Scarborough, Toronto. The well-attended event was held at its new site at 4395 Sheppard Avenue East, a one-story refurbished office building, and was attended proudly by the FCT's current and past members of the Board of Directors and executive officers led by Mary Ann San Juan, president & CEO, Efren De Villa, chair of the Board of Directors and other FilCan community leaders, as well.

occasion was attended by city, provincial & federal officials and other political & community dignitaries. Among those who graced the gathering, delivered greetings and presented official certificates of recognition, were: Federal Minister of Immigration Ahmed Hussen, City of Toronto Mayor John Tory, Federal Members of Parliament Gary Anandasangaree, Jean Yip & Salma Zahid, Ontario Minister for Seniors Raymond Cho, Member of Provincial Parliament Mitzie Hunter, City Councillors Jim Karygiannis, Norm Kelly, Neethan Shan & Michael Thompson. Zachary Nixon represented the Federal Minister of

Mazhar Shafiq (Scarborough) and Gary Gladstone (Thornhill).

The mid-afternoon program, ably hosted by FCT director Philip Beloso, started with the traditional "house" blessing by Father Alberto Macalipay, followed by a merienda salo-salo. Hon. Ahmed Hussen addressed the guests and read the greetings of Prime Minister Justin Trudeau. Hon. Mayor J. Tory and Philippine Consul General Rosalita Prospero jointly led the raising of the Canadian & Philippine flags and the ceremonial ribbon cutting, together with other distinguished guests. Prominently present were: City Medical Health Officer Dr. Eileen De

personalities.

At the newly opened facility, Mayor J. Tory congratulated the Filipinos for "their hard work and compassion" and stressed the values of "affection, respect, faith, family, fun & finances .... to emulate good citizenship". Philippine Consul General R. Prospero cited that the "new home comes renewed commitment and dedication to our culture" and for FCT to "continue with bigger and better initiatives" for the community. In her remarks, FCT head honcho M. San Juan proclaimed that the Centre was "bought in cash, capital C..A..S..H., purposefully "to unite proudly in supporting and continuing its multiple projects and services." Board chairman E. De Villa, announced that "in our operation.....we are openly & honestly transparent and we do our finances religiously", adding, everybody is "welcome to look" at them.

Through its various established and proven programs & projects, The Filipino Centre continues to offer and conduct community-building activities and free related services. Among the productive initiatives are the: comprehensive health & wellness program including free medical clinic; health information & medical workshops; seniors services; homework club; Filipino language class; tax preparation & estate planning assistance; employment networking & mentoring partnership; and Filipiniana resource library. Seasonal events include the Pistahan Sa Toronto & Santacruzian summer festival, the Dr. Victoria Santiago invitational basketball competitions, the Dr. Guillermo De Villa golf tournament, the Rosalinda C. Javier outstanding student awards, and Christmas for the kids event. These collaborative and meaningful services are being undertaken to meet the Centre's raison d'etre and goals as a leading community player and participant. ( Tony A. San Juan).



Photo shows the Toronto Center sign in front of the new building with the crowds gathered for the inauguration

Formerly, the iconic community centre was located downtown at 597 Parliament Street, Toronto. The "new community home" in the east end was purchased for \$ 1.9 million in early April of 2018.

Specifically, the 3-hour

Border Security Bill Blair and Sana Srithas represented MP Shaun Chen. Some municipal candidates also present were Randy Bucao, Ashwani Bhardwaj & Cynthia Lai (Toronto) and Marlene Mogado ( Markham); and political nomination candidates

Villa, former FCT chair Dr. Victoria Santiago, ex - PIDC president Norma Carpio, WFG exec. vice chair Agnes Miranda, Cultural Officer Cecilia Santos, and a host of other community association heads, business leaders and media

## Nine Fantastic FilCans File for Elective Posts in the Greater Toronto Area

By: Tony A. San Juan, OCT.

The dust has barely settled and the smoke had just snapped out, as they said, in the recently - held June 7th Ontario provincial election and now, 9 courageous but ambitious Filipino Canadians have entered the political arena for the coming city civic elections in Canada's premier province. The fantastic nine, as reported, have declared their respective candidacies for civic positions in the scheduled October 22nd, 2018 municipal election in the Greater Toronto Area, Ontario. Comparatively, the number of candidates is fewer this time than in the 2014 election, as 14 FilCans ran for municipal posts then.

Yes, dear kababayans. The coming-up generation of fellow Pinoys running for elective office at this point in time are Benjamin Abis, Randy Bucao, Alex Chiu, Paulina Corpuz, Marlene Mogado, Miles Roque, Luz Del Rosario, Rowena Santos, and Garry Tanuan. In

terms of elective civic posts, of the nine candidates, 6 are seeking for Councillor position and three are for School Board Trustees. Thus, out of the "lucky 9" politicians, three are reelectionists, 4 are new nominees while two are come-backing candidates.

Meeting the challenges, Philippine-educated lawyer Benjamin Abis is vying for Trustee of Etobicoke's Ward 1 of the Toronto Catholic District School Board- TCDSB. Randolph "Randy" Bucao, a Philippine-trained mechanical engineer and telecom cabling expert in Canada is seeking the Councillor position for Toronto's Ward 40 - Scarborough Centre area. Long-serving Tsinoy Councillor Alex Chiu is going for his 11th term as Markham alderman for Ward 8 while community leader and social-cause advocate Paulina Corpuz, has declared her candidacy for Councillor in Toronto's Ward 39. Marlene Mogado, 3-term YCDSB Trustee is stepping up to the next level to become

a city councillor for Markham's Ward 5. Second generation FilCan Miles Roque is running for Ward 1 Councillor in the City of Mississauga. Twice-elected Dufferin Peel Catholic District School Board Trustee Luz Del Rosario is going for her reelection in Wards 6 & 11. A former Toronto Council candidate in 2006, Rowena Santos will do her best to bag the Wards 1 & 5 Councillor post in Brampton. After serving faithfully for almost 2 terms, faith-focused leader Garry Tanuan is seeking reelection as TCDSB Trustee for Scarborough's Ward 8.

In respect of political candidacy experience, R. Bucao, P. Corpuz and R. Santos are taking their "second chances"..... with Randy Bucao as a former Council candidate for York Centre, and Paulina Corpuz for TCDSB trustee in the 2014 municipal election and Rowena Santos, for Toronto Councillor in 2006. This is the first attempt for Catholic community leader Ben Abis to get into school board politics while Miles Roque and Marlene Mogado are vying for Councillor for the first time too. Running for reelection are Markham Councillor Alex Chiu and

Dufferin and Toronto Catholic school board trustees Luz Del Rosario and Garry Tanuan, respectively.

All the FilCan political candidates are well-qualified, have solid professional backgrounds & experience and strong advocacy & volunteer service in their communities, as well. They have demonstrated admirable people skills and divergent foci in working towards helping and organizing initiatives for the "common good". These determined candidates have organized their own campaign teams and are still seeking for more volunteers. When asked, the 9 Pinoys are hoping that if elected each of them pledge to uphold their political platform, goals & aspirations, to engage & advocate for local issues, and to serve as the relevant voice for their respective constituencies as well as the "long voiceless members" of the ever-growing Filipino Canadian community. Let us all support our own kababayan-candidates "for a better tomorrow" in our very discriminating FilCan community. (Tony A. San Juan)



## Ask the Video Guy

Technological Tidbits  
by

Al Abdon

### Night Photography by Creative Shutterbugs (London)

One of the schools of thought in Low Light Condition (LLC) photography is preparation and patience.

Night photography requires a bit more planning and strategic supplies than daytime photography. Unless you're shooting a cityscape, you'll need to venture beyond the realms of light pollution to get a clear view of the sky. The following six steps will be a good starting point for your next (or first) long exposure photography trip.

#### Step 1: Check out weather and sky conditions first

Picking a day with the right weather conditions for your shot is paramount. Unlike daytime photography, surprises (like clouds and rain) don't usually produce good results in night photography.



If the sky is full of clouds, know that the chance of getting a good shot of the stars (or a clear one of the moon) is slim. And, if you want to shoot under the ambient light of the moon, know that clearly exposed constellations will be sacrificed for a nicely lit landscape.

Moonlight provides gorgeous ambient light, but also hides the stars from your camera's view. Photo by rhiannon0320

To avoid surprises, start by reviewing your local weather report. Phrases like "passing clouds" or "mostly clear" are a sign that good shots are within your grasp. If you see "mostly cloudy" or "overcast", however, you're better off picking a clearer night.

#### Step 2: Find a location free of light pollution

"Light pollution" is, essentially, a reflection of excessive artificial light into the atmosphere that washes out your view of stars, planets, and constellations.

Unlike the blinding glare from the sun that you can avoid by putting your hand over your eyes or putting on sunglasses, light pollution doesn't disappear when you "block" the artificial light.

In other words, if you stand in front of a tree or find a valley with mountains that "block" your view of the city lights, the light pollution will remain because the light source still exists and is still creating the same effect even when you can't see it doing so.

Light pollution obscures your view of the night sky. Photo by Timo Newton-Syms

So, unless you're shooting cityscapes, you'll get the best results by avoiding areas with light pollution—that means steering 30-50 miles clear of cities, suburbs, and well-traveled or lighted roads.

Don't be afraid to be a pioneer in rural areas: finding hidden ruins, small forest lakes, and interesting mountain-scapes off the beaten path can net you

some seriously unique and eye-catching images.

#### Utilize light pollution maps

Before you head out to find your next nighttime subject, use an interactive light pollution map like Dark Site Finder to find the best locations for star-centric long exposure photography. The darker the sky, the better chance you have of capturing the intricate details of stars, planets, and moonlight.

#### Step 3: Find constellations with a sky or astronomy simulator

Screenshot from Stellarium. Photo by Richard Due

If your photo relies on a clearly exposed constellation like the one below, a simulation tool called Stellarium (available for both desktop and mobile) will help you pinpoint which stars and planets you'll see from your chosen vantage point on a particular day.

The Milky Way doesn't look like this to the human eye—you have to use camera settings like long shutter speeds to expose these hidden colors. Photo by dylan\_odonnell

#### Step 4: Pick an eye-catching location, focal point, and angle to shoot from

For the best results, scope out [www.filipinostar.org](http://www.filipinostar.org)



locations in advance during daytime. Find interesting focal points like intricate trees, rolling mountains, or a lake that will reflect the light of the stars nicely on a clear night (chapter four will help you train your eyes to find them).

Experiment and find the best

shoot. Photo by Michael Cory

Nighttime test shots  
If your location is nearby or you're committed to a very particular image, take a "dry run" at night to take a second round of photos that will help you zero in on the exact vantage point,



position to shoot those subjects from to save yourself the trouble of stumbling around in the dark and relying on guesswork.

#### Step 5: Take daytime and nighttime test shots

You've found your ideal location, found the best vantage point to highlight the stars in the sky, and fallen in love with a set of rolling mountains or an interesting old barn in an abandoned field. Awesome! If you're serious about making that shot work, it's important to take the time for a round of test shots.

##### Daytime test shots

First, make the most of your daytime visit and experiment to find the angles, foreground and background features, and general composition that creates the effect you're looking for.

Want to highlight the starkness of an abandoned field against one lone building?

Play around to see whether that effect is best created by positioning the building front and center in your frame or positioning it in the lower-right corner with a wide expanse of faded grass around it.

Continue to chapters four and five to learn more about the importance of focal points and composition in night & astrophotography.

It's nearly impossible to make these kinds of adjustments efficiently when it's pitch-black and difficult to see (and you're exposing each photo for 30-60 seconds due to the darkness), so sorting out the creative details ahead of time will help you make the most of your time when it's time to pursue that final shot.

Example of an overexposed photo. Even slight changes in camera settings can make or break your results. Making test shots can help ensure you get good results on the night of your

camera settings (like ISO, aperture, and shutter speed), and gear that will do your subject the most justice. Use the guidelines in chapter three to get a firm grasp on the settings you'll need to make the milky way glow, expose the brilliance in a sea of stars, or illuminate interesting subjects by the light of the moon.

Sorting out the specifics of your camera's relationship to your subject matter ahead of time will help you have the smoothest possible experience when you're ready to create that photograph.

#### Step 6: Pack provisions

By now, you've probably noticed that physical discomfort makes it hard to focus on getting a good shot. Use the tips below to put together a practical provision pack and you'll be prepared for common distractions (like unexpected chilly nights on warm days).

1. Pack snacks to fuel your concentration.
2. Dress in layers—long johns and insulated gloves are must-haves for spring, fall, and winter shoots.
3. Bring hand and boot warmers. Bonus: a hand warmer rubber-banded to your lens in cold temperatures keeps the lens's glass from fogging up.

Example of lens fog. A warming device on your lens can help avoid lens fog on cold nights. Photo by Timothy Vogel

#### Pick the right camera equipment

A little preparation goes a long way on your journey to the perfect long exposure photograph. Before you set out, continue to chapter two to make sure you have the right camera gear (including lenses, tripods, and ample batteries) to handle your location and deliver on your vision.

Happy Shooting!  
Al Abdon  
Hollywood Junkies

# Housefather Acclaimed as Mount Royal Liberal Candidate for 2019 Election Endorsed by Local MNAs and Mayors



**MP Anthony Housefather delivering his thank you speech and flanked on stage by Liberal MNAs, town mayors and councilors during his acclamation as the party's candidate for Mount Royal Riding.**

August 17, 2018 - Montreal, Quebec – On Thursday, August 16th, MP Anthony Housefather was officially acclaimed as the Mount Royal Liberal Party Candidate for the 2019 election. “It has been an honour to serve the people of Mount Royal as their MP, I hope to be given the opportunity to continue serving the people of this great riding,” said Housefather.

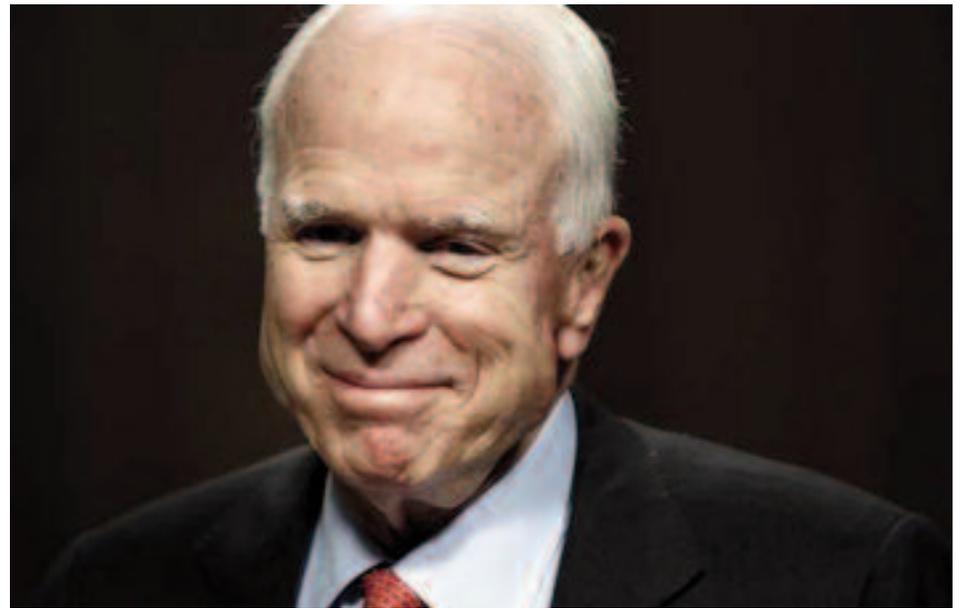
With a crowd of over 350 supporters on hand for what was also a volunteer appreciation night at Dollar Cinema, were a large number of current

and previous elected officials in the riding were also present to endorse Anthony.

Speeches endorsing Anthony were given by former Mount Royal MP and Minister Irwin Cotler, Mont Royal MNA and Minister Pierre Arcand, D'Arcy McGee MNA David Birnbaum, former D'Arcy McGee MNA and Minister Lawrence Bergman, Town of Mount Royal Mayor Philippe Roy, Cote Saint Luc Mayor Mitchell Brownstein, Montreal City Councillor Marvin Rotrand and Hampstead Town Councillor Warren

See Page 18 Housefather

# Former Republican presidential candidate John McCain dies at 81



**John McCain (1932-2018)**

## In farewell statement, McCain takes one last swing at Trump

By REBECCA MORIN 08/27/2018 03:20 PM EDT

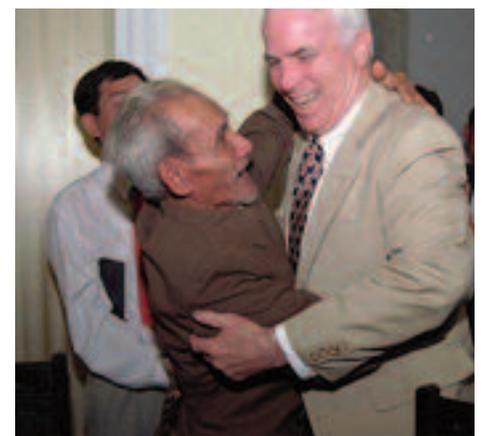
Sen. John McCain managed one final jab at President Donald Trump on Monday, issuing a farewell statement, via a longtime aide, that offered a full-throated defense of his vision of American values alongside an implicit criticism of Trump's.

The six-term senator from Arizona, who died Saturday, said in the statement that the U.S. is weakened by hiding “behind walls rather than [tearing] them down.” The statement was read at the Arizona Capitol in Phoenix by Rick Davis, McCain's longtime friend and adviser, who teared up as he spoke and paused multiple times to collect himself.

“We weaken our greatness when we confuse our patriotism with rivalries that have sown resentment and hatred and violence in all the corners of the globe,” McCain said in his statement. “We weaken it when we hide behind walls rather than tear them down, when we doubt the power of our ideals rather than trust them to be the great force for change they have always been.”

The White House did not immediately return a request for comment.

McCain, a Navy veteran and two-time Republican presidential candidate, died at the age of 81 after battling brain cancer. The Arizona



**On Nov. 13, 1996, McCain embraces Mai Van On, the man who saved him in 1967 after his bomber was shot down over Hanoi during the Vietnam War. “He’s a wonderful man,” McCain said. “It’s very touching to talk to him.” On pulled McCain’s broken body from Hanoi’s Truc Bach lake despite a jeering crowd that would sooner have let the American aviator die. “I didn’t know why I saved him at the time,” On said, according to the Associated Press. “But now I know. He is an important American senator who is trying to help Vietnam.”**

lawmaker wrote in his statement that he “had the privilege to concede defeat in the election for president” in 2008 and concluded his message “with heartfelt faith in Americans that I felt so

See Page 18 John McCain



*Assisting people with intellectual or physical deficiencies*

Get an AEC JNC.0E and enjoy wide-ranging career prospects in the fields of **education, health and social services**

**Loans and bursaries available**  
For more information, call **BCM College at 514 733-3777**



[www.BCMcollege.ca](http://www.BCMcollege.ca)

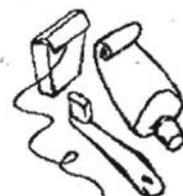


## Dental Clinic



**Dr. Rosario Ambayec, D.D.S.**  
Chirurgien Dentiste / Dental Surgeon

**Comprehensive Gentle Dental Care for The Whole Family**



- > Open Tuesday to Saturday.
- > Days & Evenings.
- > By appointment, Accept emergencies.
- > Free parking for your convenience.

(514) 731-6479  
3535 Côte Ste. Catherine, Suite 1, Montreal, Quebec H3T 1C7  
(corner Côte des Neiges)



# It's apple picking time! Join our annual picnic on Sunday, September 16, 2018.

**Destination:** Mont St. Gregoire  
**Assembly place:** Plamondon Metro (Van Horne Exit)  
**Assembly time:** 9:30 A.M.  
**Departure time:** 10:00 A.M.  
**Return to Montreal:** 3:00 P.M.  
**Donation:** \$15 ( to cover cost of bus)  
 + Cost of apples (t.b.a. at the orchard)  
**Deadline:** Please pick up your tickets on or before  
 September 9, 2018  
 514-485-7861 or cell: 514-506-8753



— DI LANG LIBRE ANG MATUTO —

# NG FRENCH

Madagdagang  
tu long  
pinan syal

**LIBRENG** mga klase ng French  
para sa mga imigrante

- > Full time
- > Part time
- > Online
- > Kailangan ng espesyalidad

**KAPAKI-PAKINABANG ITO!**



**MAGTAGUMPAY  
SA FRENCH**

**MAGPAREHISTRO NA!** > 514 864-9191  
[www.LeSuccesParleFrancais.gouv.qc.ca](http://www.LeSuccesParleFrancais.gouv.qc.ca)

**ENSEMBLE** >   
*on fait avancer le Québec*

**Québec** 

**NON-STOP FLIGHTS  
TORONTO - MANILA**  
Starting December 17, 2017



COME HOME  
TO THE **Philippines**

Enjoy connections from Ottawa, Montreal and Quebec City to Toronto.

Enjoy non-stop flights to Manila from Toronto starting December 17, 2017.

Let us take you home to your loved ones with the care that comes only from the Heart of the Filipino.

Connect from **Montreal, Ottawa or Quebec** to Toronto with our WestJet codeshare flights. Experience the convenience of timely connection, checked through baggage, plus earn Mabuhay Miles.

From Manila, you can easily connect to domestic destinations in the Philippines.

Have a heartwarming travel experience with the airline that celebrates the Heart of the Filipino.



**Spare your family the difficult decisions and expense involved in arranging a funeral.**

**Planning your funeral in advance ensures your wishes are respected and your family is protected.**

**Let me help you put your affairs in order by planning your funeral in advance...**

**Call me today to book a personal consultation or reserve a place at one of my monthly seminars.**

**Dignity**  
MEMORIAL

∞ LIFE WELL CELEBRATED® ∞

- Up to 10 year financing available in pre-arrangement
- Reception facilities and free indoor parking
- Chapel recording/webviewing for family overseas
- Repatriation services



**Sandra Wong**  
Funeral Planning Counselor  
514.342.8000 ext: 2258



**CENTRE FUNÉRAIRE  
CÔTE-DES-NEIGES**  
4525, ch. de la Côte-des-Neiges,  
Montréal, Québec H3V 1E7  
www.dignitequebec.com



## Quick and Easy Filipino Recipes



### Fish and Shrimp Weekend Special

Rich in Vitamin A. Serves 6.

You'll Need:

200 grams medium shrimps, shelled  
1 can tomato sauce (200 grams)

1/4 teaspoon fine salt  
1/8 teaspoon ground pepper  
1/4 teaspoon white sugar  
200 grams fresh fish fillet (salmon or tuna chunks)  
1/8 teaspoon fine salt  
4 cloves garlic, minced  
1 medium onion, chopped  
1 teaspoon fresh ginger, minced  
2 tablespoon softened butter  
1 medium carrot, sliced  
2 tablespoon Chinese black beans, coarsely mashed  
1 cup button mushrooms, sliced  
1/2 cup water  
50 grams Chinese green beans, cut into 1-inch length  
1 medium red bell pepper, cut into long strips

Instructions:

Sprinkle salt, pepper, and sugar on shrimps. Drizzle tomato sauce on top. Marinate for 10 minutes, then remove shrimps. Reserve marinade. Rub salt on fish fillets. Fry on hot oil until light brown. Remove from oil and set aside.

In a saucepan over medium heat, sauté garlic in butter until golden. Add onion, ginger, and shrimps. Stir in carrots, black beans, mushroom, and marinade. Simmer for 3 minutes. Add water and let boil for 10 minutes. Stir occasionally.

Add green beans, bell pepper, and fish. Simmer for 5 minutes. Serve hot.

Tips:  
Fresh fish fillets do not have brown

edges. The color must be uniform all over.

To remove fishy smell from your hands, rub a slice of lemon on palm and fingers before washing with soap and water.

Wash vegetables while whole and unpeeled to save the precious nutrients within.

### Chicken Meat Rolls

Rich in Vitamin A. Serves 6.



You'll Need:

1/4 kilogram ground chicken meat  
150 grams sausage, coarsely chopped  
1 small onion, chopped  
1 stalk celery, chopped  
1/2 cup tomato sauce  
1 whole egg, lightly beaten  
1 small carrot, grated  
2 slices loaf bread, shredded  
1/4 cup raisins

Instructions:

Put together all ingredients in a bowl. Season with salt and ground pepper. Mix thoroughly.

Measure 1 cup of chicken mixture. Shape into a long roll and wrap in aluminum foil sheet. Steam for 1 hour. Cool completely and chill. Slice and serve with chili-sweet ketchup.

Tips:

Cut the crusts from sliced bread to use as filling for this recipe.

Substitute ground pork for ground chicken.

Cook a large number of chicken rolls over the weekend and store in freezer. Just pop in the microwave oven to thaw before dinner. Serve with hot soup.

### Tofu and mushroom delight

Rich in Vitamin C. Serves 5.



You'll Need:

4 cloves garlic, minced  
1 medium onion, chopped  
1/4 cup mushrooms, sliced  
1 can spaghetti meat sauce (365 grams)  
1 block firm tofu, cubed and fried

1 medium red bell pepper, seeded and cubed  
Ingredients:

Sauté garlic, onion and mushroom in small amount of vegetable oil. Add spaghetti meat sauce. Simmer for 3 minutes.

Add 1/4 cup water, 1/2 teaspoon salt, 1/4 teaspoon ground pepper, and sugar to taste. Simmer for 5 minutes. Stir in tofu and bell pepper cubes. Simmer for another 3 minutes. Serve as toppings on hot rice.

Tips:

For a tastier dish, replace round mushrooms with a wild variety of mushroom.

Marinate tofu in a mixture of oyster sauce and sugar before frying. Replace tofu with salmon or tuna chunks. Marinate fish chunks in salt and pepper before frying.

### Saucy Pork Chops

Rich in Lysine. Serves 6.



You'll Need:

600 grams pork chops (6 slices)  
1 tablespoon softened butter  
1 medium onion, chopped  
1 can spaghetti sauce (250 grams)  
1/3 cup cream of corn  
3/4 cup pea pods  
Marinade:

3 cloves garlic, minced  
1/3 teaspoon ground black pepper  
1/3 teaspoon cayenne powder, or to taste  
2 teaspoon soy sauce  
Instructions:

Mix all ingredients for marinade and rub on all sides of pork chops. Let stand for 30 minutes.

Heat butter in non-stick pan. Fry pork chops over medium-low heat. Cook until light brown. Remove from heat and set aside.

In a saucepan, sauté onion in small amount of vegetable oil. Add spaghetti sauce, corn and 1/4 cup water. Simmer for 3 minutes. Stir in pork chops. Cover saucepan and simmer for 10 minutes. Stir in pea pods. Simmer for 1 minute. Serve hot with bread roll or steamed rice. covernight inside the refrigerator. For tastier pork chops, marinate overnight before cooking.

**Boucherie Viau Inc.**  
Covey Hill  
Hemmingford, Quebec

**BUSINESS HOURS**

Mon. Tue. Wed.	9:00 a.m. - 5:00 p.m.
Thu. Fri.	9:00 a.m. - 6:00 p.m.
Saturday	8:00 a.m. - 5:00 p.m.
Sunday	Closed

**Pork loin**  
Approximately 15 lbs

**3.<sup>29</sup> lb**

**Half or Whole pork**  
Cut & Wrapped

**2.<sup>05</sup> lb**

**Fresh Pork Belly**

**4.<sup>89</sup> lb**

**FRONT 1/4 Beef**  
\$4.89 lb

**Beef Blade steak**  
**SPECIAL**

**6.<sup>99</sup> lb**

**Boneless Pork**  
shoulder \$4.29 lb

**Fresh Pork Leg**

**2.<sup>49</sup> lb**

**Beef Round**  
**Steak**

**8.<sup>99</sup> lb**

**Picnic Ham w/bone**

**2.<sup>69</sup> lb**

**Home smoked meat**

**Special**  
**13.<sup>99</sup> lb**

**Regular smoked**  
**bacon**

**7.<sup>49</sup> lb**

**Ground Pork**  
**Special**  
2.89/lb

## Prepare for "BBQ'S"

### Boucherie Viau, Inc.

83 Covey Hill, Hemmingford QC J0L 1H0  
Tel.: (450) 247-2130 or (450) 247-3561

**Join Gilmore College International Annual Picking Picnic**  
**September 16, 2018**  
**Call 514-485-7861 to reserve tickets.**



## Social Tidbits

**Fely Rosales Cariño**

Last July 28, 2018 was a red-letter day for the Knights of Rizal (KOR), Montreal Chapter. Their program started with the ceremony of knighting. KOR Officers for 2018-2020 are: Sir Gerry Danzil (Chapter Commander), Sir Hector Racuya (Deputy Chapter Commander), Sir Hadjal Haddoc (Chancellor), Sir Ernesto Galcon (Deputy Chancellor), Sir Dante Tabamo (Pursuivant), Sir Freddie Baculina (Exchequer), Sir Ismael Calaunan (Deputy Exchequer), Sir Jolan Bueno (Archivist), Sir Danny Novida (Deputy Archivist), Sir Abel Gumangan (Auditor), and Sir Rolando Maday-a (Deputy Auditor). Trustees are: Sir Pedro Danzil, Sir Anacleto Manuel, Sir Alfredo (Patrick) Gotera, Sir Mario Pantaleon, Sir Teddy Sadsad Dedote, and Sir Reggie Villamor. Elders of the KOR are: Sir Edmour Valdez, Sir Bert Abiera, Sir Salvador Cabugao, Sir James de la Paz, Sir Dario Boco, Sir Rey Balansi, Sir Floristo Rillo, and Sir John Linden. Admission to the organization is not just a simple acceptance of desire to be a member. Knighting includes the intricacies of the use of the sword. In charge of knighting the new recruits were Sir Gerry Danzil, Sir Jose Damasco (KGOR, Canada Regional Commander), Sir Dario Boco (KGOR, Eastern Canada Regional Commander), Sir James De La Paz (KGOR, Deputy Area Commander), Sir Bert Abiera, and Sir Rey Balansi. Members who were knighted were Cipriano Flores Galang, Stephane Morin, Ruben Salanga, Dindo Clauna, Bernardo Sarmiento, and Dionisio de los Reyes. Included in the featured portion of the program were the Induction of Officers, the Awarding of Service Medals and the Elevation of Ranks to some deserving knights. The evening had a military-like atmosphere, with dignified uniforms festooned with sash and medals galore. The knighting Ceremony started with the candidates of knighthood entering blindfolded (to great dramatic effect!). One learns that knighting involves placing the sword on every shoulder of the candidate who is in a kneeling position. The candidate verbally accepts while another officer gently taps him on the shoulder. To complete the knighting, the spouse or close friend of the candidate pins his medal on his lapel to indicate that now he is a member of the KOR. Dinner came afterwards, followed by the Entrance of Colors which began the evening's merriment. Flag bearers were Sir Teddy Sadsad Dedote (Philippine Flag), Sir Angelito Laxamana, KOR, (Canada Flag), and Sir Esmael Calaunan (Quebec Flag). After everybody received the invitation to follow the parade, Sir Edmour Valdez sang the national anthems. As in all Dr.

Jose Rizal celebrations, the Pledge of Allegiance is always recited. This honor was performed by Sir Dante Tabamo. Sir Hector Racuya completed the first part of the evening's event with the Invocation. Then Sir Gerry Danzil formally welcomed the guests. And before the speeches of the invited guests began, the new officers were inducted by Sir Reynaldo Balansi.

Sir James De La Paz introduced the guests and requested them to give a short message. Invited guests were Hon. Pierre Arcand (MNA, Town of Mount Royal), MNA David Birnbaum (Deputy of D'Arcy McGee), Hon. Kathleen Weill (MNA), Rachel Bendayan (Liberal Party Candidate in Outremont), Councilor Peter McQueen (NDG), and Councilor Lionel Perez (Darlington). The Program ended with the closing remarks by Sir Dario Boco. As usual, ladies dressed in their Sunday best successfully attended to the different committees and also served as charming partners of their personal knights. Among these ladies are Ladies Claire Boco, Cherry Palmos, Alejandrina Ablog, Abeith Piedra, Estela Tablas, Leonna Gattoc, Linda Danzil, Rose De La Paz, Doris Tabo-oy, Isabel De La Piedra, Delia Daniel, Julie Tabamo, Grace Baculina, Revelina Supan, Thelma Esperon, and Rowena Racuya. These ladies, with their attractive ensembles and social graces made their Knights very proud! After the program, dancing started in earnest. The music was very inviting that most stayed up to adieu time!

Well, it seems to be a double header report on Knights of Rizal activities. Last Saturday, August 4, 2018, members drove to Rawdon for a picnic. Assembly was at Tim Horton's in Van Horne corner Victoria. You can't believe how many seniors were there. There were two other groups enroute to the Mohawk Casino. For the KOR group, as if everyone brought food for 5-10 people that there were enough left for supper. The day started cloudy but at lunchtime drizzles came by. So, instead of calling the occasion "Singing in the Rain," we called it "Eating in the Rain!" Fortunately, the rain didn't last long and the group had time to visit the other scenic views. Before embarking for the trip home, the men had fun discussing petty politics sprinkled with jokes. The trip provided a much needed relaxation. We spent the day eating delicious potluck. We watched people swimming in the river down below, people barbecuing, and children just running and horsing around. Fun-seekers who joined the Rawdon trip were Gerry & Linda Danzil, Dario & Claire Boco, Lito, Slavina & Beth Laxamana, Reggie Villamor, Cherry Palmos, Pedro Danzil, Ernesto

Galcon, Ismael Calaunan, Abeth Delapeona, Teodoro Olivar, Hadjac & Leonita Gattoc, Estela Tablas, Vangie Vesario, Leah Bumagat, Buddy Cabugao, Doris Tabo-oy, Espie Manaog, and yours truly.

Lilia Esguerra, President of the Filipino Golden Agers Club (FILGA), gathered her members and led them to the MacKenzie King Park at Cote St Catherine St, Montreal last August 18, 2018 for a picnic. Her Executive Board members were there to receive guests. The weather was nice and there was extra food to go around and more to bring home (just the way Filipinos like it!). Prominent politicians David Birnbaum (who was on serving duty and wore an apron to prove it) and Kim Manning were busy distributing their campaign brochures. Fellow SWIS members Andy and Lolit Odulio were on hand to do most of the photo shoots. Way to go, Lilia – yes, we'll wait for your next interesting event! Another picnic held at the same place and date was thrown by the Bowling League headed by Ric Liganor. Everyone was not only discussing about strikes and spares during play time, but were discussing about life in general... life in the Philippines, life in Canada, bowling thrills and upcoming champion bowling potentials. Good job, Ric!

Last July 28, 2018 a social media and potluck party was held at Ciony Nueva's condominium on Rushbrooke St in Lasalle. Present were Ciony Nueva, Nancy Karidis, Jeanette Perognon, Nenita Licyayo, Eppie Genero, Tessie Lopez, Consuelo Barona, Rebecca Aguilar, and Valent Lloyd Hughes. Also invited were their iPad teacher Al Abdon, accompanied by his wife, Cora, who saw to it that he didn't drown himself on Diet Coke. Past QACFT President Trans Liganor was there also to see the result of the program she originally initiated (by applying of a government grant). During this session, each student asked individual questions pertaining to problems with lighting, focus, sizes, angles, etc. One of them complained that she couldn't see anything. Al Abdon said, "No wonder; your camera is not open."

Recently on August 14, 2018, the iPad class 5 (also under Al Abdon), held their graduation exercises at 6767 Cotes des Neiges, Montreal. The graduates were: Leonila Pascua, Tessie Lopez, Rosario Tapia, Consuelo Barona, Ellie Israel, and Clement Fadoul. Each graduate was asked by Al Abdon which part of the program benefitted them the most. Each expressed their personal satisfaction about the course. The above six new graduates received their Certificate of Completion from Trans Liganor, the outgoing President of the Quebec Association of Canadian Filipino Teachers (QACFT) assisted by the incoming President Bing Estopa.

Aloha! August 19, 2018 was a Hawaiian party dress-up day at the St. Kevin's Social Hall on Cotes des Neiges, Montreal. The occasion was the monthly social activity of the Association of Filipino Seniors of Montreal (AFSM). Every lady in that hall was Hawaiian-dressed complete with a matching lei for the evening. The AFSM first lady, Nene Fabia, even changed from a flowered pink gown into a multicoloured blue gown which matched the AFSM

President William Fabia's Hawaiian shirt. Host Malou Andal started the program mid afternoon with the usual parade of colors (flagbearers :Edwin & Rose de la Rosa, Patrick Gotera, Sheldon & Harry Seedihal), singing of national anthems (Mel Anore and Rose Sumonod), Invocation (by Evelyn Calusa), followed by the Welcome Address of President Fabia. DJ Dennis Mayuga let the guests danced non-stop with his versatile choice of music. Yoly Dimaano presented the following celebrants: Christian Evangelista, Caridad Gonzalo, Alma Lapid, Anatolia Limbago, Harry Seedihal, Froilan Poquiz, Adgardo Aberin, Helenista Andal, Enrico Esplana, Cecilia Jalos, Antonio Pascual, Filomena Fasal, Cesar Manuel, Estelita Torio, Valent Lloyd Hughes, and Emma Resurreccion. Delicious cupcakes with candles were made by Fe Fabia Poquiz and the birthday roses were handed out by Lucing Bulchand. Everyone went home happily after a heavy supper. After the party, Cely Dagsaan, her sister Esther Bernardino, Valent Lloyd Hughes, Emma Resurreccion (played Houdini, now you see her - now you don't during the party), Cora Aberin, and yours truly went for coffee and frosty delights while we engaged in nice conversational recollections at Wendy's on Decarie.

A super belated good wishes to sweet couple Mr. & Mrs. Victor & Jillian Zampino! The blessed nuptials took



**Say Hello to new couple of the year, Mr. & Mrs. Victor & Jillian Zampino!**

place on January 13, 2017 at the First Filipino Baptist Church on 6999 Cote Des Neiges with Pastor Joe Faia officiating. The most inspiring part of the wedding service was the Foot Washing Ceremony. Yes, you read right. What a truly unique and an absolute delight to behold for those in attendance! The Scripture Reading was taken from 1Corinthians13 which speaks of the excellence of love: Love is patient, love is kind and is not jealous; love does not brag and is not arrogant, does not act unbecomingly; it does not seek its own, is not provoked, does not take into account a wrong suffered, does not rejoice in unrighteousness, but rejoices with the truth; bears all things, believes all things, hopes all things, endures all things. (This paragraph was contributed by my daughter, Joy Rosales, an aspiring writer By heart).

And on that note. See you next issue and God Bless!

# FILIPINO STAR

## SHOWBIZ GOSSIP

### Make a living one vlog at a time



**Michelle Fox**

Michelle Fox is one of many people who has made vlogging her job. Funny enough, it started with her simple desire of acquiring a new gadget. (May budget si ate?!)

“My vlogging was just by accident. I wanted a new camera because i was planning to enroll in a photography class. But when I uploaded a video in December 2017, pumatok bigla sa sambayanang pilipino! They requested for more videos,” Michelle shared. (Bakit sakín walang request?!!)

Naming her vlog “vavaeng marangal” was also unplanned: “I didnt intend to name it as such. I did this video about the ‘Meet the parents’ look and I mentioned that you should be a vavaeng marangal. The viewers liked the term at yun na lang daw bansag sakín.” (Ako kaya ano magandang bansag, maliban sa bading!)

Michelle’s vlogs focus on beauty and lifestyle. She is at her best giving make-up tutorials. (Makapag-tutor nga rin ng good manners and right conduct sa mga barubal!)

“i love reading positive

comments from my followers. They really inspire me to make more vlogs,” Michelle says. (Bakit sakín puro may ma-i-comment lang?!)



She admits she also gets hate messages on YouTube and Facebook but she tries not to react. (Chin up lang daw sya! )

“Yes, I have haters especially those who are perfectionists. But they just inspire me to do better.” (Kahit minsan sarap nang patulan!)

Her increasing number of followers encourages her to continue her vlogs, this time with the help of her special someone, Lalaking Marangal. (May lalaki na sya?!)

“My dream is simple: to spread love and good vibes. I want to make my channel fun and exciting for everybody!” Michelle said. ■

### Face of the Year runner-up realizes his showbiz dream



**Miguel Villacis**

When Miguel Villacis joined Face of the Year 2018, his dream was to enter show business. He needed the exposure to get into show business. And he succeeded in making the competition his stepping stone.

Too bad Miguel did not win (he emerged just one of the runners-up) but he won four special awards. It was good enough for him; after all he gained notice – which was really his intention – and now he is on his way to stardom. He is set to do an indie movie and his single, “Target Date” will soon be released.

He is taking acting and singing workshop under Elson Montalbo of Viva.

Asked what his preference is, whether to be an actor or singer, Miguel said he’d like to do both, although he’d like most to be known as an actor, following in the footsteps of his idols Jericho Rosales and Piolo

Pascual whose acting, he noted, are very natural and effortless. He likes Jericho’s “Siargao,” by the way.

He would like to do dramatic roles, but “I also like to do action roles, even kontrabida roles, which are more challenging,” he said. Among the young actresses, Miguel said he’d like to be paired with Bianca Umali whose latest TV show was the well-loved GMA primetime series “Kambal, Karibal.” When he was in high school (at Letran), Miguel was into sports – martial arts like karate and basketball. He played with the Philippine Team.

He is currently studying at Trinity College (taking up Marketing). “I’d like to be a businessman someday and put up my own restaurant.” At the moment, Miguel is the endorser of Cafe Marla. He has also been tapped to endorse a gasoline brand. ■

# Success of 'Crazy Rich Asians' movie sparks plans for sequel



**Author Kevin Kwan (R) and cast members Henry Golding and Constance Wu pose at the premiere for 'Crazy Rich Asians' in Los Angeles, California, US.**

The Warner Bros. movie studio is in the early stages of developing a sequel to its groundbreaking romantic comedy "Crazy Rich Asians," a source with knowledge of the matter said on Wednesday.

It is unclear when a sequel could reach theaters. No script has been written and no deals have yet been signed with the movie's screenwriters, the source said.

Jon M. Chu plans to return to direct the new film, his publicist confirmed. But he is first scheduled

to direct an adaptation of Lin-Manuel Miranda's musical "In the Heights," which is scheduled for release in June 2020.

The Hollywood Reporter first reported plans for a sequel. The trade publication said the next installment would be based on author Kevin Kwan's second book in a trilogy, "China Rich Girlfriend."

"Crazy Rich Asians" marked a milestone as the first film from a major Hollywood studio in 25 years to feature an all-ethnic Asian ensemble cast. It stars Constance

Wu, Michelle Yeoh, Awkwafina and newcomer Henry Golding.

On its debut weekend, the movie topped U.S. and Canadian box offices with \$26.5 million in ticket sales from Friday to Sunday, and sales had topped \$44 million through Tuesday. The movie is now starting to roll out in theaters around the world.

In the film, Wu plays a New York economics professor who flies to Singapore to meet her boyfriend's family only to discover it is one of the wealthiest in the country. The cast was drawn from Taiwan, Britain, China, Malaysia, the Philippines, the United States and Australia, along with Singapore.

The main cast also is expected to return for the sequel, The Hollywood Reporter said. The

new film also will tell the story of Astrid, the cousin of Golding's character, Nick, with a man named Charlie played by "Glee" alum Harry Shum Jr., Chu told the trade publication.

The gold-digging character in "Crazy Rich Asians," Kitty Pong, portrayed by Fiona Xie, will also have a bigger role, Chu said.

"We needed to hire somebody who can really act, because in time she becomes much more significant," he said.

The plans for a sequel emerged as Singapore's defense ministry said that author Kwan, also an executive producer on the "Crazy Rich Asians" film, is wanted for defaulting on his compulsory military service. Kwan could not be reached for comment. ■

## Jericho Rosales admits cheating in a past relationship



**Jericho Rosales**

In a no-holds-barred confession, Kapamilya ultimate heartthrob Jericho Rosales admitted that, just like most guys, he has also had his fair share of infidelity. But he has also experienced being cheated on by a girlfriend.

At the recent press conference for his upcoming series "Halik," showbiz columnist Ogie Diaz who hosted the show threw in the killing question to the cast. Without batting an eyeless, Rosales said, "Oo na-experience ko na lahat 'yan (I've experienced all of that)."

"Ipokrito naman ako kung sabihin kong hindi ako nambabae at hindi ako naloko

din di ba? Although hindi ko sasabihin kung sino kasi privacy nila 'yun eh saka nagkapatawaran na kami eh 'yung mga pagkakamali," he said.

(I would be a hypocrite if I'd say I've never cheated or I was never cheated on, right? Of course, I won't mention names because it's private and we have forgiven each other for those mistakes)

Rosales had some of the most beautiful ladies in his romance list. Among his most popular girlfriends were Angelika dela Cruz, Kristine Hermosa, Cindy Kurleto, and Heart Evangelista. ■

<b>RESTAURANT</b>	
<b>LA MAISON NEW KUM MON</b>	
<b>6565 Côte-des-Neiges Road</b> (near Corner Appleton) <b>Montreal, QC</b>	<b>5047 Henri Bourassa Est</b> Montréal, QC H1G 2S1 Tel.: (514) 322-3133, 322-3130
<b>Bean Curd Seafood Soup</b> 1/2 Crispy Chicken Salt and Pepper Pork Loin Stuffed Bean Curd with Shrimps Sautéed Seasonal Vegetables Steamed Rice  <b>\$49.95</b> 4 persons	<b>Fish Maw Seafood Soup</b> Baked Lobster with Ginger Seafood with Chinese Broccoli Salt and Pepper Cuttle Fish Fried Sea Bass Fish Steamed Rice  <b>\$74.95</b> 4 persons
<b>Bean Curd Soup</b> 1/2 Crispy Chicken Shrimp Cake with Chinese Broccoli Sweet and Sour Pork Seafood with Bean Curd in Hot Pot Salt and Pepper Squid Fried Sea Bass Fish Steamed Rice  <b>\$79.95</b> 6 persons	<b>Fish maw seafood soup</b> 2 Baked Lobsters with Ginger Seafood with Eggplant in Hot Pot Stuffed Bean Curd with Shrimp Seafood with Chinese broccoli Fried Sea Bass Fish House Fried Rice Special Fried Noodles  <b>\$159.95</b> 10 persons
<b>FREE DELIVERY</b> Minimum order of \$10 Delivery hours: 11:30 a.m. - 3:30 p.m. 5:00 p.m. - 11:00 p.m.	<b>514-733-6029</b> <b>514-733-1067</b> For party menu, call Kenny

## Showbiz Gossip *Continued from p.15*

### Why many celebs have life coaches



**Clarissa Calingasan**

Life coach Clarissa Calingasan wants to reach out to celebrities, including Sarah Geronimo and Vice Ganda, to offer them free sessions.

Three months ago, the pop superstar broke down during her Las Vegas concert and apologized to her fans, saying, "I'm sorry, pagod na po ako." Shortly after, comedian Vice Ganda admitted in an interview that he too "experienced and underwent depression like Sarah and would have anxiety attacks."

And although the two have announced they are in better state of mind these days, Calingasan said her offer stands should they need to avail of it in the future.

"Life coaching is a profession so profoundly different from therapy or counselling. I don't give advice or my personal opinions. In the case of Vice and Sarah, they are very popular and most of their time are spent on giving people entertainment. With their hectic schedules and the unpredictable acceptance or judgements of people watching them, they could easily burn out. That's where I step in: I could help them realize their unlimited potential while enjoying their dream – a balanced life."

She added: "We help people realize that whatever it is they want to achieve in life, it can be realized. We help them lead their lives to the fullest. This means achieving a balanced life even during and after limelight, and

succeeding in 7 aspects of their life – health, happiness, finances, career, family, spirituality and friends."

Many international celebrities and leaders admit to have life coaches. Oprah Winfrey, Bill Clinton, Leonardo DiCaprio, Serena Williams, Andre Agassi and Hugh Jackman are just some of them. Highly successful entrepreneurs and professionals have certified life coaches from the start of their career. They give them unbiased and constructive criticism and unwavering encouragement all the way to the success line. I personally think coaching is one of the single most effective success accelerators.

So why Sarah and Vice in particular, I asked.

"I admire both of them. They are both passionate with what they do. You can easily connect with them through their eyes. They are very influential and they always share their energy, talents and abilities that could lead both of them into thinking they could be tired or drained. In this day and age—a hectic life, so many imbalances, social media, less real interaction—all of these lead people into making decisions that lead to a place where they might feel fearful, empty and always seeking something that they themselves don't know what."

And that's why many celebs need life coaches. ■

### Anne Curtis opens up about depression



**Actress and TV host Anne Curtis was named one of "Top 30 World's Most Beautiful Women of 2017" by a Hollywood-based social magazine.**

Kapamilya actress Anne Curtis admitted that she experienced depression and advised people with the same problem to seek help.

In the press conference of her August 18 "Annekulit" concert, Anne said it is important not to keep one's mental state to oneself.

"You seek help. You seek help from your friends. Don't be ashamed. You seek help from your family, from people who love you. You can even seek professional help if you feel uncomfortable talking to family members and friends about it, but the most important thing is to seek help," the "BuyBust" star said.

The "It's Showtime" host recalled her depression, but did not mention when it happened.

Last June, Anne tweeted about Kate Spade and Anthony

Bourdain. In the post, she said: "Depression is real and we never know what people might be going through every day. Be kind. Take time to talk. Ask how your friends are. It just might make a difference."

"I've had my fair share of depression and anxiety. A lot of it has to do with, in fact, press, and having the stress of press when I was going through something very, very tough. A lot of anxiety built up na parang feeling ko ayaw ko nang humarap sa tao. It happened really, really bad," she professed.

For Anne, having a support group her makes her overcome depression.

"I think when you have the perfect support team around you, and you don't let it eat you up inside, you'll be able to get through it," she said. ■

### Alex Gonzaga receives 'Gold Play Button'



**Alex Gonzaga with her Golden Youtube Button**

Gonzaga proudly showed off the award on Instagram with

caption: "Our GOLD BUTTON is here!!!!!" wrote the actress. "Mabuhay ang mga netizens na may ginintuan puso nagsubscribe!"

Known for her hilarious videos, the Filipino television host, singer, actress, and author started vlogging since July 2017.

Her vlogs feature traveling with her family and friends, make-up tutorials, her everyday life, bag raid, a date with her boyfriend Mikee Morada, and more. ■

# She scrimps and saves



**Kris Bernal**

Kris Bernal has her businesses and bought a house in the US. How exactly did she do it? Read on.

Celebrities are among the highest paid people in the world, but Kris Bernal is the thrifty one.

And now she's getting the last laugh – or at least she's laughing her way to the bank. She recently bought a house and lot in West Covina, California, and runs several businesses in the Philippines with more coming up. So many actors whose stature in the industry seems bigger than her can only dream of having what Kris does.

In an interview, Kris said she's not had a driver ever. And for a time she worked almost round the clock. Has her own glam team? You must be kidding.

Many of the clothes she wears publicly are sponsored and, besides, she gets many freebies – a perk for being a star.

Well, honestly, she used to buy branded things, particularly designer bags and shoes. But, she has since stopped. And those she own had already been sold, the actress pointed out.

Most of the money she earns goes to her time deposit account. Word to the wise: the interest really grew.

She will soon buy another lot where a dream house will be built.

Life is sweet for those who scrimp and save, she'll tell you that.

**Business-minded**

Kris is working on an all-natural, cruelty-free lipstick line she plans to call SHE.

The idea of venturing into the cosmetic business started when she got inspired by 22-year-old American TV personality Kylie Jenner who opened her own

lipstick line and become a billionaire.

She has studied how lipsticks are made and even took up an E-commerce workshop.

“More than anything else, more than the tube or the packaging or the branding, my priority is really the formula,” she reiterated.

In terms of standard, she wants the product “highly pigmented, full coverage, hydrating, creamy, long-lasting, and light-weight.”

She said: “With my name on the line, quality is more important than just selling and making money.”

Her line will have five shades of lipstick.

**New resto**

After the success of her burger joint aptly named Meat Kris, the actress has opened House Of Gogi, a Korean barbecue restaurant in Quezon City.

The restaurant offers unlimited samgyeopsal, beef, and Korean side dishes that comes with unlimited cheese. It also has unlimited Bibimbap.

Kris shared they were able to save up on costing because his non-showbiz boyfriend is a chef. Also her business partner, his family's business is supplier of all kinds of raw meat and dairy products.

In terms of her branching out House of Gogi, Kris said she's thinking about it. More than the money needed for such an investment, her work schedule for now just might not allow it.

After playing dual roles Nimfa and Rosette on “Impostora,” Kris returns on the small screen by playing a pivotal character on the upcoming series “Mag-asawa, Magkaribal.” ■

# Pope keeps silent on abuse claim letter at end of Irish visit



**Pope Francis addressed journalists on his flight back from Dublin to Rome (Reuters)**

(Aug. 26) BBC News)

Archbishop Carlo Maria Vigano also accused him of covering up allegations of sexual abuse by a US cardinal.

The Pope was asked about the accusations by reporters on his flight back to Rome after this weekend's Papal visit to Ireland.

He said he would not say a single word in response to the 11-page letter from Archbishop Vigano.

"I will say sincerely that I must say this, to you," he said, when asked by a journalist about the letter, "and all of you who are interested: Read the document carefully and judge it for yourselves.

"I will not say one word on this. I think the statement speaks for itself."

The timing of the letter, released as the Pope addressed sexual abuse by priests during his visit to Ireland, has raised questions about whether Pope Francis is facing a coordinated attack from traditionalists within the Catholic hierarchy.

"You have sufficient journalistic capacity to draw conclusions," Pope Francis told the reporters on board his plane.

"When a little time has passed and you have the conclusions, perhaps I will talk," he added.

What does Archbishop Vigano allege? He says the pontiff

knew about allegations of sex abuse by a prominent US cardinal for five years before accepting his resignation last month.

Archbishop Vigano says he had told Pope Francis in 2013 that Cardinal Theodore McCarrick had faced extensive accusations of sexually abusing lower-ranking seminarians and priests.

The Pope "knew from at least June 23 2013 that McCarrick was a serial predator," wrote Archbishop Vigano, adding that "he knew that he was a corrupt man, he covered for him to the bitter end."#

From Page 9 John McCain

powerfully that evening."

Trump offered his condolences to the Arizona senator's family in a tweet Saturday evening but made no mention of McCain's legacy of military service or leadership in the Senate.

The president has in the past suggested that McCain, who was a prisoner of war and torture victim during the Vietnam War, was not a war hero because he had been captured. He also criticized McCain for voting against the Republican bill to repeal and replace the Affordable Care Act.

"We are 325 million opinionated, vociferous individuals. We argue and compete and sometimes even vilify each other in our raucous

From Page 9 Housefather

Budning on behalf of Hampstead Mayor Bill Steinberg. A number of other city councillors were also present.

"Having the support of my local colleagues is incredibly important to me" said Housefather. "As a former Mayor and Councillor, I know the importance of having the local MP responsive to the needs of elected officials at the provincial and municipal levels where we work together on files that transcend jurisdictions. It is an honour to work with them on a regular basis and have their support."

"Anthony is an outstanding Member of Parliament responding to the concerns of the residents of our city and to the needs of Cote Saint Luc", said Mayor of Cote Saint Luc Mitchell Brownstein. "You know you can always count on Anthony to stand up for what he believes in. He is a trusted leader who is one of the hardest working people I know."

"Anthony has built bridges between ethnic and racial groups and spoken with strength and determination in the House of Commons against intolerance, discrimination and hate. Anthony has proven that he is our champion in consolidating this multicultural Canada built on equality and respect," said Marvin Rotrand Councillor for Snowdon. "I am honoured to count Anthony both as a friend and as the federal representative overlapping my municipal electoral district. He

public debates," the statement from McCain said. "But, we have always had so much more in common with each other than in disagreement. If only we remember that and give each other the benefit of the presumption that we all love our country, we'll get through these challenging times."

Even before his public feud with Trump, McCain built a reputation as a senator willing to buck his own party on issues ranging from climate change to campaign finance. He was referred to often as a "maverick" senator and had outside influence in the Senate, especially on issues related to defense and foreign policy.

McCain was also known for a willingness to work across the aisle, a style that has grown increasingly rare in

epitomizes the values of the Liberal Party in favour of a nation where all can contribute and succeed regardless of origin, race or creed. It is with great pride that I endorse Anthony's re-nomination as the Liberal candidate in Mount Royal."

"The opportunity to collaborate with Anthony Housefather is often provided to me and it remains a constantly renewed pleasure, all these years we have worked together. Thanks to him, we are fortunate in Mount Royal to count on a dynamic MP, very present, capable of a great proximity with the residents as well as with the members of the municipal council." said Town of Mount Royal Mayor Phillipe Roy.

"Anthony has been an outstanding MP, one who stays very close to his constituents, to me and the other elected officials in the Mount Royal riding. He is incredibly hard working and has done an excellent job as head of the Justice Committee. I hope and fully expect Anthony to be re-elected in 2019." said Hampstead Mayor Bill Steinberg in a statement read by Hampstead Councillor Warren Budning.

With the election just over a year away, Anthony remains committed to continue working hard representing Mount Royal and connecting with constituents as much as possible.

Media Contact:  
Daniel Gans  
danielgans@gmail.com  
613-294-8585

a deeply polarized political climate. The former Arizona senator predicted that the U.S. will emerge from its current divisions "stronger than before."

"Do not despair of our present difficulties, we believe always in the promise and greatness of America because nothing is inevitable here," McCain's statement said. "Americans never quit, we never surrender, we never hide from history, we make history. Farewell fellow Americans. God bless you and God bless America." #

**Learn to speak French and get a better job. Call to register 514-485-7861**

## The North American Filipino Star Classified Ads

### ADVERTISING

**CLASSIFIED ADVERTISING IS THE CHEAPEST WAY TO ADVERTISE**  
Send your text to: [filipinostar2@gmail.com](mailto:filipinostar2@gmail.com) to find out cost of your ad.

### CDN DUPLEX

**Private room upper duplex, big and bright for single lady professional, near all conveniences 514-506-8753**

### CLEANERS

**Office cleaners for West Island, car needed, work Mon-Fri, 1-4 pm & after 6 pm Michael call 514-624-3437**

### DRIVING

**DRIVING LESSON \* Car for EXAM. • 1 hr practice \$25. • Full course:- 24 hrs theory, 15 hrs practical. only \$650. KHALIL 514-965-0903.**

### PAB/PSW/NURSING AID

**Job opportunities are increasing in nursing homes and hospitals Get the training now to have better job security The PAB program is constantly upgraded - now it is a 975-hour program which previously was 800 hours. Call for appointment 514-485-7861 to register for September 2018 classes**

### LANGUAGES

**English, French, Filipino (Tagalog) Mandarin, Spanish Enrollment accepted by appointment Tuition fees are tax deductible, small groups, flexible schedules Call 514-485-7861**

**AGENCE de VOYAGE 協和旅遊**  
**CONCORDE**  
 OPC 762448 Open 7 days a week, Spanish / English / French services are available. Monday to Friday: 9: 00-19: 00; Saturday and Sunday: 10: 00-18: 00. The price is based on the website.  
**www.concordtours.ca** TEL: 514-506-8753 Info@concordtours.ca  
 1111 ST-URBAIN, SUITE R06  
 Montréal, Quebec H2Z 1Y6

**LICENSÉ: Magare SkyWares**

<p><b>Toronto &amp; Niagara Falls 2 Days</b>                  Departure: Every Tue./Wed./Thur./Fri./Sat./Sun.  <b>\$59<sup>+</sup></b>  <del>75<sup>+</sup></del></p>	<p><b>I LOVE NEW YORK 3 days</b>                  INDEPENDENT / GUIDED  <b>\$89<sup>+</sup></b>                  Departure: Every Wed./Fri./Sat.</p>	<p><b>Eastern USA 4 Days</b>  <b>\$159<sup>+</sup></b>                  Departure: Every Saturday.</p>
<p><b>Toronto &amp; Niagara Falls 3 Days</b>                  Departure: Every Mon./Tue./Wen./Fri./Sat.  <b>\$95<sup>+</sup></b></p>	<p><b>Boston &amp; Rhode Island 2/3 Days</b>                  Departure: September 1  <b>\$118<sup>+</sup></b></p>	
<p><b>Quebec City 1 Day</b>  <b>\$24.99<sup>+</sup></b>  <del>\$35<sup>+</sup></del>                  Departure: Every Tue./Wed./Thur./Fri./Sat./Sun.</p>	<p><b>Ottawa 1 Day</b>  <b>\$24.99<sup>+</sup></b>  <del>\$35<sup>+</sup></del>                  Departure: Every Wed./Sat./Sun.</p>	<p><b>Observing birds</b>  <b>Lobster dinner!</b>  <b>HOT SALE! \$149<sup>+</sup></b>  <del>\$95<sup>+</sup></del>  <b>Maritimas &amp; Gaspé 3/5/6 Days</b>                  Departure: Every Saturday; Every Sunday</p>
<p><b>1000 Islands &amp; Upper Canada Village 1 Day Tour</b>  <b>\$39<sup>+</sup></b>                  Depart date: Every Sat./Mon.</p>	<p><b>Florida Disney World 8 Days</b>  <b>\$459<sup>+</sup></b>                  Departure: December 26</p>	<p><b>Granby Zoo 1 Day</b>  <b>\$25<sup>+</sup></b>                  Departure: Every Sat./Sun.</p>
		<p><b>Whale Watching 1 Day</b>  <b>\$69<sup>+</sup></b>                  Departure: Every Saturday</p>

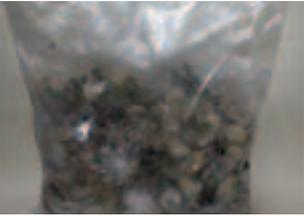
**LOWEST PRICE GUARANTEED! Direct Line: 514-506-8753 (English, French)**

6430 Victoria Ave.  
 Montreal, QC

# Marché Duc Thanh

Telephone: 514-733-7816

Sale prices valid  
 Aug. 30-Sept. 6, 2018

 Pork rib - \$1.99 lb	 Pork Belly \$3.29 lb	 Mixed Fish Ball 3/\$10.00	 Pompano 500 g \$4.99 ea
 Bulacan Longanisa \$2.99	 Sun Lee Mongo Beans 400g - \$1.29 ea.	 O'tasty dumpling \$4.00 ea	 Thai Gold shrimp 26-30 \$10.00 ea.
 Black Tiger Shrimp 41-50 \$14.99/pack 2 lbs	 Vina Café \$3.49 ea.	 UFC Spaghetti Sauce 1 kg - \$3.49	 Sukang Ilocos Vinegar \$1.49 ea
 Marca Pina Fish Sauce \$1.99 ea.	 Shanghai Baby Bok Choy - \$0.79 ea.	 White Raddish - \$0.79 lb	 Diwa Macapuno Strings \$2.99 ea.



Collège  
**GILMORE**  
International

**7159, ch. de la Côte des Neiges  
Montréal, QC H3R 2M2**

**Tel.: 514-485-7861 Fax: 514-485-3076**



**NON-CREDIT PROGRAMS  
(Recognized for Employment in Canada)  
CERTIFICATE OF PROFICIENCY IN  
VOCATIONAL EDUCATION**

- PSW/PAB/Nursing Aide
- Office Administration -
  - Administrative/Exec. Assistant General, Legal or Medical
  - Accounting Technician
- Early Childhood Education Assistant

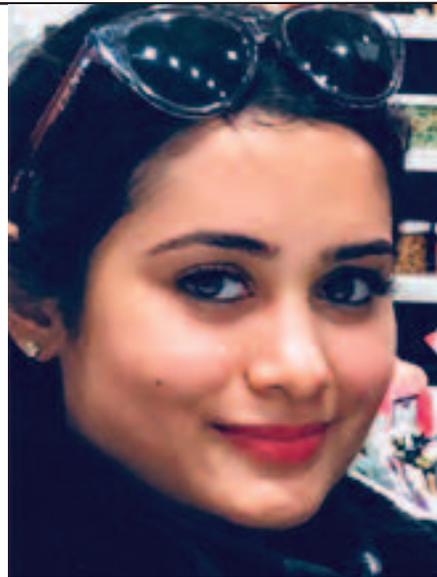
**COURSES AND SEMINARS**

- Languages
  - English (ESL)
  - French (FSL)
  - Filipino (Tagalog)
  - Mandarin
  - Spanish
  - Others (on request)
- Microsoft Office - Word, Excel
- Keyboarding (Touch Typing)
- Writers Helping Writers 2-Day Seminar
- Shorthand for Journalists/Exec. Asst.
- Small Business Management
- Bilingual Business Communication

**OTHER SERVICES**

- On-site customized personnel training
- Translation - Filipino, French, English

*All tuition fees over \$100 are income tax deductible.*



**Rachelle Awakim**



**Robin Hunter**

*Gusto naming matutong magsalita ng Tagalog kaya kami ay nag-aaral sa Gilmore College International*  
**We like to learn how to speak Tagalog so we are studying at Gilmore College International.**



**Batch 9 PAB Graduates - School Year 2010-2011**



**Batch 11 PAB students on Practicum at Chateau Westmount, Montreal**



**French Language Students  
Beginners Class**