

## Prime Minister Trudeau attends Toronto's "Taste of Manila" festival



Prime Minister Justin Trudeau cooking Filipino barbecue, and wearing a Filipino native attire, barong Tagalog. (Photo: Facebook) See page 4

## Peter's Chord visits Montreal



Councilors Marvin Rotrand and Lionel Perez (8th and 9th from the left) pose for souvenir with the Peter's Chord, a choral group of parish priests from the Philippines, August 19, 2016 (Photo by: Al Abdon) See story on page 4

# GUEST OP. ED.

## Filipinos should reject Trump

August 18, 2016 | Opinion  
ON DISTANT SHORE

By Val G. Abelgas

I'm not sure if I even wanted to add my voice to the chorus of people from both sides of the political fence in denouncing Republican presidential candidate Donald Trump for his bigotry and reckless demagoguery, but with his recent attack on the Philippines and Filipinos, I know I just have to.

Trump touched the nerves of Filipinos when he lumped the Philippines with the likes of Pakistan, Afghanistan, Somalia, Morocco, Iraq, Syria, Yemen and Uzbekistan as countries whose citizens should be barred from immigrating to the United States because they could potentially be recruited into Islamic terrorist groups.

"You have no idea who they are. This could be the great Trojan horse of all time," he said, repeating his warning that terrorists, including members of the Islamic State extremist group, will sneak into the United States as refugees. This is a practice that has to stop."

"We're dealing with animals," he said.

His unforgiveable attack on Filipinos exposed his unmatched duplicity because some years back, when he launched his real estate project bearing his name in Manila, he had high praises for the country: "I've always loved the Philippines. I think it is just a special place and Manila is one of Asia's most spectacular cities."

His recent remark also highlighted his ignorance of history. He has been very busy exploding tirades against Latinos and Muslims, he ignored the fact that hundreds of thousands of Filipinos lost their lives fighting side by side with Americans against the Japanese in World War II and that the some four million Filipinos in the US are contributing significantly to American economy and society.

But Filipinos are not the only ones shocked and worried by Trump's tirades. Even some ranking members of the party that nominated him have openly said they would not vote for

Trump with 50 former national security officials warning he would be the "most reckless president in American history" if elected.

The group, which included former homeland security chiefs, intelligence directors, senior presidential advisors and a former US trade representative, said: "We are convinced that he would be a dangerous president and would put at risk our country's national security and well-being."

They said the brash billionaire is unfit for office, saying that Trump "lacks the character, values, and experience to be



Donald Trump's angry gestures that have become notorious

president" and displays "alarming ignorance of basic facts" of international politics. They warned that Trump's "erratic behavior" has alarmed America's closest allies and that he fails to recognize the indispensable nature of such diplomatic relationships.

Trump first showed his bigotry and racist character when early in the campaign, he called Mexico a nation that sends its illegal drug traffickers, rapists and killers as immigrants to the US. He then vowed to build a wall between the US and Mexico.

And when pressed on the cases against Trump University, Trump said Judge Gonzalo Curiel, who was

handling the cases, can not effectively preside over the cases because of an "inherent conflict of interest" due to his stated call to build a wall on the United States' southern border and Curiel's Mexican heritage.

And then he turned his attention to Muslim immigrants. He said he would stop all foreign Muslims from entering the United States. Last month, Trump belittled the parents of a slain Muslim US serviceman who had strongly denounced Trump during the Democratic National Convention. The soldier's father, Trump suggested, delivered the whole speech because his mother was not allowed to speak.

Pakistani immigrant Khizr Khan galvanized the Democratic National Convention with a tribute to his dead

opens his mouth, the list of dissatisfied Republicans who refuse to support him in the elections are growing.

I've never seen a political party divided this badly by its presidential nominee. Only last Thursday, 75 former Republican officials wrote a letter asking the Republican National Committee to divert the funds set aside for the presidential campaign to ensure that the party would keep its majority in Congress by sending funds for the Trump campaign to House and Senate candidates struggling against Democratic rivals.

If he can't unite his own party, how can anyone expect Trump to unite the whole country? In his campaign to become the president and commander-in-chief of the world's most powerful nation, he has only sown hatred, fear, anger and divisiveness.

Many ranking Republicans in both national and state levels have expressed dissatisfaction with Trump and some have even vowed not to vote for the billionaire demagogue. Even longtime Republicans, including several Filipinos, have said they cannot support Trump because he would be a dangerous president.

After just a few days of blabbering and blunders, Trump's three-point lead in the polls over Democratic nominee Clinton just before their respective national conventions has turned into a 15-point margin for the former First Lady, senator and Secretary of State.

The 50 former Republican national security officials have every reason to be concerned about a Trump presidency. With the world precipitously threading on the precipice of war in various fronts, it is frightening to think that a man as imbalanced and as reckless as Trump would be holding the code and the key to the launching of nuclear missiles that could send the world to oblivion.

Filipinos should unite this time and join the only course of action available to Americans – reject Trump.

(valabelgas@aol.com)

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Press Release

## The Lakatos family's permanent residence application has finally been accepted

Montreal, 24 August 2016 -- Katalin Lakatos and her daughter Gilda, two Roma woman from Hungary who waged a five year battle to get papers in Canada, surviving three deportation orders, have finally been accepted. After months of waiting in precarity and anxiety, they finally received an official acceptance of their application for permanent residence on humanitarian grounds last week. Thanks to community support and their own impressive courage, they will now be able to build their lives in Canada and be reunited with their brother and father who were deported in March.

administrative processes before the nightmare is behind them, however. Moreover, the two men who have already been deported must reimburse the cost of their deportation (3000\$ in total) before they are allowed to return. At the same time, they are not entitled to work because they still haven't received their work permits.

-30-

Source:  
Solidarity Across Borders  
[www.solidarityacrossborders.org](http://www.solidarityacrossborders.org)

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Group photo of students and their family with friends who enjoy going on an apple picking picnic - fresh air, crunchy and sweet apples you can taste directly from the trees. (Taken on September 20, 2015)

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# Prime Minister Trudeau attends “Taste of Manila” festival in Toronto

Prime Minister Justin Trudeau's appearance at the biggest Filipino festival in Canada on Saturday, August 20, 2016 made many Filipino-Canadians happy and proud of their leader. Wearing the popular native attire called barong even made the people say “he’s cool” and “guapo” (handsome). Photos were posted on Facebook showing him cooking Filipino barbecue and shaking hands with everyone.

In his brief speech, he emphasized the values of multiculturalism. “I know you’ll understand that differences are a source of strength, not a source of weaknesses, that when we learn from our neighbors and get to know them better, their different stories, different cultures, different backgrounds, our communities get better and richer, and the future we build for our kids gets better and better, and that is what we are celebrating today.” Chants of “Justin! Justin!” followed his speech.

“The Taste of Manila” is held annually on Bathurst street where there is a concentration of Filipino-owned businesses.



**Prime Minister Justin Trudeau amidst a big crowd, all wanting to shake his hand.**

## Peter’s Chord visits Montreal, one of their stops in their cross country tour of U.S. and Canada

Photo on page 1

By Zenaida FerryKharroubi

On August 19 at 1:30 pm a ceremony was held at the Borough of Cote des Neiges - Notre Dame de Grace to greet a delegation of 15 priests from the Philippines, members of Peter's Chord, a musical ensemble from the Archdiocese of Palo, Leyte, Republic of the Philippines, known as Peter's Chord.

The ensemble is completing a cross North American tour which includes a Montreal concert.

The event was hosted by Councillors Marvin Rotrand and Lionel Perez. The Ladies of Rizal, co-hosts headed by Espi Manaog, were also present together with other community leaders, MMTV Global crew with Al Abdon, Fely Carino, Edward Ujvary and the North American Filipino Star Editor, Zenaida Kharroubi.

Background story

Because of their love for singing, around thirty (30) priests of the Archdiocese of Palo (Leyte, Philippines) way back around 2003 gathered to “revive” one of the things they used to do in the seminary, with Fr. Peter Tiguelo as the director, it was when Msgr. Pedro Dean was the bishop. Thus, when a name was decided on, PETER was one best option. CHORD? To make it sound musical... After all, the group was organized because of music.

Pastoral duties, however, impeded that the practices would truly

materialize with everyone present. Eventually in 2006, because of the need to raise funds for the Retirement Home of the Retired Priests of the Archdiocese, a “formal concert” was idealized. Twelve (12) members would compose the group. Since then, the group have been going around the Archdiocese of Palo, the neighboring dioceses, even in Manila to hold concerts basically for fund-raising purposes for churches, parish halls, schools, even scholarships.

With priests as performers, the repertoire cannot but touch also on the spiritual. Inspired for the group, then Music Director Melvin Corpin composed “The MASS SUITE” and “The PRODIGAL”. “The MASS SUITE” presents the elements of the Mass not only as a Sunday affair but as something which has to do with our human realities. In this, religious songs are blended with modern pop and familiar music fit for a presentation. Familiar as it is, “The PRODIGAL” (cfr. The Prodigal Son, Luke 25:11-31) is presented in modern music collated from different songs people are familiar with.

These two segments are the core of Peter's Chord's message in this Canada-US Tour, the first outside of the country. Thanks to all who make this possible! God bless you more!

By Father Raymund Mazo



**Councillor Marvin Rotrand delivers his welcome address while Councillor Lionel Perez waits for his turn. Perez mentioned how important it is for two Jewish councilors to welcome the priests in their visit.**



**The priests and the invited members of the Filipino-Canadian community in Montreal listen intently. Mayor Denis Coderre's message was read as part of the short program and reception, Friday, Aug. 19. (Photos: Al Abdon)**

August 18, 2016 | Opinion

**Reflections**  
**By Fr. Shay Cullen**  
**PREDA Foundation**

Age-of-Disbelief is truly an age of disbelief. Respect for the values of human life has plunged. People of Christian faith who declare belief in the teaching of Jesus of Nazareth that upholds the dignity and rights of the human person, stands with the poor and the excluded, shares with the refugees and the homeless, is at an all time low.

Faith in serving one's suffering neighbor as a Good Samaritan, binding up the wounds of the stranger, reaching out to feed the hungry, working for peace and justice is lost in a world of materialism where the ideology is "greed is good." Our prosperous world of money and power, wealth and possessions has created a generation of people that appears to be more interested in selfish satisfaction and glorification.

Much of the younger generation is absorbed with themselves, cut off in isolation by technology and gadgets and games from loving, serving human interaction. This is a lonely isolated generation. The selfie world is here with the Internet of things.

They seem to retreat into silence and inaction rather than take an open stand for the victims of human rights, child abuse and exploitation. Few march for peace and against racism and war. Where indeed are the cries of those who believe in the love of neighbor and the service to the oppressed and the exploited poor? They are drowned out by the noisy blare of mindless revelry and the drug-dependent pleasure seeking people.

There are brave and courageous Christians sacrificing themselves but they are mostly unsupported and are voices crying in the wilderness. Pope Francis strives to revive the faith of Jesus, which is lived out through commitment for the oppressed and a true option to live and work for social and gospel justice and truth. We are in challenging times for our beliefs and values and facing great evils.

In Syria, Assad continues to drop horrendous barrel bombs from helicopters on civilians burning them and consigning them to a horrible painful death. An opposition rebel group supported by the coalition of western nations fighting Dsh or Isis beheaded a 12-year old boy.

Europe has suicidal terrorists filled with extremist ideology, anger

and hatred and feelings of exclusion drive tucks into crowds of people and attack civilians without mercy.

In the Philippines, the so-called war on illegal drugs is chalking up ten killings of drug dependents and suspected pushers a day for the past several weeks and there is no end in sight. They are mostly poor slum-dwellers.

From the carnage of the Middle East, the millions of homeless and hungry displaced people are shunned by most of Europe. They flee the insane ruthless ISIS who kidnap and murder. The helpless families have nowhere to hide but tell their children to run away in the hope of survival in a friendly country. But they are blocked by the barbed-wire fences or abducted by abusers and traffickers and turned into sex slaves as a recent report has documented and revealed.

The United Kingdom has voted itself out of the unity of Europe, a unity that brought peace and economic progress and development. The European Union is a system of limited democratic shared governance that seeks to share the wealth of the richer to the poorer nations of the union. A slim majority voted to leave but still want the benefits of the common market but not the obligations. They voted to close the doors against the refugees and those fleeing torture, hunger and violence.

And now comes the figures and facts recently revealed that shows an embarrassing truth. The wealthiest countries in the world such as the US, China, Japan, Germany, France and the UK, which together make up 56.6 percent of global GDP, between them host just 2.1 million refugees: 8.9 percent of the world's total, according to the charity Oxfam as reported by The Guardian Newspaper.

The rich and super rich, the one percent of the population, control 60 percent of global wealth. They have only a miserable nine percent of the refugees in the world. The report says, "Of these 2.1 million people, roughly a third is hosted by Germany (736,740), while the remaining 1.4 million are split between the other five countries. The UK hosts 168,937 refugees, a figure Oxfam GB chief executive Mark Goldring has called shameful," the Guardian reports. That is less than one percent of all the refugees in the world.

"In contrast, more than half of the world's refugees – almost 12 million people – live in Jordan, Turkey, Palestine, Pakistan, Lebanon and South Africa, despite the fact these places make up less than two percent of the world's economy". The report

revealed.

So, it is the poor, mostly Muslim countries who are helping the refugees and the displaced poor. If we think we are going to gain eternal life without passing the test that Jesus of Nazareth gives- to end hunger, release innocent prisoners, clothe the naked and feed the hungry (Matthew 25) and work for justice and love of neighbor- we are mistaken. What greater way is there to live than to live for others and not for self.

shaycullen@gmail.com



**Festival de la Soupe**

L'édition 2016 du Festival de la S.O.U.P.E. de Vaudreuil-Soulanges se tiendra au Parc historique de la Pointe-du-Moulin, à Notre-Dame-de-l'Île-Perrot, le dimanche 4 septembre pour la plus grande joie des soupiers qui seront des nôtres une première fois ou en seront à leur 2e, 3e, 4e ou même 5e rencontre avec les festivaliers pour partager leur soupe, crème, consommé ou velouté et surtout le bonheur d'être en bonne compagnie! Info : 514.453.9530 – info@festivaldelasoupe.ca – www.festivaldelasoupe.ca – www.facebook.com/FestivalSoupe.VaudreuilSoulanges



Free tasting of soup prepared by the restaurants of the area to be held Sept. 4, Ile Perrot.



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# FCAAQ Talent Search 2016 Finale

Congratulations to the Filipino Canadian Artist Association of Québec (FCAAQ) and their recently concluded Search for the Filipino Canadian Talent 2016 "The Finale", held this 14th of August 2016 at the Collège Notre Dame Auditorium after months of preparations. Kudos to the Grand Winners Arianne-Katrina Soriano & Chris Foz-Elamparo, 1st Place Lara Portacio, 2nd Place John Bunga, and to all Finalists! The Grand Winners will be the front act for Bamboo's World Tour Concert at Berri Theatre on Saturday, September 10, 2016. To God be the glory!

Audiences witnessed a total of 12 amazing acts, ranging from singing to dancing! The 12 Finalists who

and beauty title holder). Live auditions took place on the 8th of May and the 12th of June 2016, with the second date mobilized due to insistent public demand.

The whole FINALE event of the Search for the Filipino Canadian Talent kicked off at 11:00 AM with purely energetic cardio Zumba dance workouts led by the mother-and-son tandem Erika Perez & David Figueroa, followed by song numbers from a promising inspirational singer, Lisa Barinian. The power couple Jenny & Paul Cenidoza of Rekado Catering prepared a sumptuous, mouth-watering gourmet lunch. Moreover, participants and their guests posed on camera with A.M. Photo-booth/

Anthems, and Franco Sevilla (FCAAQ Executive Vice President) led the opening prayer. Guest speaker MP Anthony Housefather welcomed

Maria Janice Galves (a.k.a. Maiara, "La Voix's" first Filipina finalist) and guest Jury member, Yanci Yarbrough.

The recently concluded talent



**Grand Winners Arianne-Katrina Soriano & Chris Foz-Elamparo, holding their trophies posing with Michelle Lee Vargas Lao, president of FCAAQ, and other participants and winners.**

competed for the title are listed as follows: the band "Moving On" (who played an original composition); dancers Arianne-Katrina Soriano & Christopher Foz-Elamparo (hip hop), Gilleen Megan Bunga (hip hop and jazz); singers Yuri Billones (avant-garde fusion), John Gilbert Bunga (ballad and R&B), Maria Nell Calaycay (with her ukulele), Danny Garcia (70-year old crooner), Charmagne Lising (who describes herself as a "peace loving singer"), Kathleen Pedram (who was the youngest participant), Lara Shaene Portacio (accompanying herself on the piano), Dianara Torres (soul) and Mariel Urrutia (also a model

Photography and live video coverage of the event with JST Films and MMTV Global.

The show opened at 2:00 PM with "Impossible Dream" (popularized from the 1965 Broadway musical Man of La Mancha), expressively rendered by Michelle Vargas-Lao (the founder of FCAAQ) and co-mentor Juro Kim Feliz (M.Mus Composition, McGill University). Dominique Brillantes joined Ms. Lao afterwards in a song-and-dance rendition of "Crazy in Love" from Beyoncé's 2003 debut solo album, Dangerously in Love. Ingrid and Astrid Torrico (youngest members of FCAAQ All Stars) sang the Canadian/Philippine



**2nd place winner, John Bunga, flanked by Edward Ujvary, MMTV Global crew member and Zenaida Kharroubi, MMTV Global Executive Producer and Director-General of Gilmore College International.**

everyone and reiterated the importance of boosting artistry in the community and its long-term positive effects. Later on, Astrid gave her powerful rendition of Michael Jackson's "Who's Lovin' You". Ingrid captured the audience with her youthful rendition of Megan Trainor's "Dear Future Husband." One of the highlights of the show was Matthew Mannucci, a YouTube sensation and Canadian singer of Italian descent who loves to sing OPM (Original Pilipino Music) songs. He serenaded and surprised the crowd with his version of "Pusong Bato," originally sung by Aimee Torres.

Tenne Rose Dayandante and Michael Davantes of Mabuhay Montreal TV hosted the whole event, together with Dominique Brillantes from FCAAQ All Stars. Various Montreal artists served as members of the Jury, including Josa Maule ("The Acting Mama of Montreal,"

President of the MSOPA), Erika Perez (Zumba Dancing Queen),

search is the first of its kind in Montreal, Québec, aiming to discover a new breed of artists in the Filipino-Canadian community in the city and its surrounding suburbs. Part of the mandate of the association is to provide free mentorship, workshops, training and seminars to its members. The 12 finalists who participated in the talent search have gone through training, seminars and mentorship for 12 weeks up until the finale. Juro Kim Feliz and Michelle Lao served as vocal trainers, and David Figueroa as a dance mentor.

FCAAQ initiated the event in collaboration with MMTV Global, Gilmore College International, North American Filipino Star, Erwin Capalungan, Sun Life, Rekado Catering, BARMES, Sigaw ng Bayan CKUT 90.3, JST Films, A.M. Photo-booth, MVL Productions, sponsors, donors & friends of the association.

## MABUHAY PHILIPPINES FESTIVAL IN TORONTO, September 3-4, 2016

The "MABUHAY PHILIPPINES FESTIVAL", is a signature event organized by the Philippine Independence Day Council (PIDC). It is set to deliver another extra ordinary addition to Toronto's summer festival line-up. The theme for this year is "SINING" or "ART". Expect to see the best of the best from our local Filipino-Canadian talents and cultural performances from Culture Philippines of Ontario (CPO). It is a two-day FREE non-stop all day entertainment to be held at Nathan Phillips Square, Toronto City Hall, 100 Queen Street West. Nathan Phillips Square opens its doors on Saturday, Sept. 3rd from 11:00am - 10:00pm through Sunday, Sept. 4th

from 11:00am - 6:00pm.

The highlight of the event is the much anticipated Fashion Show on Saturday, Sept. 3rd at 9:00pm, featuring the intricate design collections of renowned designers, Aisha Penalosa, Jaki Penalosa from Iloilo City, Philippines; Kenneth Barlis from San Diego, California and Merriam Goldberg from Toronto ON. The feature model is Bea Rose Santiago, Miss International 2013. Taste the authentic Philippine cuisine, browse through the variety of exhibitors and vendors and experience the Mabuhay Philippines "Community Parade of Fiestas, a street parade presenting the different Regions of the

Philippines, which is the culmination of the annual festival event. To be led by PIDC President Norma Carpio, Toronto Mayor John Tory, Consul General Rosalita Prospero, Philippine Heritage Band together with the Leaders of the community, PIDC beauties and alumni, the parade is set on Sunday, Sept.4th at 3:00pm.

The Mabuhay Philippines Festival is showcasing the Arts, Culture, Heritage, Tourism and Talents of the Filipino people in Canada. Visit us at [www.pidctoronto.com](http://www.pidctoronto.com), Facebook/PIDCTORONTO. Contacts: Norma Carpio, PIDC President at 905-257-1059; Karen Pascual-Binaday Festival Chair 416-897-6697; Minda

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# Tagalog Seksyon

## Opinyon/Komentaryo ni Willie Quiambao

### MAY LIMITASYON ANG KALAYAAN SA PAGSASALITA

Marami ang hindi nakaaalam na ang kalayaan sa pagsasalita ay may limitasyon. (It's not absolute). Kung wala itong limitasyon, napaka-daling isulat o sabihin ng isang tao na magnanakaw ang kaniyang kagalit. Kung hindi mapatunayan ang kaniyang paratang, maaaring mai-demanda siya ng libel sa mga isinusulat niya o slander sa mga sinasabi niya. Ang kalayaan sa pagsasalita ay ibinibigay sa isang tao upang gamitin sa paraang mabuti, hindi sa paraang masama. May kaugnayan sa libel ang natanggap kong kopya ng email noong isang buwan mula sa isang kaibigan. Ang nagpadala nito sa aking kaibigan ay si Rosemer, asawa ni Sen. Tobias Enverga. Sa email ay may kalakip na Press Release na ipinahahayag na nanalo si Senator Enverga sa demandang inihain niya laban kay Tess Cusipag, may ari ng diaryong Balita Media sa Ontario. Isinulat ni Cusipag na kasangkot si Senator Enverga sa fraud. Naisulat din ng isang reporter sa Montreal ang balitang ito sa kaniyang diaryo. Ito ang dahilan kaya ipinadala ni Rosemer sa mga kaibigan sa Montreal ang pagkapanalo ni Senator Enverga sa demanda kay Cusipag. Upang linisin ang pangalan ng kaniyang asawa. (Basahin sa ibaba ng pahinang ito ang kuwento). At may kaugnayan sa slander ang nangyari rin noong isang buwan sa daigdig ng pagpapatawa (comedy). Nalathala sa July 22 isyu ng Montreal Gazette ang hatol ng Quebec Human Rights Tribunal kay Mike Ward, isang stand up comic, na bayaran si Jeremy Gabriel at ang ina nito, ng kabuuang \$42,000. Mula 2010 hanggang 2013, sa mga comedy act ni Ward, ginawa niyang katatawanan ang anyo ni Gabriel na teenager pa lamang noon at may Treachers Collins Syndrome, isang kapansanang naapektuhan ang buto sa mukha. Dahil sa walang tigil na ginagawa ni Ward, na-bully si Gabriel sa eskuela, bumaba ang kaniyang grado at naisip niyang magpakamatay.

Nagkaroon nang mainit na pagtatalo sa daigdig ng pagpapatawa. Marami ang nagalit sa hatol ng Human Rights Tribunal dahil nawawala na raw ang kalayaan sa pagsasalita. Subalit marami rin ang natuwa dahil hindi sila sang-ayon sa ginawa ni Ward kay Gabriel. Ang katwiran naman ni Ward ay public figure si Gabriel dahil kumanta pa nga ito sa isang show ni Celine Dion. Subalit sa Quebec Human Rights and Freedom at sa Quebec Press Council, nakasaad na ang bawat tao, kahit nasa mata ng publiko ay may karapatang pangalagaan ang kaniyang dignidad at reputasyon.

Sa comedy bar ay may tinatawag na push the envelope. Kailangan gawin ng stand up comic ang lahat, kahit sa marumi at malinis na biro, upang maaliw at magtawa ang mga nagpupunta sa kaniyang show. Subalit kung may karapatan ang stand up comic na patawanin ang mga nanonood, may karapatan din ang mga ito at ang mga taong ginagawang katatawanan na mag-boo, mag-heckle o mag-boycott. At kung may karapatan ang mga stand up comic na gawing katatawanan ang mga may kapansanan, may karapatan din ang huli na magdemanda. Sa ganitong pagkakataon, kailangan handa ang stand up comic sa magiging resulta. Tulad ng sinabi ko, ang bawat kalayaan ay may limitasyon. Sa isang sibilisadong lipunan, kailan nagging katatawanan ang isang taong may down syndrome, may epilepsy, isang taong nagging biktima ng rape - babae o lalake, bata o matanda? Kailan nagging katatawanan ang anyo ng taong mamatay?

Totoo na karamihan sa mga stand up comic ay ginagawa nilang katatawanan ang kanilang sarili. Desisyon nila iyon. Sa Amerika, ginagawang katatawanan ni Joan Rivers ang kaniyang sarili, ang kaniyang paggiging Hudyo. Pero hindi ko matandaang ginawa niyang katatawanan ang asawang nagpakamatay. Sa Pilipinas, ginagawang katatawanan ni Karla Estrada ang paggiging mataba at si Vice Ganda, ginagawang katatawanan ang paggiging bakla. Bahagi iyon ng kanilang hanap-buhay. Pero ano ang mararamdaman ng mga stand up comic kung sa kanilang mga mahal sa buhay gawin ang mga ganitong katatawanan?

Sa pagpapatawa, paminsan-minsan, gamitin sana ng mga stand up comic ang kanilang judgement. Sa aking opinyon, hindi nila ginagamit ang kanilang utak upang makaisip nang magandang materyal sa pagpapatawa. Ginagawa na lamang nilang katatawanan ang mga tao o bagay na hindi dapat gawing katatawanan.

Tama lamang na magbayad si Cusipag sa mga pinagsusulat niyang kasinungalingan upang siraan si Senator Enverga at tama ring magbayad si Ward sa sinasabi niyang katatawanan kay Gabriel sa kaniyang mga comedy act.

### ANO ANG PLAGIARISM ?

Kamakailan ay nagging usap-usapan at katatawanan si Melania, asawa ni Donald Trump, kandidato sa pagkapa-presidente ng Republican. Nang magtalumpati si Melania sa Republican convention, may nakarinig sa kaniya at nagsabing kinopya niya

ang talumpati ni Michelle Obama sa 2008 Democratic convention. Plagiarism iyon. Noong una ay sinabi ni Melania na isinulat niya ang kaniyang talumpati pero hindi naglaon, inamin niya rin hindi siya ang gumawa nito. Ang talagang gumawa ay ang kaniyang speechwriters.

Ang plagiarism ay ang pag-aangkin o panggagaya ng isang tao sa isinulat ng ibang tao na walang pahintulot ng huli. Ilan sa mga paraan upang maiwasan ng isang manunulat ang plagiarism: huwag gayahin ang buod ng inulat ng ibang tao, huwag gayahin nang husto ang mga salita. Kung kinopya niya ang mga salita, gamitan ang mga ito ng "quotation marks" at sabihin niya ang pinagkunan ng mga salitang ito.

Narito ang halimbawa ng pagkakahawig ng dalawang talumpati: Melania - From an early age, my father impressed on me the values that you work hard for what you want in life; that your word is your bond and you do what you say and keep what you promise; you treat people with respect though you don't know them and you don't agree with them. These taught and showed me morals in our daily lives. That is the lesson that I continue to pass along to our son. And we need to pass these lessons on the next generation to follow because we want for children in this nation to know that the only limit to their achievements is the strength of your dreams and your willingness to work for them." Ang talumpati ni Michelle - "Barack and I

were raised with so many of the same values: that you work hard for what you want in life, that your word is your bond and do what you say you are going to do, that you treat people with dignity and respect though you don't know them and you don't agree with them. Barack and I set out to build lives guided by those values, and pass them on to the next generation. Because we want our children – and all children in this nation – to know that the only limit to their achievements is the strength of your dreams and willingness to work for them."

Kung may kasalanan si Melania, mas malaki ang kasalanan ng speechwriters na umamin din na sila nga ang gumawa ng talumpati ng una. Mas nauunawaan nila kung ano ang plagiarism. Dapat ay nagging maingat ang mga speechwriters dahil alam nilang maraming makikinig sa talumpati ni Melania na isang kilalang tao. NANALO SI SENATOR ENVERGA SA DEMANDANG ISINAMPA KAY CUSIPAG

Noong isang buwan ay tumanggap ako ng email na ipinadala ni Rosemer Enverga sa mga kaibigan sa Montreal. Sa email ay may kalakip na Press Release na ipinaalam na nanalo si Senator Tobias Enverga sa demandang inihain niya kay Tess Cusipag, may ari ng Balita Media sa Toronto. Pinaratangan ni Cusipag na kasama si Senator Enverga sa fraud na may kaugnayan sa fundraising. Naisulat ang balitang ito sa isang

See Page 13

Tagalog

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## Ask the Video Guy

Technological Tidbits  
by

Al Abdon

### THE USE OF LIGHTING

I was compelled to write about lighting when I attended an event held at an auditorium where talents perform on stage with overhead stage lights and spots as the source of lighting. The surrounding areas were pitch black while the only light was focused at the podium. The show began with the MC (Master of Ceremonies) ask the audience to rise up for the national anthem. Suddenly an intermittent flash lighted up the auditorium. Audience who were at the back of these flash heads was blinded. Imagine someone shoot a flash 5 feet from you in total darkness. The photographer was using a double spherical diffuser flash heads to shoot the stage. Ideally these flash heads are use for portraits or events that needs the surrounding even lighted but not on a total darkness. The lights was place halfway towards the stage so those who were seated in front are fine but those behind those heads could be suffering from blind spots after the show. In my experience, a single electronic camera flash will do the job well.

#### What are diffused Lights

In general, lights can all be placed in one of two categories: hard or soft. At its most basic, a small light source relative to the subject will cast strong and distinct shadows and be of high contrast. This would be considered a hard light, while a light source that wraps around the subject due to its being bigger compared to the subject will be soft and create indistinct shadows and low contrast. So why is the light from the sun on a hot summer day so hard? Because for all its size, the sun is very far away and small in the sky relative to Earth. Of course should there be cloud cover, then the lighting becomes diffuse and everything becomes soft.

Regardless of the type of lighting, basic lighting patterns and techniques, honed through countless years since the first days of photography, still apply. Another factor to keep in mind is that the closer a light source comes to the subject it is illuminating, the softer the light will appear. This is true regardless of the light source being used. Hard light, by nature, will be found in incandescence lights or electronic flash, while soft light can be created by taking hard light and using diffusers or soft boxes to diffuse the light and is also a common quality of LED and fluorescent fixtures.

#### Light Intensity

Lux and lumens are an important to understanding how light functions and how to apply it toward shooting. To simplify, a lumen is a unit of light measurement that is used to compare the total amount of light output from an emitter of light, while lux is a unit of measurement for a given area's amount of light output, or light intensity. Where this gets practical is in application: a camera's lux rating indicates the minimum amount of light or

low light sensitivity for producing a quality picture, for example.

#### Color Temperature

Color temperature refers to light's color characteristics as measured in degrees of Kelvin (K). The Kelvin scale imagines a black body object such as a light filament that begins to glow and as it gets hotter the color of the emitted light changes, moving from first deep reds to oranges and yellows and finally up to blue or white. In imaging, light sources of varied temperatures exist. At around 2900K are tungsten lights, which become "warmer," or (counter intuitively) drop in color temperature, as they age. The 3200K range accounts for tungsten halogen light, with fluorescents being around 4500K. Sunlight is generally considered to have a color temperature of around 5600K, but shade and skylights reach higher temperatures. These numbers are basically averages that were found to be most useful in the days when film was king — they related to the reactivity of the different emulsions. For practical use as relates to perception of color by humans from a psychological point of view, not temperature, light can be described as being "warm" (yellowish) or "cool" (bluish) as differentiated by different light sources. The appearance of the light is acted upon by the human brain but not recording devices, and so the light's "look" must be planned for in order to achieve the desired effect.

#### Tungsten Lighting Options

Lighting technologies have changed over the years, but instead of new methods replacing the old, we have seen more and different types of lighting supplementing what's already available. Previously the industry standard, tungsten lighting basically consists of a bulb containing a filament made of a metal tungsten element that glows. While it can be extremely fragile, depending on the situation, these lamps were the mainstay of photographers and filmmakers and continue to be used, even with the advancements in lighting technology. Tungsten lamps designed for professional use have a color temperature of 3200K but can be varied through the use of gels to reach different color temperatures, such as that of daylight. These gels can be had in color correction filter kits (also referred to as color rendering kits) and which provides filters for boosting the color temperature of tungsten/warm light sources, warming up daylight balanced sources like strobes, HMI's and LED's, balancing the green spiking from fluorescent lights and removing the green content from inexpensive light fixtures — i.e., some LED and fluorescent panels. The obvious downside to using tungsten is the heat generated by the lamps, but on the positive side the bulbs themselves are reasonably priced, available pretty much everywhere and easy to control through

reflectors and other accessories that direct their light in the desired direction.

An example of today's modern tungsten lighting kits would be the Interfit 750-X Two Floodlight Umbrella Kit, which retails for \$271. There are six bulbs of 250 watts each, with both of the fixtures having variable power controlled, fan cooled modules to handle the up-to 750 watt maximum allowed. Two 36-inch translucent umbrellas are included, as are stands and a kit case, and the 3,250 watt lamps in each fixture are color balanced to 3,200K and can be individually controlled from switches on the unit's rear. Featuring "S" type bayonet fittings allows for accessories to be used for modifying the light — examples being softboxes or a beauty dish for portraiture/fashion.

Another example is Lowel's Pro-light Focusing Flood Light which retails for \$126. It has the ability to be used as a low-level key or accent light, fill light or backlight. It features a high-intensity reflector and prismatic glass with a 250 watt 120v bulb and 5:1 focusing. Besides having access to a wide range of customizing accessories, the light can also be battery powered, should AC power not be available.

#### Halogen Lighting Options

An improvement on the tungsten filament comes from tungsten halogen lamps. These bulbs possess their own reflector and have quartz envelopes filled with a halogen gas. As a result, not only does the light's color temperature remain consistent over the life of the lamp, but the composition of the lamp itself aids in increasing its overall working life. The color temperature of a halogen light is higher than that of a tungsten and so appears whiter and brighter. As a result these bulbs burn hotter and require adequate ventilation.

Halogen lights can come in varied configurations, for example, the Impact Qualite 300 V-2012 Focusing Flood Light, which retails for \$235, has a 21-40-inch focusable beam pattern and outputs 300 watts at 3,100K. A 4-leaf barndoor is included, there is safety glass and a cool-touch handle allows safe maneuverability. There is also the Lumiere L.A 100W 3200K Tungsten Halogen Video Light Kit that retails for \$100. Battery driven, the video light weighs in at only one pound and its universal screw type makes it compatible with most camcorders and provides a 100 watt light output that is easily transportable. The color temperature is 3,200K and includes a rechargeable 12V 7A MF battery. A charger and bag is also included.

If you need lots of light to fill a space, Smith-Victor offers their 1,000-watt 750SG halogen quartz light, which retails

for \$216 and includes 4 permanently attached barndoors. The light is reported to throw light over a 60 degree by 46 degree area for broad, even coverage.

#### Fluorescent Lighting Options

Fluorescent lighting is commonly found when shooting using found light — this form of illumination is widespread among company offices, stores, supermarkets and other public venues. The major issue with non-professional fluorescent lights is their green cast, correctable with filters at the shooting stage and some additional correction in post-production, and the "flicker" that is the result of the electrical generator that is part of the tube's power supply. Conversely, this all-in-one package makes a fluorescent light compact to use and able to be supplied by an ordinary AC outlet without any drain on the overall circuits. To avoid this, as possible, choose professional quality fluorescent lights for use in video production.

#### LED Lighting Options

LED lights have gained in popularity due to being lightweight and of solid-state construction. There is no filament that glows with heat, instead a light-emitting diode produces light from a piece of solid matter. Less expensive than HMI and tungsten halogen, they are superior to tungsten due to durability. They are color temperature balanced to daylight, eliminating the need for gels, and some can be adjusted to cover a range of color temperature. Downsides include a vulnerability to high temperatures which is why heatsinks and cooling fins are used in construction so as to control this. Still, LEDs will never get as hot as a tungsten or HMI fixture. Also, some LED bulbs do not have a stable color temperature — which is why calibrated LED bulbs should be used for any video work.

A good example of the soft light typical of LED fixtures can be found in the Kino Flo Celeb 200 LED panel. The Celeb 200 is fully dimmable with an adjustable color range of 2700K to 5600K and outputs the tungsten equivalent to more than 750W of light. The light features ultra-quiet and cool operation and comes with a honeycomb louvre and gel frame. LED panels can offer some unique advantages over more traditional light fixtures, and tungsten balanced varieties.

In conclusion, every rig and flash has a place of use. Common sense dictates that when the subject is in front, aim the light at that object and not to the surrounding people. Its an overkill, ■

Al Abdon  
Hollywood junkies

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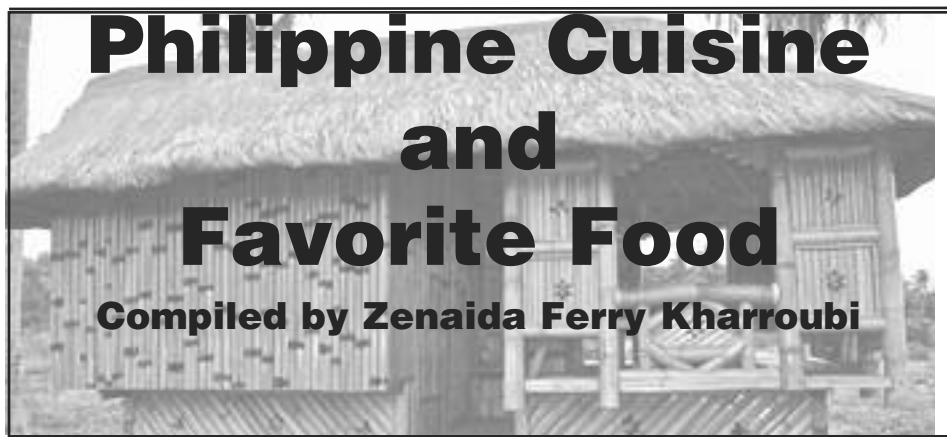
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# Philippine Cuisine and Favorite Food

Compiled by Zenaida Ferry Kharroubi

## All-time favorites



**Pork Afritada**

**Ingredients**

1 h 10 servings 324 cal 2 1/4 pounds boneless pork, cut into bite-sized pieces 2 tablespoons soy sauce 1/2 lemon, juiced 2 pounds pork liver 3 tablespoons olive oil 2 potatoes, quartered 2 tablespoons olive oil 1 onion, chopped 2 cloves garlic, minced 2 large tomatoes, diced 1 green bell pepper, cut into chunks salt and ground black pepper to taste Add all ingredients to list

**Directions**

Place the pork in a large pot; pour enough water into the pot to cover the pork. Stir the soy sauce and lemon juice into the water. Bring the mixture to a boil for 5 minutes. Remove the meat and set aside. Discard the liquid. Refill the pot with fresh water; add the pork liver and bring to a boil for about 5 minutes. Remove the liver and allow to cool; cut into bite sized pieces. Set aside.

Heat 3 tablespoons olive oil in a large skillet over medium-high heat; fry the potatoes in the hot oil until golden brown and cooked through, 7 to 10 minutes. Remove the potatoes to a plate lined with paper towels. Add 2 more tablespoons olive oil to the skillet and allow to get hot. Cook and stir the onion and garlic in the hot oil until fragrant, 3 to 5 minutes. Add the pork and pork liver to the skillet; cover and cook for 5 minutes. Stir the tomatoes into the mixture; cook together, stirring occasionally, another 5 minutes. Return the potatoes to the skillet with the green bell pepper. Season with salt and pepper. Cook and stir another 5 minutes.

Heat the oil in a cooking pot. Saute the garlic, onion, and ginger. Add the intestine. Saute for 3 minutes. Add the pork. Cook until light brown. Pour the water in and add the pork cube. Let it boil. Simmer until the pork becomes tender.

Pour the vinegar in the cooking pot. Let it re-boil.

Add the banana peppers. Cook for 3 minutes.

Stir-in the pig blood and make sure to continuously stir during the first minute to avoid the blood from forming. Cook in low to medium heat for 15 to 20 minutes.

Add salt and pepper to taste.

Serve with puto. Share and enjoy!

**Nutrition Information**

Serving size: 6



**Bicol Express with sitaw**

Ginataang Sitaw, String Beans in Coconut Milk is an adaptation from the usual vegetable with coconut milk ginataang sitaw at kalabasa without the kalabasa. There are two reason that I did not use kalabasa, first I forgot to buy pumpkin and second I would like to share that using string beans alone in a vegetable ginataang is equally delicious. Cooking is of course basically the same with my other ginataang vegetable dishes. I would like to emphasize that the string beans should not be overcooked and it is the same with other vegetables. I have used generous amount of pork on this dish and I would suggest the same and you could not go wrong, the resultant dish would be as good. Here is the recipe of my Ginataang Sitaw, String Beans in Coconut Milk.

**Ingredients:**

250 grams pork belly, boiled, cut into strips

1 large size string beans, trimmed, cut into 2" lengths

1 can canned coconut cream

2-3 cloves garlic, chopped

1 small size onion, chopped

1 thumb size ginger, sliced

1-2 tbs. bagoong alamang

1-2 tbs. fish sauce

2 pcs. red/green chili sliced

salt

cooking oil

**Cooking procedure:**

In a sauce pan sauté garlic, ginger and onion until fragrant. Add in the pork, fish sauce and bagoong alamang, continue to stir cook for 2 to 3 minutes. Add in 2/3 of the coconut cream and about 1 cup of water, bring to a boil and simmer for 5 to 8 minutes or until the liquid is reduced to about half, while stirring as often as possible. Now add in the remaining coconut milk, string beans and chili, continue to stir cook for 3 to 5 minutes or until the string beans are just cooked. Serve hot with a lot of rice.



**Dinuguan (Pork with blood pudding sauce)**

Pork Dinuguan is a type of stew made from Pork and Pig blood. This Filipino dish might not be for everyone, but those who developed an acquired taste for this dish will agree that they enjoy eating it; some would even recommend to eat dinuguan with Puto — a type of Filipino rice cake which is known as the best pairing for dinuguan.

**Ingredients**

2 lbs. pork shoulder, cubed

1 lb. pork large intestine, cleaned thoroughly (optional)

1 to 1½ cups pig blood

2 to 3 pieces banana pepper

2 thumbs ginger, minced

1 medium yellow onion, diced

6 cloves garlic, crushed and chopped

2 cups water

¾ cup cane or white vinegar

1 piece pork cube (optional)

3 tablespoons cooking oil

Salt and ground black pepper to taste

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# The North American FILIPINO STAR PHOTO GALLERY



A group photo of all participants with the producers, volunteers, judges and winners of the first Talent 2016 Search organized by the Filipino Canadian Artists Association of Quebec headed by Michele Lao. The FINALE was held at the Notre Dame College Auditorium, August 14, 2016



Souvenir of Budz Sarmiento who visited Montreal recently, shown here with Zenaida Kharroubi and Mary Joy Lizarondo after supper at a restaurant in CDN.



The Aklan Association of Montreal participated in the multi-cultural festival in Potton on August 13, 2016, shown marching in the parade.



The Panday Tinig choral ensemble participated in the Potton multi-cultural festival in Mansonville, Quebec, Saturday, August 13, 2016.



Taking a break for supper with Budz Sarmiento (center) from left Zeniada Kharroubi and Mary Joy Lizarondo.



A get together with Budz Sarmiento who visited Montreal recently - from left: Willie Quiambao, Felix Reyes, Budz, James de la Paz, Rose de la Paz.

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# PERSONALITY OF THE MONTH

## A True Filipino Artist

By Shayne Hontiveros



Jayson Patrimonio (Facebook)

Jayson Patrimonio Palolan compares his bedroom with a “mini Philippine cultural museum.” His colorful paintings of Filipino gods, goddesses and ordinary people and sceneries are hanging on the wall while his wooden musical instruments like Kaleleng (nose flute) and Kubing (jaw harp), and clay sculptures of Sarimanok (Filipino bird) and some Filipino heroes are lying all over the room. Each represents different facts of Philippine culture and history.

“Perhaps, one of my missions here in Montreal is to promote the Philippine culture,” he says. “[At my age], that’s what really makes me

shirt covered with a jacket in a winter day at his place. But his handmade wooden and seeds bracelets and rasta necklace make his appearance different from them.

Since he moved to Canada in 2012, the 25-year old immigrant has never forgotten his homeland, including its rich culture and history.

“If you’re finding your culture, you’re respecting your identity,” he says as if he’s preaching to a crowd.

In fact, unlike other Filipino adults who prefer to watch animes and go to parties, Palolan usually settles with Filipino songs and movies, paints cultural or historical related stuff, or



unique [from other Filipino adults here in Montreal].”

Palolan, just like other Filipino

participates in cultural and historical programs and activities such as in Pista sa Nasyon in Montreal and in

Nation Community in Rivière Rouge.

“I never forget my culture, rather, I appreciate it more and more, especially, I’m out of it,” he points out.

He grew up in Baguio, Philippines, where a lot of different tribal groups with different cultures still exist. He sees them as an important part of his culture. Thus, they became the main inspiration for his artworks. Tribal gods and deities and animals like the lizard, which is a messenger for a tribe, and Sarimanok, a legendary bird of another tribe are some of his artworks’ subjects. Also, he incorporates in his paintings the Baybayin, the Philippines’ ancient pre-colonial writing system.

In terms of historical aspect, he likes to draw Filipino heroes such as Jose Rizal, Philippines national hero, Andres Bonifacio, a Filipino revolutionary leader.

things people from other nations would want to buy from him. “But I still made them with a touch of my culture,” he confirms.

Though he sees himself as an amateur artist, he believes that “Art is freedom. There’s no ugly and beautiful art. There’s no amateur and professional artists.”

Quebec, which is very culturally rich and is fighting for its culture and language, gives him more inspiration to promote his own culture.

He doesn’t deny that he has more opportunities in Canada than in the Philippines as an artist. He’s currently involved in Anakbayan group, which supports and educates Filipino youth to fight for their rights here in Canada. During their activities and events, the group and other Filipinos have started to recognize him as an artist.



Shayne Hontiveros

Moreover, with different vivid shades of paints, his artworks are totally eye-catching.

“Since I was younger, art is actually my first love,” he says.

When he finds himself alone, he draws on a paper and keeps it. As he grew up with that hobby, he has around 300 drawings and sketches in total now, all bound together.

In high school and college, he joined several arts competition. He won the 2nd prize during the Month of Language in high school and the 1st place at the Global Warming Awareness poster making in college. His talent even made him a dean’s lister in college.

The cultural or historical theme of his paintings becomes his signature, however, others still suggest that he should try other form of paintings such as still life painting or

The Toronto Anakbayan’s leader even called him “Artist ng Bayan,” which means, “the City’s artist.” This motivates him more to use his artworks to teach people, “The purpose of arts is to show insights about life.”

Today, he’s finishing high school at an adult center and planning to take a Licensed Practical Nurse training program after. In the Philippines, he graduated with a Bachelors of Science in Nursing and even passed the nursing board exam.

Despite his blooming career as an artist, he still considers nursing to be his stable future career. However, promoting Philippine culture and history through his arts will be forever his part time job.

“I will always encourage people to go back to their roots.” ■



## Social Tidbits

Fely Rosales Carino



I feel that the shortest months of the year are June, July, and August. Why? Because they are the months of parties, weddings, anniversaries, birthdays, picnics, barbecue in the park, etc. They're the months when I'm mostly needed/invited. My social calendar is so full that oftentimes I have to drop some activities to avoid a scheduling conflict. I could only be in one place at a time.

This deluge of activity, though unquestionably fun, can sap one's energy to its lowest ebb. I wish that, like a cell phone, I could plug myself and recharge and be ready to go in about an hour or so! I so abhor turning down community invitations! Now, having said this, I'll try to remember all past events I've attended and go as far back as my memory takes me.

Let's start with the June celebration of our Philippine Independence sponsored by the Filipino Association of Montreal and Suburbs (FAMAS).

There was a gala affair held at the Diamond Hall of the Holiday Inn at Cote de Liesse, Montreal, Quebec. It was a very well-attended formal dinner party. The place was teeming with people! In addition to the presence of presidents of many Filipino associations, this event can boast of the presence of the Honourable Petronila Garcia (Philippine Ambassador to Canada), Honourable Anthony Housefather (Member of Parliament), and Honourable Marvin Rotrand (City of Snowdon Councilor). The highlight of the evening was the "Rigodon de Honor", traditionally regarded as a dance to commemorate the significance of the Philippine Independence, performed by some of Montreal's finest dancers led by FAMAS President Cora Aberin with dance partner Cesar Manuel. Other performers were Glee Ducyogen and Mr. Hardy, Romy Emboscado and Nancy Karides, William & Nene Fabia, Al & Cora Abdon, Nick and Glenda Lasaten, Kennedy & Bing Estopa, and Ray & Espi Balansi. The dancers seemed nervous at first, with measured steps at every turn, but they performed better than expected! Nice to see graceful moves with smiling faces throughout the dance! The gentlemen wore their 'barongs' proudly while the ladies' gowns were not to be outdone, oozing with style and elegance. Dare I call it perfection?

Our participation during Canada Day on July 1, 2016 was a distinct success. Not only did we have one of the best decorated floats in the parade, we also had the most organization participation countdown. Our entourage with artistically decorated cars with Filipino

dancers in their bright costumes walked the stretch in downtown Montreal.

The Filipino group had the distinction of having a live band provided by the Aklan Association of Montreal – yes! Mabuhay ang Pilipino! Thanks to the Federation of Filipino Canadian Association of Quebec (FFCAQ) President Ed Tupas and Vice President Minda Mazzone. As in the past year, Mrs. Mazzone had the responsibility of coordinating our Independence Parade participation.

From the above civic duty, let's go to a happy social activity. This happens every year at the end of July, specifically July 30th at the Holiday Inn at Cote de Liesse. On this day, Mrs. Natalie Pelausa, the Philippine Benevolent and Scholarship Society of Quebec (PBSSQ) founder turned 89 years young!!! What amazed everyone was her cheerful and youthful exuberance in greeting her guests; and she remembered everyone's name too! Tenderly assisting her were her two children, Dr. Eddie Pelausa and Dr. Hermie Pelausa. A number of relatives surrounded her and the presence of her grandchildren completed her birthday celebration. Outstanding guests were led by Mely de Guzman, a retired nurse. Mrs. De Guzman, the most generous guest of the evening, donated a large sum of money to help subsidize the prizes for the PBSSQ Awards Night. The entertainment portion was led by Cynthia Purray Pacey, together with some friends, danced the Hawaiian numbers like pros! Next came the contest for the men! The lady dancers dressed the gentlemen participants with their grass skirts. Everyone got into a laughing frenzy as they started to dance and kept losing their grass skirts. Of course there were winners: Nilo Valenzuela and John Linden won the Best Dancer Award, Uncle Harry won the Hairiest Award (!), and drum roll please . . . , the Funniest Dancer of the Night Award went to Al Abdon who kept tying, untying, and dropping his grass skirt while trying to keep up with the steps. This brought the house down. Needless to say, tears were streaming down people's faces by just laughing! A special mention goes to the delightful presence of Honourable Petronila Garcia, the Philippine Ambassador to Canada, who delivered an inspiring message for the celebrant. The party ended with testimonies of some relatives and the loving expressions of love from her children Eddie and Hermie. Last but not the least was the celebrant's prayer response which touched us all. I'm sure on everyone's mind was the memory of Dr. Jesus Pelausa, her husband. A truly wonderful evening for a gracious lady!

Natalie, we await the invitation to your 90th birthday celebration next year, same time, same place!

Last Sunday, August 21, 2016, on behalf of Montreal Mayor Denis Coderre, Snowdon Councilor Marvin Rotrand, and Notre Dame de Grace City Councilor Lionel Perez, welcomed the members of the Peter's Chord singers. This event was held at the borough office of both the above councilors. Mr. Rotrand gave the Welcome Address. The two councilors distributed the "Certificate of Welcome" to each priest,

The Peter's Chord singers delivered a song of thanks, and Mr. Perez gave the closing remarks. Kababaihang Rizalista President Espi Manaoag, who was in charge of the accommodation, also gave an inspirational message.

Allow me to give you a short history of Peter's Chord. It was founded in 2004 as a group of singing priests from the archdiocese of Palo, Leyte, Philippines. Aside from the love of singing, the group was founded for evangelical purposes. In addition, fundraising activities of the different parishes was done to support the home of retired priests. When the group was given the opportunity to travel, they deemed it as a chance to personally say thank you to the people of Canada for the help they extended for the relief and rehabilitation after typhoon Hayan struck (Leyte was the epicenter). Here are the Peter's Chord singers: Fathers Raymond Mazo, Ray Caraballa, Isagani Petilos, Fabian Mariano, Engelbert Tiu, Ariel Sanico, Gregorio Bunales, Romeo Murillo, Francis Borja, Rafael Pepito, and Msgr. Bernardo Pantin. The manager of the group is Msgr. Alex Opiniano.

The above are all practicing parish priests and they gave an outstanding concert—A1! They have good voices, as if they're really meant to sing . . . and dance too! Do priests dance? These ones do, and with grace too! Notable was their choreography, the way they changed formation while singing. Those who missed the concert should strive to see the show. Their song and dance routine with a few select adlibs are appropriately funny. Without their priestly attire, one might be tempted to call them a rock group whose fans kept clapping, whistling, and clamoring for more. If they stay for more concerts, it is conceivable that they could establish a fan base and go by the name "The Rock Star Priests." And if that isn't enough, they are also very "POGI"! (Lord, pardon me, haha!).

Watch for the next issue!

From Page 7

Tagalog

diaryo rito kaya ipinadala ni Rosemer ang press release upang linisin ang pangalan ng kaniyang asawa.

Katulad ng mga ibang irresponsableng reporter, ginagamit ni Cusipag ang kaniyang diaryo upang siraan ang mga kagalit niya at mga taong hindi sumusunod sa kaniyang gusto.

Ito ang bahagi ng sinasabi ng hatol sulat: "On July 13, the Honorable Sydney Lederman, Judge of the Superior Court of Justice, ruled in favor of the Honorable Tobias Enverga, Jr., Ontario in his defamation lawsuit against Balita /publisher Tess Cusipag in a damning verdict over false and defamatory remarks published about the Senator which alleged fraud related to fundraising efforts on behalf of the Kalayaan Cultural Community Centre

The judge awarded Senator Enverga general and aggravated damages in addition to punitive damages and a permanent injunction against the publisher and her company to publish, broadcast, or assist or encourage others to publish /broadcast any statements about the Senator's role in KCCC fundraising and the charitable status of the Philippine Canadian Charitable Foundation and Senator Enverga being a biological and pathological liar. In the judgement, Justice Lederman wrote in part: In the end, the defendants have no reliable evidence to prove the truth of the \$6,000 fraud allegation or the PCCF donation/tax credit allegation. In fact, Cusipag admitted on discovery that it is not true that Senator Enverga committed a fraud in relation to fundraising and that the PCCF are false.

Nagsimulang atakihin ni Cusipag si Senator Emverga noong 2010, matapos mahalal si Senator Enverga bilang Catholic School Board Trustee. Dumating si Senator Enverga nang huli sa press confence na ginawa ni Cusipag. Nahuli si Senator Enverga dahil nagpunta pa siya sa lamay ng matalalik na kaibigan. Nagalit si Cusipag at binalaan niya si Senator Enverga, "Igalang mo ang press na maaaring gamitin ang kapangyarihan upang itaas at ibagsak ka." Isinulat niya sa laniyang diaryo ang babalang ito at inilagay sa Facebook.

Matapos mahatulan si Cusipag, sinabi ni Rosemer, "We should not tolerate yellow journalism and we should all work together to stop the irresponsible journalists." Sang-ayon ako kay Rosemer.

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# FILIPINO STAR

## SHOWBIZ GOSSIP

### Kaila Estrada: No intention of entering showbiz



**Kaila Estrada**

She is pretty, smart, intelligent and has the makings of a beauty queen and a movie-TV star but Kaila Estrada has no intention of joining show business even if she could easily do so being the daughter of John Estrada and Janice de Belen, both established showbiz personalities.

“That’s the usual perception kasi if your parents are showbiz personalities na most possibly you’re going to follow in their footsteps, especially if they see you on TV. But not in my case. I have others plans in life,” Kaila said in a recent interview at Café Andrew at De La Salle-College of Saint Benilde, where she is taking up Arts Management. Kaila is on her last two terms.

Kaila joined the SM Youth Go-See Competition, a five-week modelling online show, where she eventually was chosen SM Youth Ambassador for 2016.

Her parents know that Kaila doesn’t intend to pursue a showbiz career. “I’ve always told them that my priority is my studies. I’m into modeling now but even before I got into modeling I told my management and my parents beforehand that school is my priority talaga. My parents also wanted me to finish school and so they were hesitant to let me go into modeling at this time because they don’t want me to be distracted. But I’m sure they feel assured now that they know finishing school is also my priority,” Kaila stressed.

Kaila and her male counterpart, Kyle Perry, are the new faces of SM Youth, joining the original four SM Youth ambassadors. “Instead of just getting models and making them pose for their clothing, they conducted the contest so, as winners kami talaga ‘yung faces of

the brand. We’re the ones modeling for their campaigns, during fashion shows and the digital shoots. We are the endorses of the brand,” Kaila explained.

Kaila noted, “It’s actually funny because, I was talking to one of the bosses of SM Youth and she said that most of the customers are actually girls. Like me. I enjoy wearing guy’s clothing even before I joined the contest. Because it’s comfortable, it’s practical. I feel that girls can relate to that. Usually, when you wear a guy’s clothing, it’s a bit loose for girls and that makes it comfortable, practical and versatile.”

To further describe her fashion sense, Kaila said “I’m very simple. My fashion isn’t so elaborate. I’m not flamboyant, I don’t wear a lot of colors. I’m pretty much into the basics – neutral colors – plain white shirt, black shirt. The most color I wear is military green. And because I don’t like girly things, I feel I’m fitted for SM Youth because I like boy’s clothing.”

Kaila also said of SM Youth: “It’s like we’re not just a brand. It’s like we’re a community also. We go around the Philippines and participate in colorful, traditional events like the Kadayawan, Sinulog, Masskara and the others. We were in Davao to present a fashion show recently and we found out the brand has a huge following there. The fans in the audience wore SM Youth clothes.”

She admitted it’s hard balancing school and modeling. “Especially now that I’m on my lady year, I’m graduating soon. It’s really tough, but my priority is really school.”

After school, Kaila plans to travel abroad. ■

### Is Sunshine Dizon willing to forgive husband?



**Sunshine Dizon**

Sunshine Dizon was emotional when she faced media after meeting with estranged husband Timothy Tan and alleged mistress Clarisma Sison at the Quezon City’s Regional Trial Court on Aug. 10.

The actress filed several cases in court against the two, including concubinage.

When asked in an interview aired on “TV Patrol” how she reacted seeing Clarisma in person, she said, “Homewreckers like her don’t need any reaction.”

“If she’s thinking that I will do

something here like an eksena, no, I will not do that. She’s too low and I will not dignify her with anything. Baka ibang tao nasampal siya, pero ako hindi ko padadapuin ‘yung kamay ko (sa kanya) kasi baka madumihan,” she added.

Sunshine then got teary-eyed, admitting to feeling hurt with the situation, especially for their children.

“Nanay ako eh. Nasaktan ang mga anak ko. My daughter was just reminding me on my way here, ‘Mama be careful.’ I’m getting emotional because of the pain they caused my children. Not to me anymore kasi kaya ko naman. Pero ‘yung sakit na dinanas ng mga anak ko, walang kapatawaran,” she said.

Sunshine made clear Timothy could visit their children any time but admitted she doesn’t know at this point if she could forgive him ever.

“He will always be the father of my children, but forgiveness, I don’t know pa,” she said.

Timothy’s camp reportedly asked for an extension in submitting a counter affidavit.

Clarisma refused to comment when asked by reporters about the issue.

Case hearing will resume on Aug. 24. ■

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## What the heart wants



### Heart Evangelista

More than a year after marrying Sen. Chiz Escudero, Heart Evangelista is thinking of having a baby soon.

In an interview, she revealed having set month and year to get pregnant: January 2017.

"I have to make time. I'm going to be 32 na," she explained.

For now, Heart is on strict diet "so that my body can get into a certain shape before I become pregnant."

She added: "I just want to look good and healthy while pregnant. I hope to inspire women with my journey."

Heart wanted it clear Chiz is not pressuring her on having a baby. "Actually, I came out with the schedule. Siya, sabi niya, any time," she said.

#### Latest venture

Heart, who prefers to be

called Love Marie for projects outside showbiz, has been creating waves as visual artist. She opened her first art exhibit "I Am Love Marie: The Art And Works Of Love Marie Ongpauco" in 2014. She followed it up with "Ocean's Apart" early this year.

"Being an actress, the older you get, sadly, the more they're no longer interested in you," she shared. "That's why I decided to go back to creating paintings, which is actually my first love. Being an artist, the older you get, the more interested they are in you and your work."

Heart likes it that a painting is seemingly "forever."

"It kinda immortalizes you in a way that it's on someone's wall and they remember you forever," she said. "It's not like they need to have a player for it. They don't have to push buttons. It's just there. I think I like being an artist

now."

From painting on canvasses, Heart now also paints on luxury bags. Some of her works will be highlighted in "Carry Your HeART," an exhibit at the Volkswagen Showroom in Bonifacio Global City from Sept. 3 to 9.

#### Genesis

It's interesting to know that it all started accidentally.

"I stained my Birkin while eating," Heart related. "It was so big, like an oil map. I felt bad so, I researched on how to remove the stain or at least cover it up."

Inspiration hit when she saw a picture of Kim Kardashian carrying a painted bag. She went on to work on her stained Birkin and was surprised to receive lots of positive comments about it. Soon friends were asking her to work on their bags.

"It's original, it's different. It's like wearing your personality," Heart said. "Your bag already says a lot about your personality, but when I painted on it, it's like putting a stamp on it."

#### More in the future

Brimming with ideas, Heart looks forward to establishing her own

brand.

"My dad's Chinese so he's very entrepreneurial. Siguro na-influence niya ako."

She is ready to launch a perfume line by end of the month.

"It will be packaged like a wine bottle and it will come with a limited edition sticker of one of my paintings," she said. "So, it's going to be parang, like a collectible also."

Heart is thinking of launching a fashion line featuring mostly neutral colors. She also plans to paint on clutch bags. She will come out with a coffee table book soon.

Heart finds excitement in her seeming renaissance.

"Like, as an artista, I never allowed myself to be pressured to show more skin or to be this or that way. For me, it was always, 'What you see is what you get.' I think, in the end, it worked to my advantage."

"Somewhere along the way, I evolved naturally and people appreciated that. Now, I'm quite comfortable with who I am, simply as myself, as Love Marie." ■

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## Robin Padilla's appeal to Duterte: Don't reveal drug users in show biz



Actor Robin Padilla has pleaded to President Rodrigo Duterte not to reveal the identities of show biz celebrities included on his list of those involved in the use of illegal drugs.

Robin, who campaigned for Duterte in the May national elections, instead asked that a dialogue be set

among artists, their managers and government agencies responsible for the crackdown on illegal drugs.

"These people are taxpayers, and they also obey the law. I'm sure that whatever mistakes they might have committed could be sorted out in a more diplomatic way," he said at

the recent launch of Bravo Food Supplement for Men, which he is endorsing along with brother Rommel Padilla.

He clarified, though, that his appeal does not cover drug pushers. "I am not talking about the pushers—they don't have a place in this industry. I'm more concerned about the users, because I know that they are the victims here," Robin explained.

"I cannot speak on behalf of these celebrities. I also don't know how they will accept this news from the President. I will not be surprised if most of them would say this is a violation of their human rights," the actor said in Filipino.

"But the President meant no ill will. This is what he has promised to do for us and the country. He is kind and just. He is giving these drug users a chance to change their ways."

Robin also said that while there were offers for him to assume a government position, he could not "because I'm an ex-convict. It is also because of that that I was not allowed to vote."

Robin was sentenced and convicted in 1993 for illegal possession of firearms.

On a personal note, Robin said he has agreed to his wife Mariel Rodriguez's request to give birth to their daughter in the United States.

"This was actually what her daddy had asked. It would also be best for her to be in an environment that's peaceful and free from intrigues," Robin shared with reporters. "It will also be better if she would be with people who can take care of her—her parents and sister—because she is having a difficult pregnancy." ■

## Showbiz Gossip *Continued from p.15*

### Why Liza Soberano thinks she's not pretty



Liza Soberano (from her Instagram)

Considered as one of the most beautiful faces in showbiz, Liza Soberano effortlessly catches hearts of her male fans, with international singer Charlie Puth being the latest. On Monday night, the 18-year-old actress promoted the upcoming finale of the series "Dolce Amore," where she plays the charming character of Serena Marchesa on "Tonight with Boy Abunda".

saying that her definition of beauty is different from what people see in her. "Iba 'yong definition ko of beauty, I guess," she quipped. According to Soberano, she admires the classic type of beauty, citing the likes of Kendall Jenner and Audrey Hepburn. "I like the very simple type of beauty, but very elegant," she added. Although she is pleased with hearing



In the interview, Soberano was asked by Boy Abunda, who expressed his admiration for the actress, if she ever gets tired of being beautiful. "I don't know why, pero for some reason I don't feel it [being beautiful]," she said.

Soberano explained this by

people's compliments, the budding actress said she does not want people to remember her just for being pretty.

"Minsan feeling ko, 'yon lang ang nakikita e. I don't want it to be like that," she said. without effort defined what it means to be gay and cool. ■

### Kris keeps 'silence' amid network transfer rumors



Kris Aquino

It has been months since Kris Aquino has been rumored to be transferring networks.

According to talks, Kris is set to leave ABS-CBN for GMA 7.

Following the expiration of her contract with ABS-CBN in March, Kris went on a two-month vacation in the US with her sons Josh and Bimby.

In July 1, Kris made a TV comeback, appearing on Marian Rivera's GMA morning talk show "Yan Ang Morning."

The same month, Kris had a meeting with ABS-CBN executives, which many assumed is about the renewal of her contract.

However, weeks after her

meeting, Kris met with Television and Production Exponents Philippines, Inc. (TAPE Inc.) and APT Entertainment executives Tony and Mike Tuviera.

TAPE is the blocktimer producer of longest-running noontime variety show "Eat Bulaga," which airs on GMA 7.

APT Entertainment, on the other hand, manages the career of Marian Rivera and Maine Mendoza. It is also the co-producer of Sunday variety show "Sunday Pinasaya," which stars Ai-Ai Delas Alas, Alden Richards, Jose Manalo and Wally Bayola, among others.

Amid rumors, Kris broke her silence via an Instagram post on Saturday.

"My family understood I needed some time to reflect and just be on my own... You all have a right to your opinions regarding decisions I've made & continue to make because you are all stakeholders in my career, and I need you... But I've also been praying that you will reciprocate the respect I've tried my best to consistently give you by being a dedicated & passionate professional," she said.

Kris also posted a quote, which read, "Never miss a good chance to shut up."

She said, "I can & I will... Let me shock you with my silence." ■

### Celebs stand up against cyberbullying



From left: Marian Rivera, Julie Anne San Jose, Alden Richards and Andre Paras

Several celebs from GMA have banded together to take a stand against cyberbullying via an online campaign dubbed Heart Over Hate.

Among those that lent time and effort for the campaign were Marian Rivera, Alden Richards, Kylie Padilla, Ruru Madrid, Kris Bernal, Bea Binene, Ken Chan, Julie Anne San Jose, Glaiza de Castro, Andrea Torres, Louise delos Reyes, Miguel Tanfelix, Bianca Umali, Mikee Quintos, Phytos Ramirez, Andre Paras, Derrick Monasterio, Martin del Rosario and Ashley Ortega.

In the one-minute video that has made its way to various social media outlets, Bernal is seen explaining how online bullying can lead to depression. "Mahirap 'yung pakiramdam na wala kang magawa kahit sobrang sakit na," she said.

Madrid, Delos Reyes, Ramirez and Quintos encourage everyone to simply "stop the pain now."

"Nasa iyo ang kapangyarihan na itigil ito. Before it happens to you, before it happens to someone you love," they said.

Andre, Derrick, Martin and Ashley encouraged viewers to be a person who "choose heart over hate."

"Yung magpapalakas ng loob ng iba, (and) someone who celebrates everyone's uniqueness," they said.

"Let your words be someone's inspiration, because you are choosing heart over hate," Glaiza and Alden added.

In a post on GMA News, the NBI Cybercrime Division revealed a monthly average of 54 reported cases of cyberbullying in the first quarter of 2016 alone. ■



# Tom Rodriguez proudly geeks out



**Tom Rodriguez**

People know Tom Rodriguez as one of the most in-demand, hunky actors today. Behind it, however, is a geek and Tom is now ready to own up to it.

"Kasi tumatanda na ako, and I got tired of putting up a front," he said. "So, yes, I'm a geek. That's who I am and I'm not gonna change."

Tom, who studied digital animation in college, has always been fascinated with the intricacies of physics, math and science. He reads a lot of about the subjects, and even taught himself to do speed reading.

"Ilang beses kaming nauto ng mga salesmen ng encyclopedia dahil diyan," he said, smiling. "Nagpapabili ako ng nagpapabili, 'yung iba nga hindi dumadating. Pero buti na lang my dad and mom got me a whole Encyclopedia set."

His interests are proudly displayed on his Instagram account, including photos of his drawings, sculptures, part of his comic book collections and movies. Tom also attests to memorizing pi to the hundredth digit during his spare time. He is also into moon-gazing.

"It's really an addiction. I can't stop learning," Tom admitted. "If I have a mission in life, it's that, the quest for knowledge, for discovery."

While some choose to rest during lulls on set, Tom would either read books or doodle characters from his favorite films including "Star Wars."

"Sa trabaho namin, natutuwa ako na mahaba ang waiting time kasi na-i-enjoy ko doing things I love," he said. "So, I feel so lucky. I get to work in a place na I can create amazing things and at the same time, I get to study."

"Ang ganda kasi ng book niya, 'The Selfish Gene,'" Tom offered.

He is thankful that Carla Abellana, long rumored to be his girlfriend, doesn't have any problem about the geek in him.

"She tolerates my quirks. She finds it lovable. Ini-encourage niya pa ako," he said.

Tom shares the passion with some Kapuso stars, such as Rafael Rosell.

"Whenever Rafael talks to me about metaphysics and meditation, nagugulat ako. Sabi ko, 'Do you know you're talking about quantum physics?' That's the beautiful thing, you get exposed to different viewpoints in this line of work," he said.

In "Someone To Watch Over Me," Tom is again learning new things, playing the role of someone with early onset Alzheimer's disease.

"As actors, parang silip lang 'yung ginagawa natin. It's nothing compared to what these people go through in real life. It snaps you out of reality na there are people going through experiences that are completely different from you," he shared.

To learn more about his role, Tom watches videos, visits online fora and talks to the families of patients suffering from the disease.

"Sinasabi talaga nila na akala nila sa pagod lang, or stressed. Mauutal tapos mababaliktad 'yung sinabi nila, 'yun pala nagma-manifest na."

Tom has become more appreciative of everything he has, realizing how hard life is for those suffering from Alzheimer's disease.

"Nakakatakot 'yung hindi mo maalala 'yung mga mahal mo sa buhay, pati 'yung concept mo ng sarili mo, 'yung personal identity mo. Kahit ngayon lang tini-take for granted natin 'yung mga memories natin, pero kapag nangyari iyon, wala. Makakalimutan mo na din magmahal," Tom said.

Directed Maryo J. de los Reyes, the show also has the comebacking Edu Manzano in the cast.

"Ang kulit ni Sir Edu, ang sarap katrabaho. Feeling mo ang tagal mo na siyang kakilala," Tom said.

Having played a variety of interesting roles in the past, including a gay man on "My Husband's Lover," Tom said his role on "Someone To Watch Over Me" offers a different challenge. ■



**Lovi Poe & Max Collins**

Tom is taking some courses on chemistry, physics and network security amid his busy schedule. He also watches videos of MIT professors doing lectures about lasers and fiber optics on Youtube.


While in school, Tom was also part of the computer maintenance and repair club.

"Gusto ko sana physicist. Kaya lang takot ako sa math dati. Later on in life na lang na-develop," he said.

Lovi Poe and Max Collins, his co-stars on GMA's upcoming soap "Someone To Watch Over Me," have witnessed the geeky side of Tom.

"Sa airport natengga kami. So naglabas siya ng phone, tapos after that naglabas siya ng Rubik's cube tapos nagbasa siya ng book," Max said.

Lovi shared how Tom became so excited when he saw his favorite biologist and author, Richard Dawkins.




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# Gotta catch 'em all: Celebs join Pokémon chase



(From left) AIZA'S Pokédex (Instagram) and NADINE'S Pokémon Go account (Twitter)

Pokémon Go right here in the streets of New York. I caught one already earlier, let's see if I'll catch the other one."

When a fan approached her for a photo, Pia replied, "Sure, let me just catch this Pokémon. It's a matter of importance."

Also catching the bug is Aiza Seguerra who proudly shows off her Pokémon on social media. "Not bad! We got 37 tonight! Mas okay manghuli sa gabi. Haha," Aiza noted.

Basketball player Jeron Teng downplayed his interest in the game as just his way of channeling his "inner kid."

There's no stopping him now, though. Having caught a Gastly, he enthused, "Gotta catch them all." ■

Kiddos from the '90s have been lured back into gaming, no thanks to the return of a childhood fave: Pokémon.

Now known as Pokémon Go, the game has users capturing Pokémon characters going around so-called Pokéstops. One could also win items through battles at a Pokégym.

Odd as that may sound, the game is making a huge buzz a week after its release locally.

Note, some local celebs have joined in on the craze, among them beauty queen-actress Megan Young, who admits using some of her time for jogging to catch Pokémon.

Another player is heartthrob Alden Richards, who was caught on video catching

Pokémon out on the streets of the metro.

Popular couple James Reid and Nadine Lustre could not get enough of Pokémon Go as well, even seemingly urging followers to join in, with James tweeting over the weekend, "RT if you're already addicted to Pokémon Go."

On her part, Nadine considers the game another means to stay fit. On Twitter, she posted a screenshot of the game with the caption, "Cardio."

Miss Universe 2015 Pia Wurtzbach, who is based in New York, has been hooked on the game even longer. She even posted a live video on Facebook of her catching Pokémon before attending a movie premiere.

She said, "I'll be playing



Megan Young

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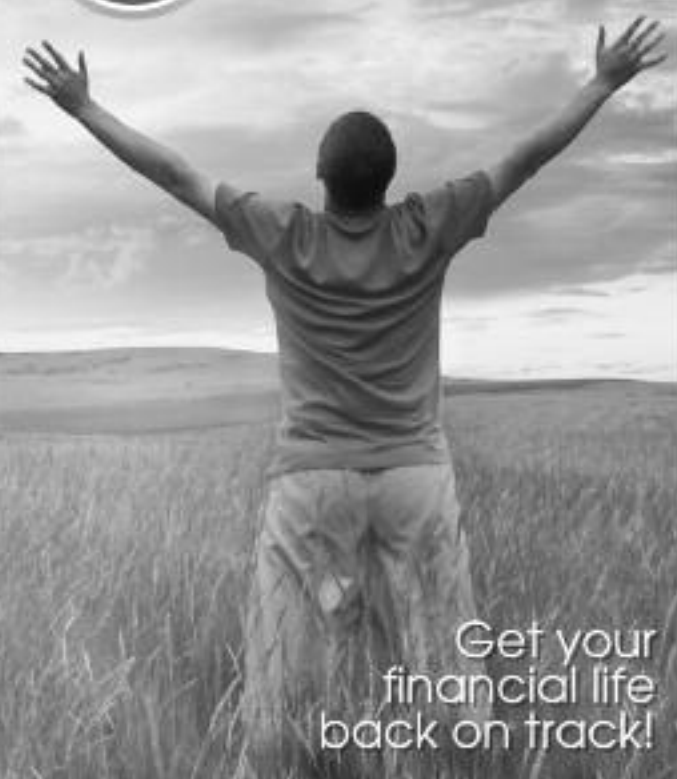
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**From left: Arnel Abellera, Myra Wanawan, Katrina Cempron, Luz Maderazo, Sonia Soto, Lanie Abellera (PAB students), Remayette Danao, Desirée Fernando (French students) Alvin Abellera (PAB student).**